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# Instant "Rock Song" Recipe

## The Satirical Version

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Prep: 30 minutes

Ready in: 4-6 hours

### **Musical Ingredients:**

1 lead singer (preferably someone who sings in tune, but is not necessary)  
1 lead guitarist (preferably electric guitar, acoustic can be used if desperate)  
1 rhythm guitar  
1 bass  
1 drummer  
32 cups of 4/4 time  
32 cups of the I V vi IV chord progression  
4 cups of unnecessary melismas on long notes  
1 catchy melody (to be repeated x3)  
1 full chorus (to be repeated x3)  
1 full set of "deep" poetic lyrics set in AABB or ABAB form  
1 cup cup of love  
1 cup of rejection  
1/2 cup of regret  
1/4 cup of depression  
1/4 ego  
1/4 pride  
3 tablespoons of delusion and grandeur  
2 tablespoons of tears  
1 tablespoon of longing  
1 MacBook Pro  
Garage Band  
Autotune

### **Attitude and Appearance: (Recommended)**

2 cups of bleach blonde hair  
1 cup of "beach ready" waves  
2 teaspoons of eyeshadow  
1 teaspoon of heavy eyeliner  
1 teaspoon of red or preppy coloured lipstick  
6 cups of questionable fashion trends  
4 cups of spray tanner  
2 cups of the "blue steel" pose  
A dollop of publicity stunts  
A sprinkle of illegal extra curricular activities and/or heavy partying  
A dash of a public relationship and/or break-up (both preferably)

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### **Directions:**

1. You need a minimum of 5 eager, desperate souls to form a rock band. Decide among you who would like which role in the group. If a decision cannot be reached, "rock, paper, scissors" for the remaining roles. Hopefully it works out.
2. On a sheet of spare paper, draft out your hit break-up song. Be sure to make a poem in the form of AABB or ABAB, set to 4/4 time with the standard I V vi IV chord progression in a 32 bar format. It is advised to write a catchy melody and chorus that will get stuck in the heads of your prospective audience.
3. Your lyrics should be divided into 3 different verses and one chorus that is repeated after each verse. We recommend writing a song about breaking-up with your lover. Everyone loves a sad story. It's the perfect way to humiliate and shame them. Be sure to depict yourself as the victim.
4. In regards to rhythm, it will be dictated by your hopefully competent drummer, rhythm guitarist and bass player. They are in charge of writing the riffs, accenting the backbeats on "2" and "4" and bringing out the rhythm from the lead guitarist.
5. The lead guitarist will accompany the singer and provide the chord changes. Once the ego has set in, feel free to improvise counter-melodies and solos without consulting the group. They'll appreciate your leadership!
6. Once you have written your full set of lyrics for 3 verses and choruses, the singer should be given time to look at it and add in unnecessary words such as "ooh," "yeah" and "baby". It's advised to sing with your eyes closed, make strange hand gestures and insert unnecessary melismas on long notes or at the end of phrases (see "Mariah Carey" or "Whitney Houston" songs for further ideas). This will set you apart from the group and make you a sensation.
7. You're now ready to put it all together! Open up a recorder on your MacBook Pro (because you're poor and can't afford a *real* recording studio). Press record and sing and play away. If a mistake is made, stop recording, promptly blame one another for the mistakes. Never own up to your faults! This is the easiest way to solve problems, deflect blame and save face (obviously). If this doesn't work for you, feel free to bad talk the individuals after rehearsal if you prefer to avoid confrontation. A little inside drama never hurt anyone and is part of a healthy group dynamic.
8. Elect one member to edit the recording. Just be aware this is a long process. Save yourself some trouble and Autotune everything because, quite frankly, your group sucks. You may also like to run the recording through Garage Band to add in some cool auxiliary percussion such as a cowbell, tambourine, triangle etc. Make it as tacky as possible! Your song will probably sell better and the percussion will distract the listener away from the terrible singing and lack of inspiration.
9. Put that sucker on a C.D. and send it to a record label. Now you hope and pray they listen to it for longer than 5 seconds and don't laugh in your face.

### **Appearance: (Recommended)**

It is important to note that even if your group doesn't possess a shred of talent, your looks can still sell records and influence corporate decisions. We have short-listed a few key ingredients above to get you started. When in doubt, consult Cosmo magazine.



