

Family FUNdamentals Program

Fun, Unique, Nurturing Activities for Families with Children 3 & 4 years old



- This is an early childhood development program with the goal of fostering the relationship between parents and children through activities such as yoga, story time and games.
- The program promotes healthy eating, healthy weights, active living, positive body image and positive parenting skills.

6 Sessions: Tue., Jan 20 – Feb 24

Time: 1:00pm – 2:30pm

Cost: \$15 + \$ 20 Family Membership

Location: Kits House (W. 7th & Vine)

free child minding during sessions



To register or for more info, please contact: patricia@kitshouse.org or 604-736-3588 ext. 128

If you can't afford this program fee you can apply for a program subsidy. Please contact Front Desk for more information.

