



THE UNIVERSITY OF BRITISH COLUMBIA
School of Nursing

NURS 180

**Winter 2020
Class Booklet**



lunch dates <3

My grandma is one of the coolest women to walk this earth. I love going on lunch dates with her and hearing all the amazing things she has done with her life. She truly inspires me.

- Maya



Last year I had the opportunity to visit my step-family in Denmark. This photo brings me joy because it brings warm and loving memories of them welcoming me and making me feel at home.

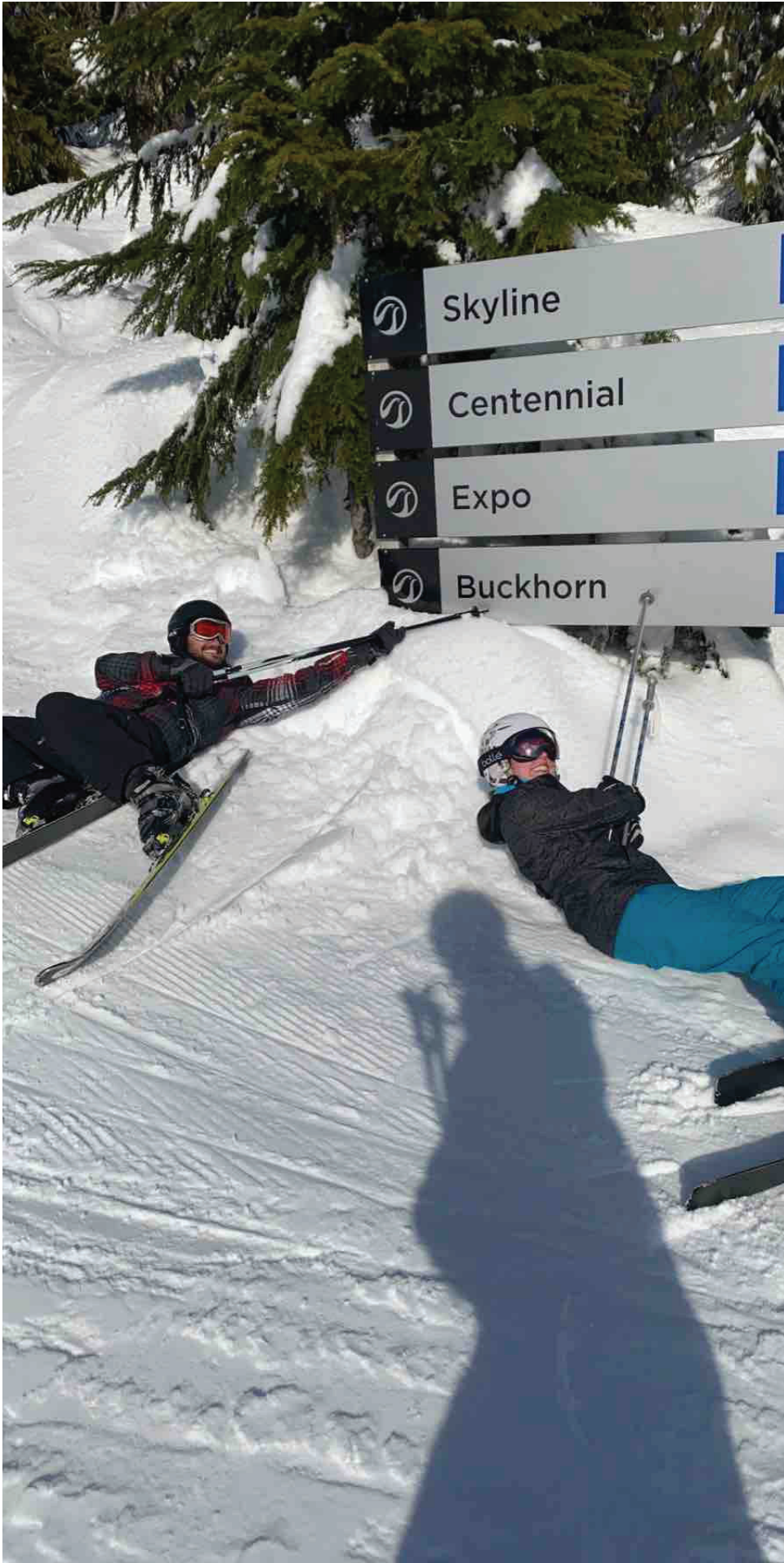
- Mav



These are some photos I took of my little cousins when I visited the Philippines in the summer. Thinking about that trip brings me joy because I remember reconnecting with old relatives as well as being surrounded by my family.

-- Christie







My friends and I couldn't afford to travel for Spring Break this year, so we explored Vancouver, went skiing twice and saw one of the most amazing sunsets from the top of Cypress.

- Gabby



Two things that make me happy are skiing and my family. This is a picture of my two sisters from Mount Seymour, my local mountain. In high school, my friends and I would often go skiing after school as the mountain is only five minutes away, so being up there brings back a lot of happy memories.

- Emily H.





This is my best friend and I trying the challenge where you hit whipped cream from your arm and try to catch it in your mouth. We both sucked at it and it was really random but spending time with her brings me a lot of joy.

- Janice



- Ethan



This is my boyfriend's dog dressed up in a bear costume.

- Paige



This is a photo of my older sister's dog. Everytime I see him, I can't help but smile.

- Julia

What brings me joy is being able to spend time with my dog,
Kane.

- Monica





This photo of my dog and my grandma brings me a lot of joy because it just looks like they are both enjoying their hug and they are so cute.

- Camille



Tema is sporting her lovely raincoat and serving as a reminder that even in the dreary Vancouver weather, it is important to schedule play into an otherwise busy schedule.

- Talia





This is my dog back home. I miss him lots.

- Emma



This my puppy. I miss her so much already.

- Emily M.



Here's a picture of my cat Callie. She's back home in Calgary with my family and always brings me so much joy when I get to see her.

- Keira



This is my family's cat. I got to spend a few days with her on Reading Week, which always warms my heart.

- Polina



This picture I took at the Wizarding World of Harry Potter at Universal Studios in Orlando. I first read the Potter series when I was eleven years old -- it might sound childish, but I always come back to these stories, even as a university student. Getting to experience this world first hand brought me immense joy.

- Emily L.



I was able to go to Disneyland for the first time and it
awoke the child in me and made me very very joyful
spending time with family and having fun outdoors.

- Madie



Hands down my favourite place is New York City. I love the diversity and busy-ness of the big city and feel so much joy when I travel there. It is especially amazing to visit New York with my family.

- Hannah





A picture I took on a helicopter ride I went on in the town I grew up in. A small town surrounded by mountains that brings me joy.

- Keanna



This is one of my favourite pictures from one of my family trips to Maui. We have always gone to the same place so it's like our second home. It is so beautiful there and I miss it so much.

- Gabrielle



This is a picture from my roof. The fresh air, quiet, and beautiful scenery up there always calms me and makes me very happy.

- Rebecca



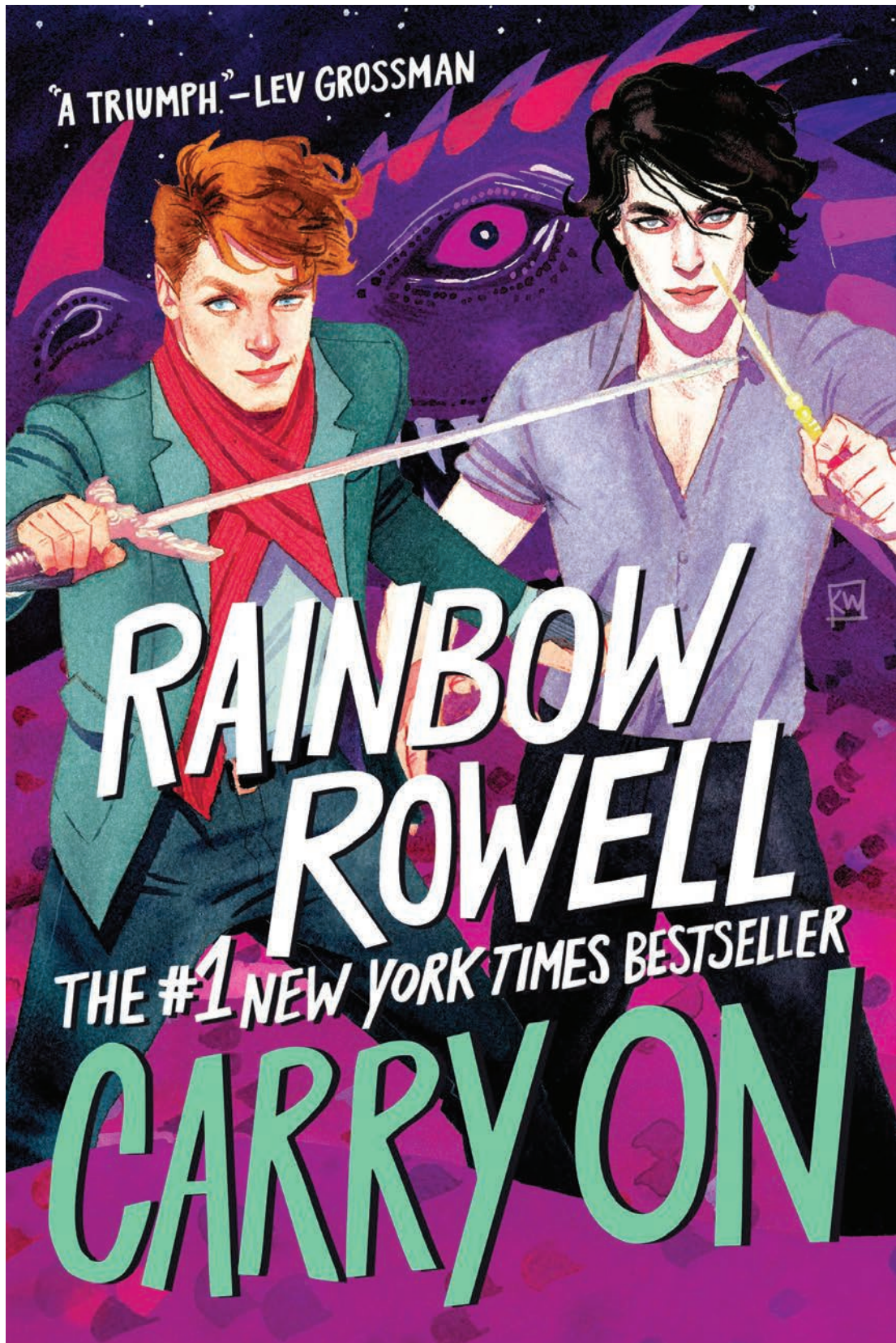
A photo of me and my friends from high school that met again recently to hang out.

- Christel



Here's a picture of me and my friends in Seattle during the reading break with the best cookie dough ice cream we could find. This definitely brings me joy.

- Nisha



Picture of a book my friend gave me as a present. It's pretty good so far, but the part that sparks joy for me is that my friend but in a lot of sticky notes on her favourite parts of the book in little jokes and questions.

- Ann

This is a fun game I like to play.

- Francesco





Sunny days while studying cheer me up and give me joy.

- Flamur



Campus looked beautiful with the sun out and I spent some time going for long walks that was absolutely refreshing and amazing.

- Monorme