

Amy Vergouwen
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December 16, 2019

Devan McNeill
Therapeutic Recreation Coordinator
University of Lethbridge Faculty of Health Sciences Admissions
4401 University Drive
Lethbridge, AB, T1K 3M4

Subject: Application for Bachelor of Therapeutic Recreation Program

Dear Mr. McNeill,

It is with pleasure that I submit my application to the University of Lethbridge Bachelor of Therapeutic Recreation Program. I am very interested in the therapeutic recreation program due to its accreditation by the Commission on Accreditation of Allied Health Education Programs, and the ability to become a Certified Therapeutic Recreation Specialist after completion of the program. The chance to complete a practicum alongside a Certified Therapeutic Recreation Specialist is an incredible opportunity.

I am currently finishing the final year of my undergraduate degree at The University of British Columbia Okanagan. I am majoring in psychology, and have taken a variety of classes that have provided me with a strong background in health psychology, such as psychopharmacology, healthy aging, and lifespan development. In addition to my educational background in health psychology, I have spent a year volunteering at Glenmore Lodge long-term care facility as a therapeutic recreation assistant. I have assisted in muscle strengthening therapy, brain exercises, target practice workouts, and activities like arts, crafts, and games. One highlight that stands out for me is receiving extremely positive feedback from a resident's family, letting our recreation team know that we have made a difference in the life of their loved one. My time spent at Glenmore Lodge is what inspired me to apply to the Bachelor of Therapeutic Recreation Program, as I realized I could see myself working at a long-term care facility for my career.

With my education paired with my experience, I believe I possess the necessary skills to enter the therapeutic recreation program. I have developed patience, reliability, and communication skills, all while maintaining a compassionate and respectful nature working with the older population. My degree in psychology has not only provided me with a strong foundation of knowledge in geriatrics, illnesses/medications, and human behaviour, but has also helped foster an incredibly strong work ethic in me. I have worked very hard to develop the necessary strengths and abilities to make myself a great candidate for the Bachelor of Therapeutic Recreation Program at The University of Lethbridge.

Along with my application package, I have included my resume, proof of enrolment from UBC, and three letters of recommendation. If you require any other information, please do not hesitate to send me an email at amy.vergouwen@alumni.ubc.ca. Thank you for your time and your consideration, and I look forward to speaking with you in the near future.

Sincerely,

Amy Vergouwen

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