

Word Bank (Total phrases: 86)

Section 1: For emergency

1. 有啲緊急情況 — yáuh dī gán gāp chihng fong – There are some emergencies
2. 著火呀 — jeuhk fó a — There's fire
3. 小心 — síu sām — Be careful
4. 麻煩叫醫生 — màh fàahn giu yī sāng — Please call the doctor
5. 呢度好痛 — nī douh hóu tung — It hurts here
6. 請你唔好郁住 — chéng néih m̀h hóu yūh jyh - Please don't move
7. 你有冇呼吸困難 — néih yáuh móuh fū káp kwan nàahn - Do you have difficulty breathing
8. 你個心口有冇一種緊或者重嘅感覺?- néih go sām háu yáuh móuh yāt júng gán waahk jé chuhng ge gám gok?
9. 我哋而家幫你叫救護車 — ngóh deih yìh gā bōng néih giu gau wuh chē — We're calling an ambulance for you now.
10. 救護員好快會嚟幫你 — gau wuh yùhn hóu faai wúih lèih bōng néih —The paramedics will come to help you soon
11. 你有冇邊度感覺麻痺 — néih yáuh móuh bīn douh gám gok màh bei —Is any part of your body feeling numb?

Section 2: Daily Communication

1. 你好嗎 — néih hóu ma — How are you?
2. 早晨 — jóu sàhn — good morning
3. 午安 — òng ōn — good afternoon
4. 晚安 — máahn ōn — good night
5. 早啲 — jóu táu — rest soon
6. 今日精神有冇好啲呀? — gām yaht jīng sàhn yáuh móuh hóu dī a? — Do you feel better today?
7. 身體點呀? — sām tái dím a? — how's your health?
8. 有冇邊度唔舒服呀, 有嘅話可以同我講? - yáuh móuh bīn douh m̀h syū fuhk a, yáuh ge wáh hó yíh tùhng ngóh góng - Is there any discomfort anywhere? If so, can you tell me?

Section 3: Polite & Consent

1. 唔該 — m̀h gōi— please / thanks
2. 對唔住 — deui m̀h jyh — sorry
3. 有咩可以幫到你? — yáuh mē hó yíh bōng dou néih? — May I help you?
4. 介唔介意我...? — gaai m̀h gaai yì ngóh ...? — do you mind if ...?
5. 我應該點稱呼你 — ngóh yīng gōi dím chīng fū néih — how should I address you?
6. 聽唔聽到? — tēng m̀h tēng dóu — can you hear me?
7. 明唔明? — mīhng m̀h mīhng — do you understand?
8. 可以再講多一次嗎? — hó yíh joi góng dō yāt chí ma? — Can you repeat that one more time?
9. 你同唔同意咁樣安排呀? — néih tùhng m̀h tùhng yì gám yéung ōn pàaih a? — Do you agree with this arrangement?
10. 需唔需要聯絡你家人? — sēui m̀h sēui yiu lyùhn lok néih gā yàhn? — Do we need to contact your family?

Section 4: Basic Needs (Questions)

1. 你肚餓嗎? — néih tóuh ngoh ma? — Are you hungry?
2. 你今日想食啲咩嘢呀? — néih gām yaht séung sihk dī mē yéh a? — What would you like to eat today?
3. 你想唔想飲水? — néih séung m̀h séung yám séui? — Would you like some water?
4. 你想唔想去廁所? — néih séung m̀h séung heui chi só? — Do you need to go to the toilet?
5. 你要唔要沖涼? — néih yiu m̀h yiu chūng lèuhng? — Would you like a shower?
6. 你要唔要食藥? — néih yiu m̀h yiu sihk yeuhk? — Do you need to take medicine?
7. 你食咗飯未? — néih sihk jó faahn meih? — Have you eaten yet?
8. 你凍唔凍? — néih dung m̀h dung? — Are you cold?
9. 你熱唔熱? — néih yiht m̀h yiht? — Are you hot?
10. 你想睇電視嗎? — néih séung tái dihn sih ma? — Would you like to watch TV?
11. 你要唔要加張被? — néih yiu m̀h yiu gā jēung péih? — Would you like to have an extra blanket?

Section 5: Mobility & Safety

1. 我而家扶你起身 — ngóh yìh gā fùh néih héi sǎn — I'll help you up
2. 慢慢坐 — maahn máan chók — sit down slowly
3. 企穩先 — kéih wán sīn — stand steady first
4. 行慢啲 — hàhng maahn dī — walk slowly
5. 小心腳步 — síu sām geuk bouh — watch your step
6. 轉一轉身 — jyun yāt jyun sǎn — turn around
7. 唔好急住 — m̀h hóu gāp jjuh — don't rush/don't move yet
8. 我幫你推輪椅 — ngóh bōng néih tēui lèuhn yí — I'll move the wheelchair
9. 捉實我隻手 — jūk saht ngóh jek sáu — hold my hand firmly
10. 你𢉰唔𢉰? — néih guih m̀h guih? — Are you tired?

Section 6: Toileting & Personal Care

1. 你要唔要去廁所? — néih yiu m̀h yiu heui chi só? — Do you need to use the toilet?
2. 要唔要我扶你? — yiu m̀h yiu ngóh fùh néih? — Do you need help getting up?
3. 你想唔想用便盆? — néih séung m̀h séung yuhng bihn pùhn? — Would you like to use the bedpan?
4. 要唔要幫你換片? — yiu m̀h yiu bōng néih wuhn pín? — Do you need your diaper changed?
5. 你想唔想洗手? — néih séung m̀h séung tái tái? — Would you like to wash your hands?
6. 你想唔想洗面? — néih séung m̀h séung tái mihn? — Would you like to wash your face?
7. 你想沖涼定抹身? — néih séung chūng lèuhng dihgng maat sǎn? — Would you like a shower or a sponge wash?
8. 你想唔想我幫你刷牙? — néih séung m̀h séung chaat ngàh? — Do you want to brush your teeth?
9. 要唔要我幫你換衫? — yiu m̀h yiu ngóh bōng néih wuhn sām? — Do you need help changing clothes?
10. 我幫你拉埋簾, 畀你啲私隱 — ngóh bōng néih lāaih màaih līm, bái néih dī sī yán — I will close the curtain for your privacy

Section 7: Common Statement for Caregivers:

1. 食飯喇 — sihk faahn la — It's time to eat
2. 係時候食藥 — haih sih hauh sihk yeuhk — It's time to take your medicine
3. 而家要瞓覺啦 — yìh gā yiu fan gaau lā — You should sleep now
4. 我扶你去廁所 — ngóh fùh néih heui chi só — I'll help you to the toilet

5. 換片啦 — wuhn pín lā — let's change your diaper
6. 請你洗手先 — chéng néih sái sáu sīn — Please wash your hands first
7. 我幫你加件衫 — ngóh bōng néih gā gihn sāam — I'll get you an extra cloth

Section 8: Common Responses from Patients

1. 好 — hóu — Sure / yes / OK
2. 唔好 — m̄h hóu — No
3. 想 — séung — I want it
4. 唔想 — m̄h séung — I don't want it
5. 要 — yiu — sure
6. 唔要 — m̄h yiu — No,
7. 遲啲先啦 — chih dī sīn lā — Maybe later
8. 等一陣先 — dāng yāt jahn sīn — Give me a moment
9. 好快 — hóu faai — Soon / very soon
10. 等一等 — dāng yāt dāng — Wait a minute
11. 冇問題 — móuh mahn tài — No problem
12. 我有乜嘢 — ngóh móuh māt yéh — I am okay / nothing much
13. 我有啲唔舒服 — ngóh yáuh dī m̄h syū fuhk — I am feeling unwell
14. 我呢度有啲痛 — ngóh nī douh yáuh dī tung — I am in pain here
15. 我好𩇛 — ngóh hóu gui — I am tired
16. 我好凍 — ngóh hóu dung — I am cold
17. 我好熱 — ngóh hóu yih — I am hot
18. 我有啲暈 — ngóh yáuh dī wahn — I feel dizzy
19. 我唔明 — ngóh m̄h mihng — I don't understand
20. 我需要人幫我 — ngóh sēui yiu yàhn bōng ngóh — I need help
21. 我想休息一下 — ngóh séung yāu sīk yāt háh — I want to rest
22. 我唔要呢個 — ngóh m̄h yiu nī go — I do not want that
23. 多謝 — dō jeh — Thank you