Formal Report: Improving Mental Health and Wellness of Graduate Students at the BC Cancer Research Center

Date: November 16, 2019

**Questions for Geetha Venkateswaran** (Wellness Coordinator of GrasPods at the BC Cancer Research Center)

1. What are your tasks and responsibilities as Wellness Coordinator?
2. What are current GrasPods projects or programs, which focused on students` mental health and wellness?
3. What are the main mental wellness challenges of graduate students at BC CRC?
4. What are the available resources for graduate students` wellbeing support at BC CRC?
5. What are the possible ways of improving students` mental wellbeing?

**Questions for Levonne Abshire** (Health Promotion Strategist at the Department of Health Promotion and Education of the University of British Columbia)

1. What are your responsibilities as Health Promotion Strategist?
2. What are available on- and off-campus resources for graduate students` mental well-being?
3. What are the main impactful components of graduate students` mental wellness?
4. What are the main mental health challenges of graduate students?
5. What are the possible ways to improve mental wellness of graduate students?
6. Do you provide comprehensive training of graduate specific issues for faculty staff?