



Seminar One

- Introductions
- Introduce seminar structure
- Course blog and readings (*Emily*)
- Urban greenspaces activity
- Hand out assignment one: 4 sites
- Well-being quiz/resources

[http://
kulturtava.tumblr.com/
post/54819711362/
benjamin-zank](http://kulturtava.tumblr.com/post/54819711362/benjamin-zank)



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- Introductions
 - What is your name, what program are you in, and where are you from?

About me



Cloverdale, Surrey, 200







East Clayton Lane, 2013



Lane Visualization



Kitsilano Lane, 201



Seminar Structure

- Engage with readings
- Explore something exciting from lecture more deeply
- Guest visits
- Field trips?
- Work together on term project

Course blog & readings

<https://blogs.ubc.ca/2017wufor200/>

AN URBAN FOREST - WHAT COMES TO YOUR MIND?



AN URBAN FOREST - WHAT COMES TO YOUR MIND?



From Tuesday's discussion:

"ecologically functional, man-made forest placed in an urban environment"

"includes street trees"

"maintenance of trees, care of trees"

UBC Urban Forestry



Urban forestry is about planning and managing **urban green-spaces and ecosystems** for human welfare, ecological health, and protection of our cities' support systems.

What is urban green space?



What is urban green space?



1. define urban green space


What is urban green space?



1. define urban green space
2. list and describe at least 10 different types of urban green space



Photo: Quinn Dombrowski



"an area of grass, trees, or other vegetation set apart for recreational or aesthetic purposes in an otherwise urban environment."

Photo: Quinn Dombrowski



**With your partner, list at
least 10 types of urban
green space**

(one per post-it note)

Types of urban green space

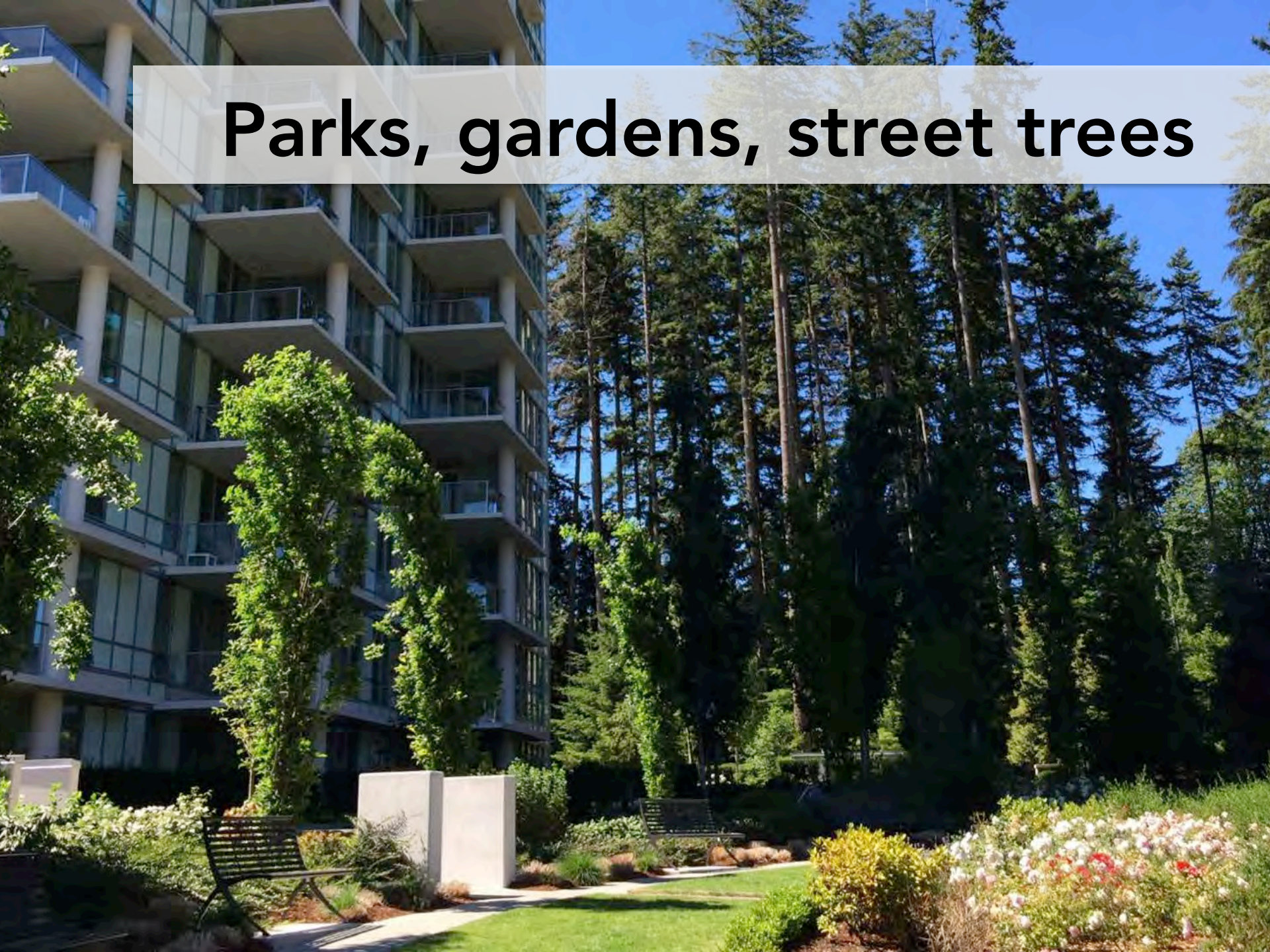


adapted from: GREEN SURGE

funded under the EU's 7th Framework Programme

- Balcony green
- Ground based green wall
- Façade-bound green wall
- Extensive green roof
- Intensive green roof
- Atrium
- Bioswale
- Tree alley and street tree
- Street green and green verge
- House garden
- Railroad bank
- Green playground, school ground
- Riverbank green
- Large urban park
- Historical park/garden
- Pocket park
- Botanical garden
- Zoological garden
- Neighbourhood green space
- Institutional green space
- Cemetery and churchyard
- Green sport facility
- Camping area
- Allotment
- Community garden
- Arable land
- Grassland
- Tree meadow/meadow orchard
- Biofuel production/agroforestry
- Horticulture
- Forest (remnant woodland, managed forest, mixed forms)
- Shrubland
- Abandoned area
- Wetland, bog, fen, marsh
- Lake/pond
- River, stream
- Canal
- Estuary
- Delta
- Sea coast

Parks, gardens, street trees



Playgrounds



*Image from Happa Collaborative.
CSLA 2015 Awards of Excellence*

Pocket parks



Community gardens, green walls



Green roofs



*Image from Kenneth Chan.
Vancity Buzz*

Elevated parks



Assignment One

Site Analysis (we will discuss this in detail next Seminar)

This week: please read through the assignment, think about which site you would like to study, and visit the site either online or in person.

Arbutus corridor



Image: Kenneth Chan / Daily Hive

Arbutus corridor

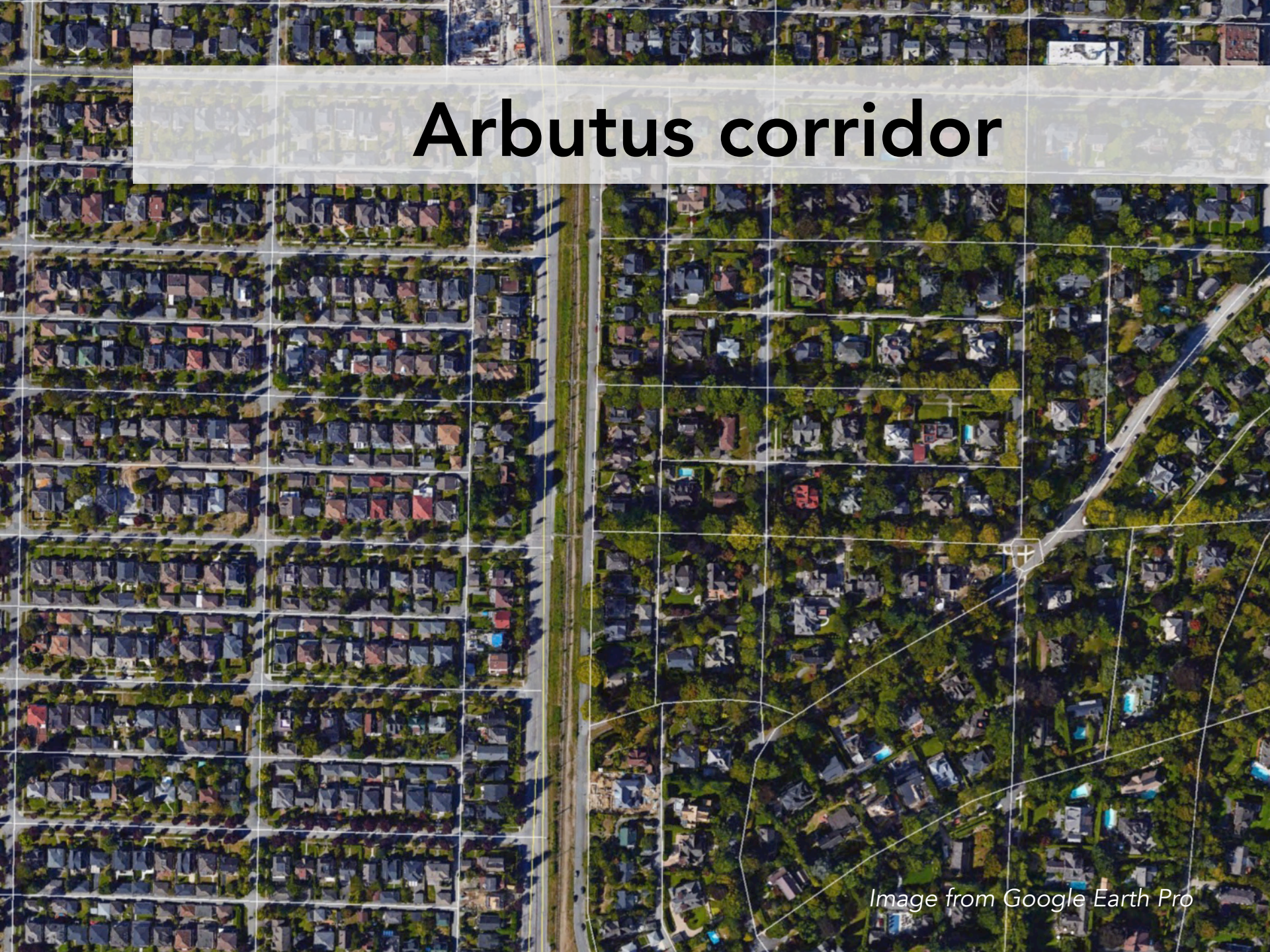


Image from Google Earth Pro

Northeast False Creek



Image: Google Street View



Northeast False Creek

Image from Google Earth Pro

UBC Hospital garden



(CC) Phillip Jeffrey.

<https://www.flickr.com/photos/tyfn/9364050/>

UBC Hospital garden



Image from Google Earth Pro

Pacific Spirit Park

Image: Justin Norris, Flickr

Pacific Spirit Park



Image from Google Earth Pro

Wellbeing at UBC

<http://www.wellbeing.ubc.ca>



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Wellbeing at UBC

[Home](#) [Wellbeing at UBC Priorities](#) [Okanagan Charter](#) [Join the Conversation](#) [Stories & Research](#) [Contact & Support](#)

» [Home](#) » [Wellbeing Priority Areas](#) » [Built and Natural Environments](#)

Built and Natural Environments



From outdoor public spaces that support social interaction and informal learning, to buildings that are designed as healthy learning and research spaces to accessible pedestrian and cyclist friendly pathways, UBC's campus environments—both built and natural—play an important role in facilitating physical, mental, social and ecological wellbeing for all of our community members.

Wellbeing Priority Areas

Built and Natural >
Environments

Food and >
Nutrition

Increasing >
Physical Activity
and Reducing
Sedentary
Behaviour

Mental Health >
and Resilience

Social Inclusion >
and Connectivity

Wellbeing at UBC

<https://students.ubc.ca/health-wellness>



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Vancouver Campus



Student Services

New to UBC

Academic success

Health & wellness

Campus life

Career + experience

Courses, money & enrolment

Logins

Student Services » Health & wellness



Health & wellness

Mental health and wellness are an important part of your academic success and everything you do. When you take care of yourself, it's easier to get better grades and feel good in life.

Self-help resources

I'm looking for info about sex and sexual health

Sexual health is an important part of your physical and emotional health. Learning more about sex and sexuality can...

I'm having trouble in my classes

Resources and information to help you work smarter, not harder.

I feel stressed & overwhelmed

Stress is a part of everyday life that sometimes leads to feelings of anxiety. You can learn to manage stress and...

Next week:

- City Studio presentation
- How to do a site analysis

One Minute Essay

What do you hope to learn this term?