

RSVP Email to Meet the Dietitian Night on Nov 7th, 6:30-8:30pm

Meet the Dietitian Night is back again this year!

Meet the Dietitian Night provides students the opportunity to meet and network with dietitians from a wide variety of practice areas. Through small-group discussions, students will be able to learn about the diversity of the profession and gain insight into the types of jobs a dietitian can hold.

This event will be useful for students currently in dietetics who are curious about their career path, or for those preparing for their dietetics application/interview.

This year's panel will showcase a wide range of diversity. Panel members were chosen based on both their area of practice, as well as their years of experience. During the event, students will have to opportunity to meet up to 3 dietitians.

When:

November 7th, 6:30-8:30pm

Please arrive between 6:15-6:30, as we will start promptly at 6:30.

Where:

The **Agora Space**, in the basement of the H.R. Macmillan Building

http://www.maps.ubc.ca/PROD/index_detail.php?locat1=386

RSVP Instructions

Each student will have to opportunity to meet with 3 dietitians.

Please pick your top 5 dietitians from the list below by filling out [this form](#). The dietitians that you are assigned to will be based on first-come, first-served basis – so RSVP as soon as possible by filling out the form.

All RSVP's must be received by **midnight, Sunday November 3rd**. RSVP by visiting goo.gl/Zbqc8f

Cost:

Free for qualifying DC students (Please bring your member ID number to verify membership. You can find your member ID by logging into the DC website and looking in "My Profile").

\$10 for non-DC members

Refreshments will be served and all participants will be entered for a chance to win our door prize: The Dietitians of Canada Cookbook "Cook!"

*Please note that photography may occur during this event for use on Dietitians of Canada promotional materials, website, and social media. By virtue of your attendance you give DC permission to use your likeness in these promotions.

If you have any questions, send your emails to joncleung@gmail.com

Please see the list of dietitians, as well as their biographies below:

Anna Chan

I graduated from UBC Dietetics in 2011 and completed my internship in the Fraser Health Authority. Initially worked as a Clinical Dietitian in the Fraser Health Authority and Fraser Valley Cancer Centre - areas of expertise were residential care and oncology. In March 2012, I joined Sodexo as a "Rising Star", a manager in training position and relief manager, in the Vancouver region. From June 2012 to June 2013, I was the Food Service Manager for Banfield Pavilion (residential unit) and Willow Pavilion (mental health unit) at Vancouver General Hospital. My role also included the management of the diet office and working on a series of projects to enhance food services. Currently, I am the Food Service Director at St. Paul's Hospital, overseeing the operation for Patient Food Services and Retail Food Services.

Patricia Chuey

I graduated from UBC Dietetics in 2011 and completed my internship in the Fraser Health Authority. Initially worked as a Clinical Dietitian in the Fraser Health Authority and Fraser Valley Cancer Centre - areas of expertise were residential care and oncology. In March 2012, I joined Sodexo as a "Rising Star", a manager in training position and relief manager, in the Vancouver region. From June 2012 to June 2013, I was the Food Service Manager for Banfield Pavilion (residential unit) and Willow Pavilion (mental health unit) at Vancouver General Hospital. My role also included the management of the diet office and working on a series of projects to enhance food services. Currently, I am the Food Service Director at St. Paul's Hospital, overseeing the operation for Patient Food Services and Retail Food Services.

Jen MacPherson

Jen graduated from St Francis Xavier University in 2007 and completed an integrated dietetic internship with placements across Atlantic Canada. Since that time, Jen has worked in both Africa and the Caribbean and completed a Masters of Public Health (Global Health Stream) at Simon Fraser University. For over two years now, Jen is the Treatment, Health and Wellness Coordinator at Positive

Living BC, an organization dedicated to improving the lives of those living with HIV. In addition to nutrition programming, she oversees a variety of educational initiatives and complementary health services.

Kay McQueen

Kay McQueen is a registered dietitian that has over 20 years experience. She currently works at the St. Paul's Hospital Healthy Heart Program in Vancouver, BC. Most of her career has focused on nutrition education and counseling in the area of heart disease and diabetes. She enjoys giving presentations to professionals, students and the public and does work for the media. She is a member of The British Columbia College of Dietitians' and the Canadian Diabetes Association Diabetes Educator Section. She leads an active and healthy lifestyle and strongly believes that eating healthy can bring significant benefits to your health.

Colleen McGuire

Colleen has over 25 years of experience as a Registered Dietitian, counselling clients through various organizations and institutions in the Lower Mainland. She received her Bachelor's degree from the University of British Columbia and holds a Master's degree in Education from San Diego State University. Colleen has worked in many different areas of practice, including management, clinical dietetics (inpatient and outpatient roles), teaching, and in private practice. She recently founded her own nutrition consultancy business, At the Table Nutrition Inc. (www.atthetablenutrition.com). With many years of experience in program management, developing and facilitating seminars and workshops, focus groups, and quality improvement projects, Colleen regularly consults to the University of British Columbia, the Ministry of Health, Dietitians of Canada, restaurants, and many others. Colleen co-wrote the 2011 Cost of Eating in BC Report for Dietitians of Canada. Since then, she has been actively advocating for food security and poverty reduction in the province. She recently completed the Welfare Food Challenge and currently sits on the Board of Directors for the Downtown Eastside Neighbourhood House.

Carolyn Berry

Carolyn recently finished her internship with Vancouver Coastal Health in June. She is so passionate about working as a dietitian and loves how diverse this field is. She is working in a variety of areas including: casual clinical RD at Langley Hospital in inpatients and outpatients; private practice; and product/campaign promotion to the public. Carolyn is also volunteering as a contributing author for HealthCastle.com.

Nicole Spencer

Nicole has worked as a dietitian in a variety of areas and settings, including clinical and outpatient at St. Paul's Hospital, primary health and community in Haida Gwaii, and international research in India. She also completed her masters

in health education at SFU with a focus on mindful eating. Nicole currently works as a Provincial Nutrition Educator for BC Dairy Association.

Lynne Sawchuk

Lynne Sawchuk is a Registered Dietitian who has worked as a nutrition educator at BC Dairy Association for over 20 years. She has done countless nutrition education workshops for teachers and health professionals, and along with her colleagues, she has had the opportunity to develop nutrition education resources used across Canada such as the Calcium Calculator, FoodTrack – Check on Balance and most recently, FoodTrack – Check on Protein. Lynne grew up in Winnipeg and originally came to BC to pursue a career in sport nutrition. She completed a Masters degree in Physical Education and a Bachelor of Education degree at UBC. Prior to joining BC Dairy Association, Lynne worked at the Sport Medicine Council of BC coordinating sport medicine and sport science services for elite athletes in BC.

Ingrid Verduyn

Ingrid Verduyn, RD, BASc. (hons) graduated from Guelph university and did her internship at VGH. She was a clinical dietitian¹ for 14 years, a clinical dietitian² for 7 years in the then brand new Adult Metabolic Diseases clinic, a community dietitian for Adults/Older adults (home health) for 6 years, a Clinical Practice Leader, a private practice sole proprietor for 23 years, a weekly TV nutrition columnist on UTV and BCTV (now global) for 14 years, a media spokesperson for a number of companies, wrote and delivered 84 TV commercials in 1997/98, taught at 2 school boards as an evening instructor, has published in various journals, been quoted in various magazines, has presented at national and international conferences on various topics, provided community presentations to numerous community groups, works with a local GP to do medical group visits on a monthly basis, has sat on committees, obtained her CNSD, and received awards and recognition for her activities. A career long member of Dietitians of Canada and the College of Dietitians she also enjoyed a 3 yr term on the public relations/quality assurance committee. Her passions are her clients—helping them with obesity management, lipids and diabetes and healthy eating with a good relationship with food and exercise. Being a dietitian is grrrrreat!

Don't forget to RVSP by **November 3rd midnight!**

See you there on Thursday November 7th.

Jon, Olivia, Tavia, Nanette, Erin & Ghazal

Your DC Student Representatives