#### THE PROGRAM: TUESDAY MARCH 27, 2012

Time What

(SELECTED EVENTS WILL BE OUTDOORS, WEATHER PERMITTING)

10:30 am -12:15 noon (Liu Institute, First Floor)  11:00 am-11:15 am (Liu Institute, First Floor) Starting 12:00 noon	Health Now Fair and Exhibitions: Registration, Booth/Stands, Images, Games, Exhibitions (Exhibitions are open till 2:30 pm)  Aboriginal Blessing: Mary Williams Welcome Note: May Haddad  Light Lunch
12:15 pm -1:00 pm (Liu Institute, First Floor)	Sustenance Songs: Vanessa Richards
1:00 pm-2:30 pm (Liu Institute, First Floor)	Dialogue Circles: Jerry Spiegel: Why did we miss Health For All in 2000? Farah Shroff: Celebrations and Setbacks on the Road to Health for All Shafik Dharamsi: Ethical Engagement in Global Health Azar Mehrabadi and Jannie Wing-sea Leung, Alliance for People's Health: What is Liberation Medicine? The Role of Social Movements in Addressing Health Inequities
2:30 pm-3:00 pm (Trail behind MOA)	Parade and Banners: From Liu to Green (the trail is wheel-chair friendly)
3:00 pm -4:15 pm (Graham House, Green College)	"No Pasaran;" (They Shall Not Pass)  Songs and Conversation:  Bob Bossin and Danny Bakan
4:15 pm -4:30 pm (Graham House, Green College)	Wrap up, Raffle and Gifts (raffle is open to all who have participated in two sessions or more)







# Nowruz and Spring Celebration Health Now Mahrajan (Festival)

Tuesday March 27, 2012 (10:30 am-4:30 pm) Liu Institute for Global Issues and Green College

Learn with Fun- Exchange Experiences Explore "Health Now"- Enhance Global Health

#### **FEATURES**

"Health Now" Fair and Exhibitions; Aboriginal Blessing by Mary Williams; Welcome note by May Haddad, Arts by Carlos Colin and Nancy Li; Songs for Sustenance with Vanessa Richards; Dialogue with Azar Mehrabadi, Farah Shroff, Jannie Wing-sea Leung, Jerry Spiegel and Shafik Dharamsi; Banners and Parade, Songs and Conversation by Bob Bossin and Danny Bakan, Raffle, Gifts and Surprises

**Organizing Group**: Laura Nimmon, Farah Shroff, May Haddad, Moses Gatonye Richu, Regiane Garcia, Shadi Mojtabavi and Shafik Dharamsi

Support People from Liu and Green: Alan Gumboc, Betty Zhang, Clark Lundeen, Lynda Callard Lyn Pedro, Patty Gallivan, Sally Reay, Simone Goguen, Tatiana Tomljanovic, and Tim Shew

Conceptualized and Coordinated by visiting scholar May Haddad

**Thanks and acknowledgments** to the groups who participated in the "Health Now Fair" including the Health Promotion Programs, UBC Clubs, Alliance of People's Health and other NGOs

Special thanks to the valuable input of Mark Vessey, Julie Wagemakers, Peter Dauvergne, Kate Collie, Danny Bakkan, Maya Yazigi and to the efforts of the lovely volunteers

### THE EVENTS

#### 10:30 am-12:15 pm (Liu Institute, First Floor)

Health Now Fair: Welcome, Exhibitions, Games, Films, Arts Installations, Costumes: Included are different booth by UBC clubs and NGOs. Images, games and materials from the Creative Health Campaigns in Lebanon are displayed. Exhibitions include those by artist Carlos Colin and educator/artist Nancy Li. The interactive booth are wrapped up by 12:15 pm while the Exhibitions are displayed till 2:30 pm

#### 11:00-11:15 am (Liu Institute, First Floor)

**Aboriginal Blessing by Mary Williams:** Mary Williams will bless the event in her native Lil'wat language

Welcome Note: May Haddad briefly introduced the event

# 12:15-1:00 pm (Liu Institute, First Floor)

Sustenance Songs: Raise your voice. Raise your spirits. Every Voice Welcomed. This workshop takes us back to the root of en-chant-ment by singing simple, uplifting songs from classic and contemporary folk, spiritual, and popular music traditions. We sing songs that can be used as a deeper way of communicating in everyday life with others and with one's self. "These are songs for living". This workshop is especially for those people who would love to sing but feel they 'can't'. Modern culture has outsourced our voices and songs to experts who have 'permission'. Sadly most of us get left behind (and many songs unsung). Too many people are told they 'shouldn't sing and most of us seldom get the chance to do so even if we are willing

#### 1:00-2:30 pm (Liu Institute, First Floor)

"Health Now" Dialogue Circles: Participants are invited to join the group with the topic of interest. Resource people will facilitate the dialogue on "Health Now" themes including: "Why did we miss Health for All in 2000?", "Celebrations and Setbacks on the Road to Health for All", "What is Liberation Medicine? The Role of Social Movements in Addressing Health Inequities", and "Ethical Engagement in Global Health". Towards the end of the sessions, participants are encouraged to create banners reflective of key slogans, questions concluded from the discussions. The banners will be carried in the parade to follow as a means of sharing with other

#### 2:30-3:00 pm (From Liu Institute to Green College):

"Health Now" Banners and Parade: Participants holding their banners will walk in a fun parade from the Liu Institute to the Green College. Expect surprises during the parade The trail is wheel chair friendly

#### 3:00-4:15 pm (Green College)

"No Pasaran;" (They Shall Not Pass): This concert/ conversation will be a celebration of song in social movements and a meeting of minds between two socially-minded banjo-toting wordsmiths. Distinguished folk musician and Stringband founder Bob Bossin is known for an illustrious career that includes a dozen albums, and songs covered by Pete Seeger, Valdy, and Ian Tyson. Danny Bakan is a songwriter, educator and artist/ scholar who's songs have been heard on CBC, NPR and at festivals and events across Canada and the USA. Featuring a screening of the award winning video Sulphur Passage, a song by Bob that galvanized efforts to preserve old growth forest on Vancouver Island, we will raise our voices and hearts to celebrate and discover the power and history of protest songs, songs of struggle, songs of social justice and songs of peace.

# 4:15-4:30 pm (Green College)

Program wrap up, raffle and gifts. Raffle is open to all who have participated in two events or more)

\*\*\*\*\*

#### 3:00-4:30 (Green College)

Art display by Leila Vessey (6 years old). Leila's statement: "I am a 6 years old artist. I started drawing when I was 2 years old. I love to put many colors such as purple, pink and red. I like to draw butterflies, hearts, stars, castles, ponies, unicorns and people. I am a fan of Emily Carr. I like to use pens more than paint"



## RESOURCE PEOPLE, FACILITATORS AND ORGANIZERS



Bob Bossin: "Only a handful of song writers have created a body of work that constitutes a portrait of our country," says Stuart Mclean. "Stan Rogers did that. So did Gordon Lightfoot. And so does Bob Bossin." Bob is a legendary figure in Canadian folk music: founder of Stringband, pioneer of indie recording, with a dozen albums behind him and songs covered by the likes of Pete Seeger, Valdy and Ian Tyson. His last CD, *The Roses on Annie's Table* received rave reviews. In January, 2006, a standing-room-only crowd at Vancouver's St. James

Community Square honored Bob on the occasion of his 60<sup>th</sup> birthday. He is currently writing a book and songs about his father's life in the gambling business in 1930s Toronto

**Carlos Colin:** From the postcolonial standpoint of Hispanic cultures-Indigenism and Decolonization-Carlos Colin seeks in his art work to decode global art in order to generate new national artistic discourses as the first step towards the creation of what he believes to be a possible "universal" contemporary art.





Danny Bakan is a scholar, musician, songwriter, educator, and performing artist. His artistic portfolio includes two CDs of original songs, performances across North America, theatrical productions, dance scores, and appearances on CBC, syndicated US radio, and NPR. Danny holds a Masters degree in Curriculum, Teaching and Learning from OISE/UT, has taught music and creative arts pedagogy at Ryerson University's School of Early Childhood Education, and lectured at the Royal Conservatory of

Music in Toronto. He is currently a doctoral student in Curriculum and Pedaogy at the Faculty of Education at the University of British Columbia.

Azar Mehrabadi is a graduate student and Jannie Wing-sea Leung works in health research at the University of British Columbia. They are community organizers with the Alliance for People's Health and have worked on numerous projects that include a community diagnosis, the People's Health Workshop Series, and the Smile with Dignity campaign for universal dental care. The Alliance for People's Health is an



organization of health workers, grassroots organizers and people committed to the struggle for health for all. It envisions healthy communities where everyone has access to health care, housing, education, transportation, child care, food, and meaningful employment.

Farah Shroff, PhD, is an adjunct professor in the UBC Faculty of Medicine, in Family Practice and the School of Population and Public Health. Dr. Shroff also conducts independent research on community health, holistic health, HIV/AIDS, women's health and various social issues. Her book, The New Midwifery: Reflections on Renaissance and Regulation, was published in 1997. Since then, Dr. Shroff has written more about women's health, HIV/AIDS, health policy, nursing, registered



massage therapy, international health and more. She has extensive global health experience, having worked in Nigeria, Mexico, India, Thailand and elsewhere. The main focus of her work is on Health for All: emphasizing both social



Jerry Spiegel MA MSc PhD is Director of the Global Health Research Program and an Associate Professor in the School of Population and Public Health (SPPH) and the Liu Institute for Global Issue at UBC. He is a co-leader of the SPPH Global and Indigenous Health theme. Dr. Spiegel was founding President of the Canadian Coalition for Global Health Research and received the Canadian Public Health Association's 2011 International Award. Jerry's research focus is on sustainable approaches to promote equity and health, with active projects in Cuba, Ecuador and

South Africa . He headed the 6 year Sustainably Managing Environmental Health Risks in Ecuador and currently leads a recently awarded 5 year research program titled "Food systems and health equity in an era of globalization: Think, Eat and Grow Green Globally (TEG3)" that brings together researchers and knowledge users in Canada and Ecuador. Specific research themes include globalization and health equity, an ecosystem approach to human health and capacity-strengthening to promote health equity

Laura Nimmon is a PhD Candidate at the University of British Columbia in the Department of Language and Literacy Education. She has experience working on different health literacy projects such as using theater with the homeless, developing asthma related videos ethno-cultural communities, and the use of mobile technology in the remote delivery of health care information. In her spare time Laura plays the cello



Mary Williams is from the Lil'wat nation. She speaks Lil'watul. She has been featured in films and other media because of her important work for Indigenous land-based rights. Mary Williams has a long history of leading efforts for self-determination of Indigenous peoples. Educated at UBC as a teacher she has taught traditional ways of life to community members in Mount Currie and elsewhere. Mary and her husband John

Williams have 9 children, many grandchildren and great grandchildren. They have grown their own food and, as their ancestors have done, fished for salmon. They do not believe in the concept of government funding because it does not lead to people being free and independent. Successfully fostering self-reliance for their family they have earned their living from their own resources. Internationally Mary Williams has connected with other Indigenous communities and others engaged in land-based struggles for human rights.



May Haddad MD.MPH is a physician, public health specialist, social activist, and artist. She has worked in Arctic Quebec, Egypt, Greece, Iraq, Jordan, Lebanon, Palestine, Syria, the Sudan, Tunisia and Yemen. She has a life-time of experience in community health, reproductive health, youth and child development, training community workers, behavior change and communication, development of educational

materials, participatory evaluation, culture and

diversity, and working with indigenous and displaced populations. During the past 5 years, May founded and directed the Creative Health Campaigns in Lebanon. She has been also coordinating a health social media group since summer 2010



**Moses Gatonye Richu** is an undergraduate Sauder School of Business student, specializing in Marketing. He brings with him a wealth of experience in event organization, public

speaking and advocacy. His interests include leadership development; learning; community building; and sharing ideas, stories and cultures with those around him. He currently serves as the Vice-President External for the International Students Organisation, a student organization committed to advocating for International Students at UBC

**Nancy Li** (BA Linguistics, M.Ed.) has over 20 years of extensive experiences working with immigrant children and children of immigrant parents. She has a keen interest in nursing home care for the elderly, as well as a passion for art and for photography



**Shadi Mojtabavi is** UBC graduate. She has several years of experience in various sectors of Public Health such as research, pre-clinical and clinical. She has experience working in the fields of cancer research, Optometry and nutrition deficiency studies targeting low-income and minority communities. Her areas of interest are Global Health and Preventative Medicine. She loves learning new languages and also enjoys watching murder mystery shows such as The Mentalist, CSI and Castle! "

**Dr. Shafik Dharamsi** is an assistant professor in Faculty of Medicine, Department of Family Practice. His work focuses on the social factors that affect health and illness, the social responsibility of healthcare professionals, and social accountability of healthcare institutions. Dr. Dharamsi holds Lead Faculty appointments in Health Advocacy, Social Accountability and Community Engagement within the Faculty of Medicine; in Global Heath at the Liu Institute for Global Issues; and in Student Engagement at the College of Health Disciplines





Regiane Garcia is in the Ph.D. program at UBC's Faculty of Law. Her research covers public health law, public health policy and community participation in the policy-making. She is originally from Brazil, where she worked as a lawyer in the fields of constitutional law and human rights of people living with HIV. She also practiced law in San Francisco, California in the areas of immigration and human rights. She has been in Canada since 2006, first, she lived in Toronto, where she received her masters' degree from the University of Toronto's Faculty of Law, and then

she moved to Vancouver in 2007, where she has been living since then. She worked in poverty law at The Salvation Army Program Pro Bono Program until she started the Ph.D. program in 2009. While in school, she worked for Battered Women Support Services, a leading women's organization in Vancouver. She is currently a full time student, working on her thesis. She spends her free time at the Downtown Community Court, where she assists with research and community engagement in her capacity as a board advisor, running and practicing yoga

Vanessa Richards is an inter/multi-disciplinary artist with a foundation in music, live art, theatre, creative writing, collaboration and cultural programming. Her interests include participatory process and the role of the arts and artists (professional and amateur) in placemaking, the civic imagination and social sustainability. She is experienced as a teaching artist, consultant, project leader and team member in planning, coordinating and facilitating arts and cultural projects since 1995. Most recently she was on the Advisory Team for the City of Vancouver's Black History Month 2012, and the



Vancouver 125 year-long celebrations. While Director of Community Engagement Through the Arts at Simon Fraser University, Vancouver she started the Woodward's community choir in partnership with PHS Community Services Society. For details on this drop-in, no-cost, weekly choir see Woodward's Community Singers on Face book. You are invited to join them any time.