



**FNH 380
Professional Dietetic Practice I**

Self Assessment and Learning Plan 2014

Date: November 4th

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Reviewing Partner: Soleina Maherli

<p>Self Assessment</p>
<p>Professional Practice Key strengths: 1. Identify advocacy opportunities for professional practice 2. Summarize and communicate research information 3. Respect client rights, dignity and uniqueness Key Gaps that could be feasibly worked on in the current academic year: 1. Demonstrate knowledge of provincial/territorial legislation, regulations and policies 2. Demonstrate knowledge of principles of informed consent</p>
<p>Communication and Collaboration Key strengths: 1. Speak clearly and concisely, in a manner that is responsive to the needs of the listener 2. Recognize and respond appropriately to non-verbal communication 3. Communicate in a respectful manner Key Gaps that could be feasibly worked on in the current academic year: 1. Deliver group education sessions 2. Draw upon the expertise of others</p>
<p>Nutrition Care Key strengths: 1. Perform calculations to determine nutritional requirements Key Gaps that could be feasibly worked on in the current academic year: 1. Identify signs and symptoms of dysphagia 2. Identify signs and symptoms of nutrient deficiencies or excesses</p>
<p>Population and Public Health Key strengths: 1. Obtain and interpret information relating to the determinants of health Key Gaps that could be feasibly worked on in the current academic year: 1. Identify goals and objectives for population health related to food and nutrition 2. Demonstrate knowledge of types and sources of information to assess food and nutrition-related issues of groups, communities and populations</p>

<p>Self Assessment</p> <p>Management</p> <p>Key strengths:</p> <ol style="list-style-type: none"> 1. Identify appropriate goals and objectives for a program or project <p>Key Gaps that could be feasibly worked on in the current academic year:</p> <ol style="list-style-type: none"> 1. Identify relevant assessment information 2. Develop and action plan for program or project
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SMART Goals	Target Date (no later than April 2015)	Competencies Involved <input checked="" type="checkbox"/>				
		Professional Practice	Communication and Collaboration	Nutrition Care	Population and Public Health	Management
1. Identify signs and symptoms of nutrient deficiencies or excesses	April 2015	<input type="checkbox"/>	<input type="checkbox"/>	X	<input type="checkbox"/>	<input type="checkbox"/>
2. Demonstrate knowledge of provincial/territorial legislation, regulations and policies	April 2015	X	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>