[Insert School District Letterhead here]

Translated Information:

[English](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Information-Sheet-2025.pdf) [عربي](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Arabic_2025.pdf) [简体中文](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Chinese-Simplified_2025.pdf) [繁体中文](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Chinese-Traditional_2025.pdf) [فارسی](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Farsi_2025.pdf) [Français](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_French-Canadian_2025.pdf)  [日本語](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Japanese_2025.pdf) [한국인](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Korean_2025.pdf) [ਪੰਜਾਬੀ](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Punjabi_2025.pdf) [Español](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Spanish-Latin-America_2025.pdf) [Tagalog](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Taglish_2025.pdf) [Tiếng Việt](https://blogs.ubc.ca/cheq/files/2025/03/CHEQ-Info-Sheet_Vietnamese_2025.pdf)

Dear Kindergarten Parents/Caregivers:

As you know our school district is partnering with the Human Early Learning Partnership (HELP), a research institution at the University of British Columbia, to do the Childhood Experiences Questionnaire (CHEQ). This will be the last week to complete the Childhood Experiences Questionnaire (CHEQ).

**The questionnaire does not assess your child’s skills or abilities, or your parenting. The CHEQ is simple and easy to complete and will take approximately 15 minutes of your time. Your participation is voluntary.**

**Please note, the CHEQ is available in English, ਪੰਜਾਬੀ, and**  **简体中文.**

**To access your child’s questionnaire, please click on the following link:**

**<insert unique link>**

If you would like more detailed information about the CHEQ or if you have any questions about this project, please visit the CHEQ website: [earlylearning.ubc.ca/cheq](http://earlylearning.ubc.ca/cheq) or contact the CHEQ Project Team: [cheq@help.ubc.ca](mailto:cheq@help.ubc.ca) or 604.822.3361. If you have any questions at any time about our school district’s participation, please contact [insert school district CHEQ contact name here].

Warm regards,

[insert school district CHEQ contact signature here]