


## eHealth

### What is it and why is it important?

**Kendall Ho, MD FRCPC**  
 Associate Professor of Emergency Medicine  
 Director, eHealth Strategy Office  
 Faculty of Medicine, UBC



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eHealth Strategy Office

## eHealth Scenarios



*Providing BC patients with secure access to their lab results*

Through my.ehealth, British Columbia patients now have the same secure internet access to their lab results that Excelleris has been providing to more than 5000 BC physicians for over a decade – at no charge.

More and more patients are getting involved in helping to manage their own health care, and more and more patients are waiting for their copies of their test results, which they take send through the mail.

my.ehealth offers a faster and secure method for patients to receive their results. As soon as results are released from the performing lab, they're available online in my.ehealth. Excelleris uses a variety of secure technologies and procedures to help protect your information from unauthorized access, use or disclosure.

my.ehealth is a free service for BC patients and is available in 4 languages.

**Interested in my.ehealth?**

- 1 Login
- 2 Register
- 3 Visit Questionnaire
- 4 View Demo

**Am I eligible to use my.ehealth?**

To register you need:

- Be age 18 or older
- Have a BC Care Card number
- Have had lab work within the last 30 days at:
  - Labsites or
  - BC Biomedical Laboratories

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## Definition: eHealth

Information Technologies in Health:

- Service delivery
- Education
- Surveillance
- Research & evaluation
- ...

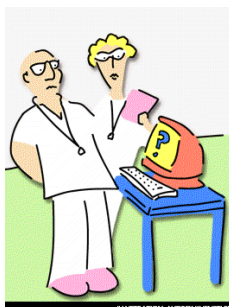
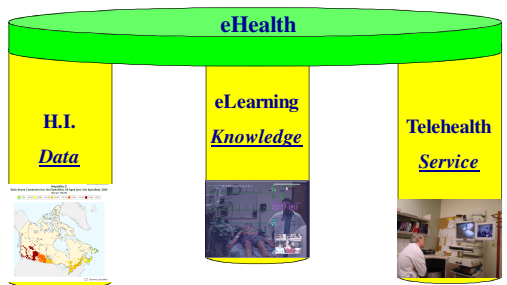


ILLUSTRATION: AUDREY KUENSTLER

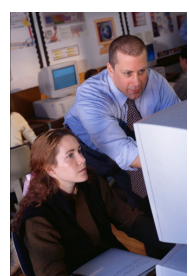
## eHealth: Three Legged Stool



## Consumer Health Informatics

“Study, development, and implementation of computer and telecommunications technologies and interfaces designed to be used by health consumers.”

*Klein-Fedyshin 2002*



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## Examples

Latest Medical Research Information	MEDLINE plus <a href="http://medlineplus.gov/">http://medlineplus.gov/</a>
Connecting with health professionals	Ask the Doctor <a href="http://www.netdoctor.co.uk/">http://www.netdoctor.co.uk/</a>
E-forms/screening	Depression screening <a href="http://www.med.nyu.edu/psych/screening/depres.html">http://www.med.nyu.edu/psych/screening/depres.html</a>
Personal Health Record	Google health <a href="http://www.google.com/health">www.google.com/health</a>
Self Management	How's Your Health <a href="http://www.howsyourhealth.com/">http://www.howsyourhealth.com/</a>
Peer group support	Patients like me <a href="http://www.patientslikeme.com/">http://www.patientslikeme.com/</a>
Rating Health Professionals	Rate MDs <a href="http://ratemds.com/">http://ratemds.com/</a>

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### Issues to consider....

- On line pharmacies
- Screening
- Identity
- Rating health professionals
- On line interactions

### Healthlink BC (811)

healthlinkbc.ca

### Mobile Decision Support Tools

**At their fingertips**

**1000+ downloads in first month**

### Evolution of the Internet & C.H.I.

Need your help:

- Use the resources
- Participate in discussions
- **Co-create** the future

[www.fcg.com](http://www.fcg.com)

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### Contact Information

eHealth Strategy Office  
Faculty of Medicine, UBC, Vancouver, Canada

**MISSION: IT to enable education, service, research and knowledge translation**

Kendall Ho: Director & Associate Professor, Emergency Medicine

[www.eHealth.med.ubc.ca](http://www.eHealth.med.ubc.ca)