

 Kitsilano

  Neighbourhood House

  *The hub of Vancouver's Westside since 1894*

Food Skills for Newcomer Families



This hands on cooking program can show you how to prepare nutritious meals that taste great for the whole family to enjoy!

6 sessions

Dates: Fridays, Feb. 6—Mar. 13

Time: 5:00 pm—8:00 pm

Cost: \$ 15 + \$10

Annual Individual Membership

Location: Kits House

(2305 West 7th & Vine)

Free child minding provided during sessions



Register Early, space is limited!

To register or for more information please contact:

Patricia at 604-736-3588 ext.128 or

patricia@kitshouse.org

www.kitshouse.org



MEMBER
ASSOCIATION OF
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