[Insert School District Letterhead here]

Translated Information:

[English](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Information-Sheet-2025.pdf) [عربي](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Arabic_2025.pdf) [简体中文](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Chinese-Simplified_2025.pdf) [繁体中文](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Chinese-Traditional_2025.pdf) [فارسی](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Farsi_2025.pdf) [Français](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_French-Canadian_2025.pdf)  [日本語](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Japanese_2025.pdf) [한국인](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Korean_2025.pdf) [ਪੰਜਾਬੀ](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Punjabi_2025.pdf) [Español](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Spanish-Latin-America_2025.pdf) [Tagalog](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Taglish_2025.pdf) [Tiếng Việt](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Vietnamese_2025.pdf)

Dear Kindergarten Parents/Caregivers:

We would like to remind you that our school district is partnering with the Human Early Learning Partnership (HELP), a research institute at the University of British Columbia, to do the Childhood Experiences Questionnaire (CHEQ). It focuses on experiences your child has had over the last few years that are strongly linked to children’s health and well-being, education, and social outcomes.

**The questionnaire does not assess your child’s skills or abilities, or your parenting. The CHEQ will take approximately 15 minutes of your time. Your participation is voluntary.**

**To access your child’s questionnaire, please click on the following link:**

**<insert unique link>**

Please note: Your responses are saved as you complete the questionnaire. If you are unable to finish the questionnaire in one sitting, you are able to leave the questionnaire and come back at another time. When trying to re-enter the questionnaire, you will require a new link as this link will expire. Please connect with us to gain a new link.

If you would like more detailed information about the CHEQ or if you have any questions about this project, please visit the CHEQ website: [earlylearning.ubc.ca/cheq](http://earlylearning.ubc.ca/cheq) or contact the CHEQ Project Team: [cheq@help.ubc.ca](mailto:cheq@help.ubc.ca) or 604.822.3361. If you have any questions at any time about our school district’s participation, please contact [insert school district CHEQ contact name here].

Warm regards,

[insert school district CHEQ contact signature here]