## Building Indigenous Foodscapes



F2S (Farm to School)

Works with the community to bring healthy and local foods into schools 1

"To incorporate native plants and traditional food knowledge in the minds, hearts and bellies of children and youth"

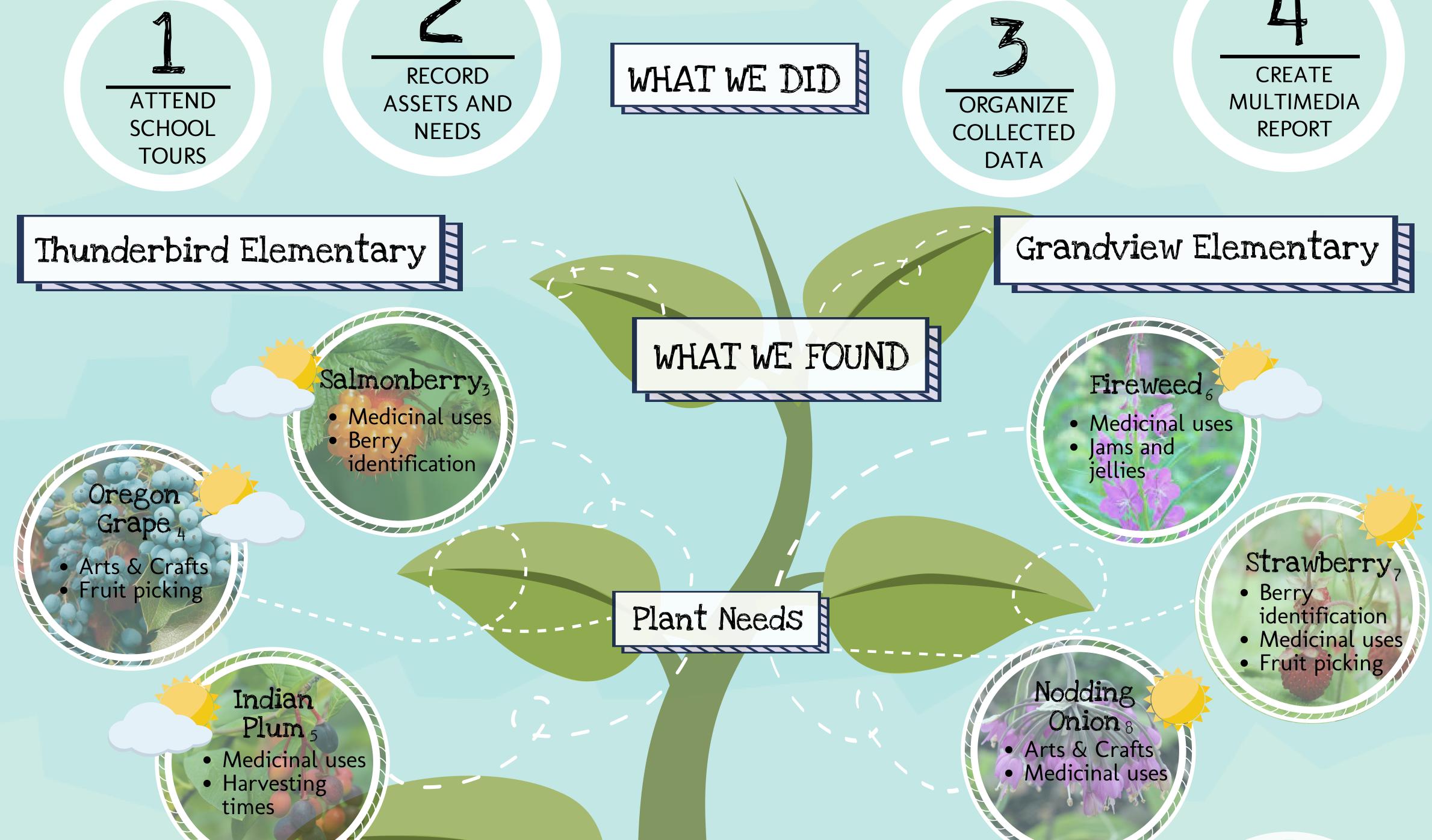
IMPORTANCE

To promote Indigenous ways of knowledge by emphasizing learning that is interconnected and engaged with nature <sub>2</sub>

From the Ground Up



Document assets and needs of 2 elementary schools in the Vancouver region













 Help F2S allocate funding and resources to elementary schools Promote food literacy by reaching and benefiting as many students as possible



- F2S allocates funding to participating elementary schools based on the reports we provide
- Elementary schools will use funding towards building or repairing garden beds, planting native plants and building infrastructure

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- 4. Monterey Bay Spice Company (n.d.). Oregon grape root. Retrieved from https://www.herbco.com/c-281-oregon-grape-root.aspx
- 5. VanNatta, R. P. (n.d.). Indian plum. Retrieved from http://www.vannattabros.com/plant41.html
- 6. Wood, J. (2012, July 17). The Alaskan fireweed. Retrieved from https://www.polartrec.com/expeditions/carbon-balance-in-warming-and-drying-tundra-2012/journals/2012-07-17
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- 8. Diehl, R. (2017, December 7). Conservation from the ground up. Retrieved from https://stwilliamsnursery.com/author/rdiehl/#sthash.s1SsJa67.dpbs

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