

Priyanka Patel
173 Carringvue Manor NW
Calgary, AB T3P0W2

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Dental Hygiene Team
Beddington Dental
111, 8120 Beddington Blvd NW
Calgary, AB T3K2A8

To Dental Hygiene Team members,

Musculoskeletal disease is considered as one of the significant diseases amongst dental hygienists. It is a result of uncomfortable working position leading to posture stress on head and neck, prolonged procedures and psychological stress. Inappropriate working posture leads to increased fatigue, decreased work efficiency and high risk of musculoskeletal injuries.

The purpose of the report is to identify risk factors reported by dental hygienists and increasing the individual's capacity to handle work-related physical, psychological and social stress to reduced work-related musculoskeletal injuries.

Thank you for your time, and please contact me at ppatel45@alumni.ubc.ca if you have any questions.

Sincerely,



Priyanka Patel