

The current version of the Perceived Restorativeness Scale (PRS) is comprised of the 26 items below. Participants make their responses using a 7-point scale to indicate the extent to which the given statement describes their experience in the given setting (0 = Not at all; 6 = Completely).

The items are grouped by subscale membership (Being Away, Fascination, Coherence, and Compatibility, respectively):

1. Being here is an escape experience. *
2. Spending time here gives me a break from my day-to-day routine. †
3. It is a place to get away from it all.
4. Being here helps me to relax my focus on getting things done.
5. Coming here helps me to get relief from unwanted demands on my attention.

6. This place has fascinating qualities. *
7. My attention is drawn to many interesting things. *
8. I want to get to know this place better. †
9. There is much to explore and discover here. *
10. I want to spend more time looking at the surroundings. †
11. This place is boring. (-)
12. The setting is fascinating.
13. There is nothing worth looking at here. (-)

14. There is too much going on. (-) *
15. It is a confusing place. (-) *
16. There is a great deal of distraction. (-) *
17. It is chaotic here. (-) *

18. Being here suits my personality. *
19. I can do things I like here. *
20. I have a sense that I belong here. *
21. I can find ways to enjoy myself here. †
22. I have a sense of oneness with this setting. *
23. There are landmarks to help me get around. ‡
24. I could easily form a mental map of this place. ‡
25. It is easy to find my way around here. ‡
26. It is easy to see how things are organized. ‡

Notes: (-) - an item for which the value must be reversed in coding; * - the item is from the earlier PRS and is in its original form; † - the item is from the earlier PRS but is in a revised form; ‡ - the item was designed to represent legibility.

