

Sonja Tang

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OBJECTIVE

A motivated varsity athlete and Kinesiology student seeking an opportunity to bridge passion in sports and performance with sport education and community building.

COMMUNITY INVOLVEMENT

Sport Volunteer UBC Active Kids

VANCOUVER, CANADA

NOVEMBER 2020 - PRESENT

Supporting instructors in creating a safe, fun and physically active environment for students. Support and lead developmentally-appropriate activities. Prompt an active and healthy lifestyle by being a positive role model.

Golf Assistant Coach SMUS Intramural

VICTORIA, CANADA

SEPTEMBER 2018 - NOVEMBER 2018

Teaching students from grade 8-12 the basics of golf: swing motion, putting stroke, chipping techniques, etc 1hour/week. Build on leadership roles, work with coaches from Victoria Golf Club

Nursing Volunteer Cridge Village Senior Centre

VICTORIA, CANADA

SEPTEMBER 2018 - MARCH 2019

Cyber seniors program: Guide, explain and help our senior partner navigate the internet, social media, new technology, etc 1 hour/week. Develop connections with our seniors.

Marketing Intern Janboots Sports CO., Limited

XIAMEN, CHINA

JUNE 2018- SEPTEMBER 2018

Assist the company with advertisements such as making videos, catalogues, website and modelling.

References available upon request.

EDUCATION

University of British Columbia

Bachelor of Kinesiology

VANCOUVER, CANADA

SEPTEMBER 2020 - PRESENT

Neuromechanical and physiological sciences stream.
Women's Varsity Golf Team

St. Michaels University School

Victoria, Canada

SEPTEMBER 2017 - JUNE 2020

School prefect, Outdoor leadership, Grade Council Head, Head of SMUS TALKS Club (TED-Talks), Head of Volunteer Club

EXTRACURRICULARS

Golf (2011-Present)

Competes in provincial and national amateur tournaments. Playing for UBC Women's Varsity Golf team. Achieved many awards.

CERTIFICATIONS

Standard First Aid

Canadian Red Cross

Vancouver, B.C - February 2021

CPR C

Canadian Red Cross

Vancouver, B.C - February 2021

QPR Suicide Prevention

University of British Columbia

Vancouver, B.C -February 2021

SKILLS

Microsoft Office Suite
Interpersonal skills
Fast learner
Cooperative team player
Proactive communicator
Structured organizer