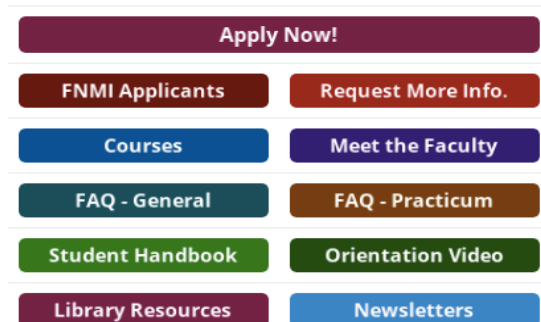


## Bachelor of Therapeutic Recreation

Through educational and practical experiences the Therapeutic Recreation program prepares graduates to be competent entry-level Therapeutic Recreation Specialists in the cognitive (knowledge), psychomotor (skills), and affective (behaviour) learning domains. Graduates of the program will be prepared to successfully meet the requirements to complete the National Council for Therapeutic Recreation Certification (NCTRC) exam and become a Certified Therapeutic Recreation Specialist (CTRS).



The Bachelor of Therapeutic Recreation program is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of the Committee on Accreditation of Recreational Therapy Education (CARTE).

Commission on Accreditation of Allied Health Education Programs

25400 US Highway 19 North, Suite 158

Clearwater, FL 33763

727-210-2350

[www.caahep.org](http://www.caahep.org)

### Admission Requirements

<b>Admission Requirements</b>	<b>Diploma in Therapeutic Recreation or Recreation Therapy</b> (see <a href="http://www.uleth.ca/postdiploma">www.uleth.ca/postdiploma</a> for current diplomas approved for admission) <i>OR</i> <b>Approved undergraduate degree</b> (a minimum of 90.0 credit hours from a recognized degree-granting institution). <small>Recommended degree disciplines include: Psychology, Sociology, Addictions Counselling, Public Health, Nursing, Indigenous Studies, Women &amp; Gender Studies, Anthropology, Disabilities, Education, Kinesiology, Aboriginal Health, Medicine, Physiotherapy, Occupational Therapy, and Recreation Management</small>
<b>Application Deadline</b>	<b>Fall (September) Admission: March 15</b>
<b>Competitive Admission:</b> Since the number of qualified applicants can exceed the number of places available, fulfillment of the minimum requirements does not guarantee admission.	
<b>Note:</b> All applicants must meet the Faculty of Health Sciences Spoken English Language Proficiency (SELP) requirement.	

### Therapeutic Recreation Definition

Therapeutic Recreation uses a systematic process (assess, plan, implement, evaluate, and documentation) towards making changes in a person's emotional, spiritual, mental, social, and physical well-being in the environment that they reside. Therapeutic Recreation engages persons based upon their abilities in planned recreation and related experiences, promotes and educates persons in health and wellness, and reduces or eliminates activity limitations to achieve optimal health and well-being.

### Career Opportunities

Graduates pursue careers as certified therapeutic recreation specialists in a variety of settings including long term care, acute care, day programs, rehabilitation, youth-at-risk, community centres, and mental health and addictions.

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<https://www.uleth.ca/healthsciences/tr>. Accessed December 4, 2019.