## INTRODUCTORY PSYCHOLOGY



#### What is this Course About?

Psychology is the scientific study of behaviour. Together we will explore concepts and theories from many of psychology's key areas, tackling issues such as how we think, remember, learn new skills, communicate, perceive objects and others using our senses, and otherwise function in our daily lives. In Term 2 we will investigate the science of how we affect and are affected by others, develop, manage mental wellness and illness, experience emotions, and motivate ourselves. Throughout the year we will explore methods psychologists use to learn about behaviour, and to help us figure out how theories arise and develop. You will continually practice thinking like a psychologist by learning to recognize psychological themes and principles operating in your life, and by questioning information about behaviour that we encounter daily in our society. Join us in studying the most fascinating\* subject matter ever: us!

#### Quick Facts: Where? When?

Classes are held Monday, Wednesday, Friday, 1:00 to 2:00 in CIRS Room 1250. Attendance is expected and is necessary for success. Please show respect for your fellow learners and leaders, including arriving on time and reading in advance. Please remember your i>clicker and 2 spare AAA batteries, your text, and writing tools (even if you also choose to bring a computer, which is discouraged because of its tendency to side-track attention – yours and others).

## **Inside This Syllabus**

Course Goals: Where are we going?	2
Materials: What do you need?	2
Learning Appraisals	3
Expectations	2, 4
Tips for Success	5
Learning Tools to Investigate	5
Grading Policies	6
<b>Ethical Conduct: Practices and Polices</b>	7
Our Course Schedule	8-9

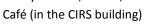
<sup>\*</sup>Ok, so I'm biased. Humour me: This course really does sound fascinating, doesn't it?!

### Meet your Leaders in Learning

**INSTRUCTOR** Dr. Catherine Rawn

Office: Kenny 2523

Welcome to my drop-in office hr: Mondays 4:30-5:30, my office Welcome to my Invitational office hr: Fridays 2-2:30, 2:30-3, The Loop



Appointments can be made if necessary.

Email: cdrawn@psych.ubc.ca Please put "Psyc 100" in the Subject line and use your UBC email account or your message could get lost. Before emailing, please check with your class notes, syllabus, and Peer Tutors for an answer to your question. Kindly note that I am teaching 800+ students this year and receive a very high volume of email. I do my best to respond within 24 hours.

Web: www.psych.ubc.ca/~cdrawn, Twitter: @cdrawn Catherine in ≤ 25 words: Ontario-born; vegetarian; happily married; walked a marathon; studied self-control; enjoys teaching & learning, Big Bang Theory (TV), chocolate, coffee, wine; dislikes horror movies, oatmeal, cheating.

#### **TEACHING ASSISTANTS (TAs)**

Do you have a question about our course, assignments, exams? Visit either of our two dedicated TAs during her office hour for advice and assistance.

#### **Michelle Crease**

Email: mlcrease@psych.ubc.ca

Office: Kenny 3201; Office hour: Wednesday 2-3

#### Joanna Herba

Email: jherba@psych.ubc.ca

Office: Kenny 1910; Office hour: Thursday 3-4

#### **PEER TUTORS**

Do you have a question about our course, the textbook, or transitioning to university? A select group of 12 students who excelled in this course in the past have volunteered to be here for you! They are Riana Ang-Canning, Veronika Bondarenko, Katherine Carey, Nidhi Joseph, Ari Kim, Curtis May, Jade McGregor, Zahra Merali, Thomas Pierce, Shadyar Shirmast, and Krystal Valentine. Find out more about them through their bios on our Vista site. Please take advantage of this rare opportunity to get advice from people who were in your position last year. Meet them in person, as they will be coming to many classes and some invitational office hours throughout the year, and ask

them questions using the Vista discussion boards.

# Learning Goals: Where are We Going?



I designed this course with specific goals in mind to keep all of us focused throughout the term. By the end of this course, you should be able to...

- define modern psychology and identify the major perspectives within it;
- recognize, recall, connect, and evaluate psychological concepts and theories from specific subfields (e.g., social, biological, and developmental psychology);
- 3. apply your knowledge of psychological principles and themes to gain insight into yourself, others, and events in your everyday life;
- 4. identify basic methods modern psychologists use to understand behaviour;
- 5. critically evaluate new evidence about behaviour that you encounter in your daily life;
- understand the need for multiple exposures to material in order to develop a solid understanding of it (e.g., participate in class, review notes, read text, form an active study group).
- 7. communicate your ideas about psychology both verbally and in writing;
- demonstrate respectful, professional conduct in email, online, and face-to-face communication with your peers, TAs, and Instructor; and
- 9. feel (even a little bit!) excited about learning in general and about psychology in particular.

#### Materials: What Do You Need?

You'll need 4 key materials to set yourself up for success in this course.

**1. REQUIRED TEXTBOOK** Lilienfeld, S. O., Lynn, S. J., Namy, L. L., Woolf, N. J., Cramer, K. M., & Schmaltz, R. (2011). *Psychology: From Inquiry to Understanding,* (1<sup>st</sup> Canadian ed.). Toronto, ON: Pearson Canada Inc.

PURCHASE OPTIONS: A hard copy of the text is available to buy from the UBC Bookstore (an comes with a \$10 i>clicker rebate coupon, access to MyPsychLab study guide, and the electronic version), and from Discount Textbooks. To save cash, you can buy the access code to the e-text and MyPsychLab (without a hard copy) from the UBC bookstore. Another cost-saving option is to buy the hard copy text used from the UBC bookstore.

**2. i>clicker** i>clicker questions and polls will be integrated into every class; please bring yours! They can be purchased at the bookstore, used or new. Please REGISTER YOUR i>clicker on our Vista course website in order to receive your points.

#### Materials, continued:

- **3. VISTA COURSE WEBSITE** Our course website is <a href="https://www.vista.ubc.ca">www.vista.ubc.ca</a>. You can log in using your CWL. Register your i>clicker, download PowerPoint slides *after* each lesson, announcements, upload assignments, discuss course material with your classmates and Peer Tutors, and more! You are responsible for checking this site frequently, and for registering your i>clicker here. (If you have a used i>clicker, please visit the Learning Commons to find out the code.)
- **4. MYPSYCHLAB TEXTBOOK COMPANION WEBSITE** Includes study tools such as an electronic version of the text, practice quizzes, flashcards, chapter reviews, relevant links, videos and more. Your text (electronic or hard copy) comes with an access code you can enter on our Vista site. If you buy a used book and want access, visit <a href="https://www.mypsychlab.com">www.mypsychlab.com</a> for purchase options.

**NO MONEY?** If you're choosing between buying food or textbooks and an i>clicker, \*please\* come to me and I'll do my best to set you up with what you need. Note that you can also borrow a copy of the text from Koerner library. It's on course reserve.

### What We Expect from You

**PARTICIPATION** This course is designed to be experiential, involving demonstrations, pair and small group discussions, large group discussions, class activities and writing, i>clicker questions, and regular feedback. Some class time will be devoted to a traditional lecture format, during which you can actively build your notes for future studying. Success in this class depends upon your active participation.

**ATTENDANCE** Please come to every class prepared to participate in your learning. Bring your i>clicker (and 2 spare AAA batteries), a pen and some paper (in addition to a laptop, if you choose to bring one), and an open mind. *If you miss class* you are responsible for obtaining missed notes and important announcements. You will not be able to regain participation points for missed classes.

**RESPECTFUL & ETHICAL CONDUCT** You are expected to treat all your classmates, your instructor, your TA, Peer Tutors, and yourself with respect at all times, both in and out of the classroom, face-to-face and in writing (e.g., on email). This includes arriving to class on time and minimizing distractions for other students.

You are responsible for your own learning. Cheating of any kind will **not** be tolerated, including dishonest use of the i>clicker (e.g., entering responses for an absent classmate), and copying other's work. See the syllabus section on Ethical Conduct for more information.

(Expectations Continued page 4)



# Learning Appraisals: How Will We Know If We Have Met Our Goals?

Learning Appraisal Activity	Points	Dates
	to Earn	
5 Midterm Tests (9% x 4; drop the lowest or missing score)	36%	September 28, October 24, November 16,
<ul> <li>Approximately 40 multiple choice and 10 fill-in-the-blanks</li> </ul>		February 3, March 12
2 Applying Psychology Papers (10% x 2)	20%	One each term; due date depends on your
		choice.
Engagement in Learning	4%	Continuous evidence throughout the year.
<ul> <li>Class participation (i&gt;clicker): 3%</li> </ul>		These activities will help you learn about our
<ul> <li>Invitational office hour: 1%</li> </ul>		course material and psychological science
		more broadly.
2 Cumulative Final Exams (2 x 20%)	40%	During exam periods
<ul> <li>Approximately 100 multiple choice and 20 fill-in-the-blanks</li> </ul>		Term 1: December 6-20; Term 2: April 11-25
Base Points Available for you to Earn	100%	
Bonus Subject Pool Participation (up to 6 more hours = 3%)	3%	Complete by Thursday April 5.

MIDTERM TESTS (5 total, top 4 x 9%) AND FINAL EXAMS (2 x 20%) All tests and exams will consist of a mix of multiple-choice and fill-in-the-blanks questions. You will be challenged to push beyond memorization of facts and to integrate and apply course material. Research shows greater long term retention with multiple testing—not just studying—opportunities (Roediger & Karpicke, 2006). Therefore, to best prepare you to apply course material in future related courses and to your life in general, each final exam is cumulative for that term only.

PAPERS (2 x 10%) These short papers will help you to apply course material to understand your everyday life experiences, and will help you practice your written communication skills, including summary and analysis. Each term, there will be 3 paper options, due on different dates. Choose one of the three options that interests you, given the deadline that is optimal for your schedule. Topic, submission and formatting details will be provided in a separate document in the second week of each Term. You must turn the exact same paper in to Turnitin.com within two weeks of your due date or else face a 10% deduction. Go to turnitin.com, create an account, enter our course ID (4191457) and password (applypsych), and submit your paper.

**ENGAGEMENT IN LEARNING ABOUT PSYCHOLOGY (4%)** Taking responsibility for your learning involves actively participating throughout this course. Your engagement will be evaluated based on two indicators. **(1)** Responding to **i>clicker** questions in class. If you answer at least 75% of the i>clicker questions during a class period, for at least 75% of the classes during the whole year, you'll earn up to 3%. **(2)** Each week I will randomly

choose two groups of 12 students to join me during my invitational office hour (the list of dates and times are on Vista; all students will have a turn during the year). This will give you a chance to meet me personally and engage with me and your peers in an informal, small group setting. If you attend and engage meaningfully at the invitational office hour (and/or during my drop-in hour if you can't make it), you can earn the 1%.

These specific indicators of *engagement in learning* will contribute up to 4% toward your grade, and are due by April 5. Engaging in these activities (and others, such as online and in class discussion, mypsychlab activities, class activities, comprehension checks, etc.) will help you learn the material and about the discipline – which should help you perform on tests and papers as well.

BONUS SUBJECT POOL CREDITS (up to 3% bonus) One way to learn more about psychology is to be a participant in ongoing research projects. You have the option to earn up to 3 percent toward your course grade by participating in research through the Human Subject Pool (HSP), or complete an alternative assignment. Study sign-ups and details about the alternative assignment are posted https://hsp.psych.ubc.ca/. In Psyc 100, participating in a 1 hour study (or completing 1 alternative assignment) earns you 0.5%; 6 are needed to earn all 3%. These extra points will be added to your final course grade in April, after any scaling that may be applied.

#### What We Expect from You (cont'd from p. 2)

AN ON TIME PAPER Each term, once you have committed to paper A, B or C, you are required to meet that deadline. TURNITIN.COM REQUIREMENT: You must turn in the exact same paper to Turnitin.com within two weeks of your due date or face a 10% deduction. Go to turnitin.com, create an account, and enter our course ID (4191457) and password (applypsych). Then upload your paper. LATE PAPER POLICY: late papers will be accepted up to 2 weeks after the deadline, but be cautioned that a late paper will not receive the same detailed attention as on time papers do, and you will not have the option to contest your grade. PAPER RE-GRADE POLICY: If, after receiving feedback on your paper from your TA, you feel very strongly that your paper was graded unfairly, you may choose to have your paper re-graded by emailing your TA within 1 week of paper grades being posted online. Re-grading may result in an increase or decrease, and that re-grade is final.

PRESENCE AT MIDTERM TESTS Presence at tests is expected. The top 4/5 midterm test marks will count toward your grade. If you miss a *midterm test* for any reason, that test will count as your lowest score and will be dropped. THERE WILL BE NO MAKE-UP MIDTERMS. You will earn a mark of zero for each additional midterm you miss.

**PRESENCE AT FINAL EXAMS** Presence at the two Final Exams (in December and April) is *mandatory*. If you absolutely must miss a final exam due to an extenuating circumstance like severe illness, you or your caregiver must apply for Academic Concession by contacting your Faculty's Advising Office (e.g., Arts Advising through the Centre for Arts Student Services). If you have 3 or more exams scheduled to start and finish within a 24 hour period you may request to write the second exam on a different day. However, you must give the instructor of the second exam one month notice.



Let's work together to make this course a positive experience for all of us.

**FEEDBACK** We invite you to share your thoughts and suggestions with us, particularly about things we are able to change, and be open to working together to make this course a positive experience for all of us.

You will be consulted for feedback about your learning experience, what elements of the course are working well for you, and what could be improved. For example, at the end of classes at least once per week, you will have the opportunity to summarize your learning and ask a question you're curious or confused about in writing. I will take up some of these Comprehension Checks at the beginning of the next class.

### What You Can Expect from Us

**AVAILABLE** We are here to help you and your classmates in your choice to succeed. Your Peer Tutors will be available to answer questions primarily through the Vista Discussion Boards. Visiting us (Dr. Rawn, our TA) in person is typically more effective than email for clearing up questions. If our office hours absolutely cannot work for you, respectfully email us a few time and day options to make an appointment. Because of our class size, there may be limits on the number of appointments we can schedule.

**ONLINE SLIDES** PowerPoint slides and handouts will be available *after* class on our Vista site (www.vista.ubc.ca).

PARTICIPATION I will make every effort to keep you interested in class by mixing things up and getting you involved in learning activities designed to help you learn. I will ask you to do only those activities that I believe will help you learn. To help document active learning, I may take some PHOTOGRAPHS throughout the term. Please see me (your instructor) within the first two weeks of the course if you have serious concerns about this.

**FEEDBACK** We will endeavour to provide you with feedback on learning appraisals (e.g., essays, exams) as promptly and as with as much detail as possible, given the size of our class.

**RESPECTFUL & ETHICAL CONDUCT** At all times, we aim to treat each of you with respect, and to make all course decisions with the highest standard of ethics in mind. If you feel you are being treated unfairly or disrespected by us or a classmate, we invite you to talk to us so we can sort out the issue together. To be clear: such a discussion would not impact your grade.

A NOTE ON WITHDRAWING FROM THIS COURSE Sometimes people find that they are unable or unwilling to handle the demands of a course. If you find yourself in this situation, I encourage you to talk to one of your Leaders in Learning (me, our TA, or a Peer Tutor) for advice. If you wish to withdraw from this course without any record of the course on your transcript, you must do so before September 23. If you wish to withdraw from this course with only a withdrawal standing of "W" on your transcript, you must do so before November 25. Note that these dates are later than those for single term courses. If you are withdrawing from a single-term course, consult the UBC Academic Calendar for http://www.calendar.ubc.ca/vancouver/academicyear. cfm?page=2011.

# Tips for Success: Making Choices to Learn!

I believe you can master this course material at a high level, if you consistently choose to put in the effort required to do so. Here's a rough guideline for how much time you should be spending on this (and each of your) courses this year: 2-3 hours out of class for every 1 hour in class. Note that some people will need more time than this.

What can you do in class?

- Take notes about what's being discussed, using what's on the slides to guide and organize your notes. (Don't just copy down what you see on the slides; you'll get those words later!).
- Keep focused. For example, avoid bringing a computer (or sitting behind someone else's) if it will be a distraction for you. Get adequate sleep and nutrition.
- Actively participate in activities, demonstrations, and discussions; thoughtfully answer i>clicker questions.
   The point of all of these is to help you think about the material so you can master it and make it meaningful for your life.
- Ask questions. Be brave! If you would like clarification or are interested in how a concept connects or applies in some way... ask it!

What can you do during those 6-9 hours per week you spend on this course *outside class?* 

- Add to your class notes. Fill in any missing gaps before you forget! Integrate your notes with the slides posted online (<a href="www.vista.ubc.ca">www.vista.ubc.ca</a>). Build your notes so you can use them to study later.
- Actively read the text. For example, take notes using the section headers; convert headers into questions to help you identify the most important points. Take every chance available to test yourself (Bjork & Bjork, 2011). For example, complete "Assess your knowledge," "Apply your thinking," and "Think again" sections; after each chapter, close your book and freely recall everything you can remember, then go back and check what you got and what you missed (Karpicke & Blunt, 2011). Build your notes so you can use them to study later.
- Test yourself using learning objectives from class and the text. What should you be able to do with the course material? Learning objectives are meant to help you answer this question so you can study more effectively.
- Explore the MyPsychLab activities that come with your text.
- Write your paper. Start early! Seek advice from the Writing Centre, me, our TA, our Peer Tutors, and your peers.
- Come to office hours and post questions on Vista. Get to know your Leaders in Learning, ask questions about course material, and find out more about psychology!

## Learning Tools to Investigate



I encourage you to take responsibility for your learning and check out what these resources have to offer.

**COLLEGE SUCCESS STRATEGIES** By S. L. Nist-Olejnik & J. P. Holschuh (2009). This book offers countless tips and strategies. It is primarily geared toward new university students, but there is a ton of useful information in there for upper years as well, from any discipline. A copy is available to sign out in the Koerner library as a Course Reserve.

**TIME MANAGEMENT** Tools to manage all your courses: <a href="http://www.arc.sbc.edu/timeschedule.html">http://www.arc.sbc.edu/timeschedule.html</a>, <a href="http://learningcommons.ubc.ca/get-started/study-toolkits/time-management-toolkit/">http://learningcommons.ubc.ca/get-started/study-toolkits/time-management-toolkit/</a>, and to plan writing assignments: <a href="http://assignmentcalculator.library.ubc.ca">http://assignmentcalculator.library.ubc.ca</a>.

**UBC ACADEMIC REGULATIONS** Information about academic regulations, course withdrawal dates and credits can be found in the <u>University Calendar</u>.

**LEARNING COMMONS** is UBC's online hub for study and research support. This interactive website provides you with a wealth of academic resources, from tutoring and workshops to study groups and online tech tools. It also offers plenty of information on a variety of academic topics, and links to nearly all of the academic resources offered at UBC. Make the Learning Commons your first stop for all things academic! <a href="http://learningcommons.ubc.ca">http://learningcommons.ubc.ca</a>

WRITING SKILLS The UBC Writing Centre (www.writingcentre.ubc.ca) also tutoring services, including an Online Writer's Workshop. Also, Purdue University offers an amazing collection of information about writing, including using APA style, at their Online Writing Lab (OWL), available at <a href="http://owl.english.purdue.edu/owl">http://owl.english.purdue.edu/owl</a>.

PHYSICAL OR LEARNING DISABILITIES UBC is committed to equal opportunity in education for all students (and so are we!), including those with documented physical disabilities or learning disabilities. If you have a disability that affects your learning in the classroom or your performance on tests or exams, please contact Access & Diversity in Brock Hall 1203, 1874 East Mall, Contact: 604.822.5844, www.students.ubc.ca/access.

# Psychology Department Grading Policies

To meet department policy, the typical student demonstrating adequate performance on learning appraisals will earn around 63-67% in this course.

Read on for details.

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions. According to departmental norms, the average grade in a 100- and 200-level Psychology courses are 67 for an exceptionally strong class, 65 for an average class, and 63 for a weak class, with a standard deviation of 14. The corresponding figures for 300- and 400-level classes are 70, 68, and 66, with a standard deviation of 13. **Scaling** may be used in order to comply with these norms; grades may be scaled up or down as necessary by the professor or department. Grades are not official until they appear on a student's academic record. You will receive both a percent and a letter grade for this course. At UBC, they convert according to the key below:

A+	90-100%	C+	64-67%
Α	85-89%	С	60-63%
A-	80-84%	C-	55-59%
B+	76-79%	D	50-54%
В	72-75%	F	0-49%
B-	68-71%		



# Faculty of Arts Guidelines for Grading Criteria

You are earning a degree at a highly reputable postsecondary institution. Therefore, criteria for success are high. The Faculty of Arts offers the following guidelines that broadly characterize the kind of work that is generally associated with the main grade ranges. These characteristics help to put the Psychology Department Grading Policies into context. Note that adequate performance is in the C range, which is the typical class average.

A RANGE: Exceptional Performance. Strong evidence of original thinking; good organization in written work; capacity to analyze (i.e., break ideas down) and to synthesize (i.e., bring different ideas together in a coherent way); superior grasp of subject matter with sound critical evaluations; evidence of extensive knowledge base.

**B RANGE:** *Competent Performance.* Evidence of grasp of subject matter; some evidence of critical capacity and analytic ability; reasonable understanding of relevant issues; evidence of familiarity with the literature.

**D-C RANGE:** *Adequate Performance.* Understanding of the subject matter; ability to develop solutions to simple problems in the material; acceptable but uninspired work; not seriously faulty but lacking style and vigour.

**F RANGE:** *Inadequate Performance.* Little or no evidence of understanding of the subject matter; weakness in critical and analytical skills; limited or irrelevant use of the literature.

Consider these characteristics when making choices about the quality of work you submit in all learning appraisals, in this and any other course.

#### **Ethical Conduct: Practices and Policies**

Don't Cheat. Don't Plagiarize. It's Not Worth It.

Read on For Key Definitions, Consequences, and Ways to Act Ethically

Don't try it, don't do it. The consequences are more severe than you may think: you will fail the assignment or test, you may fail the course, you may be expelled from University, and unable to attend any other post-secondary institution in the future. Think about the long-term implications of that outcome in your life.

## Psychology Department's Position on Academic Misconduct

Cheating, plagiarism, and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. In the first place, the Department has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. In addition, the Department subscribes to *TurnItIn* — a service designed to detect and deter plagiarism. All materials (term papers, lab reports, etc.) that students submit for grading will be compared to over 5 billion pages of content located on the Internet or in TurnItIn's own proprietary databases. The results of these comparisons are compiled into customized "Originality Reports" containing several, sensitive measures of plagiarism; instructors receive copies of these reports for every student in their classes.

During exams, the instructor and invigilators reserve the right to move students in their seating arrangement with no explanation provided.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript. For details on pertinent University policies and procedures, please see UBC Calendar Chapter in the (http://students.ubc.ca/calendar).

#### Why is Academic Misconduct Treated So Harshly?

Some people don't feel like cheating on a test or taking a sentence or two from someone else's paper without citing it is a big deal. Here's a bit of insight into why we care so much. In the academic community—a community of which you are

now a part—we deal in ideas. That's our currency, our way of advancing knowledge. By representing others ideas in an honest way, we are (1) respecting the rules of this academic community, and (2) showcasing how our own novel ideas are distinct from but relate to their ideas. Welcome to the academic community. You are expected to act honestly and ethically, just like the rest of us.

# Participating in the Academic Community Ethically

What can you do to ensure you are acting ethically? First, recognize that all graded work in this course, unless otherwise specified, is to be original work done independently by individuals.

Visit Student to Scholar Research and Writing Tool UBC Library and UBC Writing Centre offer an online guide to preventing unintentional plagiarism and organizing your writing. Visit http://www.library.ubc.ca/hss/instruction/sts/Whole\_page.htm

Use the Library's resources, including any of the indexes and databases listed under Indexes and Databases, Subject Resources, OneSearch or Metasearch on the Library's website at <a href="http://www.library.ubc.ca">http://www.library.ubc.ca</a>. (Not sure which index to use? Click HELP on the library homepage at www.library.ubc.ca or try Subject Resources.) When instructed to do so, you may use sources such as Google/Yahoo/MSN Search/etc. to find articles for assignments in this course, particularly Google Scholar.

Be careful and critical of what you read and choose to cite. Reference all material using APA style; if you cannot find a proper reference, question whether that source is appropriate. **Do not** copy and paste text from other sources, even in a draft, as you might unintentionally misrepresent those words as your own in a later draft (which would still qualify as plagiarism).

If you have any questions about what sources to use or how to cite them without plagiarizing, please see your Instructor or TA before handing in your assignment.

### Our Course Schedule: Term 1

This plan is subject to change. Changes will be announced in class and posted on the Vista course website.

Week	Class Dates	Topic(s)	This Week's Readings	Learning Appraisals & Announcements for this Week
1	Sept 7, 9	Welcome! Intro to Psychology, the Course, Learning Support	<b>Syllabus</b> , <b>Prologue</b> (omit history page 6-13 unless you find it helpful to know at this point)	Register your i>clicker.
2	Sept 12, 14, 16	Overview of Psychology Skills for thinking scientifically in everyday life	Prologue (as above)  Ch 1 Science & Pseudoscience	Commit to paper option.
3	Sept 19, 21, 23	Constructing and Reconstructing our Pasts	Ch 7 Memory Special reading <i>for Friday</i> by Bjork and Bjork.	Special reading for Friday available on Vista.
4	Sept 26, <mark>28</mark> , 30	Constructing, continued  Friday: Begin Investigating		<b>Test #1: Wednesday Sept 28</b> (Ch 1, 7, Prologue minus p 6-13, Bjork reading, all classes)
5	Oct 3, 5, 7	Investigating Psychology	Ch 2 Research Methods	Paper Option A due Friday October 7
6	Oct 12, 14	How does nurture change us?	Ch 6 Learning	Monday October 10: Thanksgiving (no classes)
7	Oct 17, 19, 21	How does nurture, continued		
8	Oct 24, 26, 28	Brain-Body Communication Superhighway	Ch 3 Biological Psychology	Test #2: Monday October 24 (Ch 2 & 6, classes since Test 1)
9	Oct 31, Nov 2, 4	Brain-Body, continued  How We Sense & Conceptualize the  World	Ch 4 Sensation and Perception	Paper Option B due Wednesday November 2
10	Nov 7, 9	How We Sense, continued		Friday, November 11: Remembrance Day (no classes)
11	Nov 14, 16, 18	How We Sense, continued  Getting Inside Our Talking Heads	Ch 8 Language, Thinking, and Reasoning	<b>Test #3: Wednesday November 16</b> (Ch 3 & 4, classes since Test 2)
12	Nov 21, 23, 25	Getting inside, continued Expanding the Boundaries of Psychological Inquiry	Ch 5 Consciousness	
13	Nov 28, 30, Dec 2	Expanding, continued History of Psychology Where have we been? Where are we going?	Prologue (all)	Paper Option C due Friday December 2 (last day of classes)

The final exam date will be set by the registrar. **Do not book travel during exam period: December 6 to 20, including Saturdays.**The Final Exam will feature most heavily the material covered *since* Test 3 (Chapters 8, 5, and the prologue, plus class material), but will include class and reading material from the entire Term 1 of this course (Ch 1-8, Prologue, Bjork).

#### Our Course Schedule: Term 2

This plan is subject to change. Changes will be announced in class and posted on the Vista course website.

Week	Class Dates	Topic(s)	This Week's Readings	Learning Appraisals & Announcements for this Week
1	Jan 4, 6	Welcome Back! Introduction to Term 2 topics and paper topics, feedback	Syllabus Term 2 Paper Requirements	
2	Jan 9, 11, 13	Intelligence controversy and consensus	Ch 9 Intelligence and IQ Testing	Commit to paper option.
3	Jan 16, 18, 20	How and why we change	Ch 10 Human Development	
4	Jan 23, 25, 27	How and why we change, continued What moves us	Ch 11 Emotion and Motivation	
5	Jan 30, Feb 1, 3	What moves us, continued		Test #4: Friday February 3 (Ch 9, 10, 11, all classes Term 2)
6	Feb 6, 8, 10	The Mind-Body Interconnection	Ch 12 Stress, Coping, & Health	Paper Option A due Friday February 10
7	Feb 13, 15, 17	How others affect us	Ch 13 Social Psychology	
	Feb 20, 22, 24		Reading Break	
8	Feb 27, 29, Mar 2	How others affect us, continued Who we are	Ch 14 Personality	
9	Mar 5, 7, 9	Who we are, continued		
10	Mar 12, 14, 16	When adaptation breaks down	Ch 15 Psychological Disorders	Test #5: Monday Mar 12 (Ch 12, 13, 14, classes since Test 4)
11	Mar 19, 21, 23	When adaptation, continued Helping people change		Paper Option B due Monday March 19
12	Mar 26, 28, 30	Helping people change, continued	Ch 16 Psychological and Biological Treatments	[Online Student Evaluation of Teaching]
13	Apr 2, 4	Back to the big picture of our course and the science of psychology	Prologue	Paper Option C due Wednesday April 4 (last day of our class)
The Fin	The final exam date will be set by the registrar. <b>Do not book travel during exam period: April 11 to 25, including Saturdays.</b> The Final Exam will feature most heavily the new material covered since Test 5 (Chapters 15-16 plus class material), but will include class and reading material from the entire Term 2 of this course (Chapters 9-16, Prologue, special reading).			

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<sup>\*</sup>Peer-reviewed syllabus available from the Society for the Teaching of Psychology's Office of Teaching Resources in Psychology website (http://teachpsych.org/otrp/syllabi/syllabi.php).