**Improving Accessibility at the American Club Fitness Center in Taipei, Taiwan**

Interview Questions

These are preliminary questions for semi-structured interviews with individuals with disabilities. The interview would take on a phenomenological approach—it is meant to be steered by participants and more conversational in nature. These questions are written as a guide. Prior to the interview, participants would be briefed regarding the aim of the research and provided with the details for the intended audience of the research. Their consent will be requested, and their confidentiality assured.

1. How important do you think exercise is for your physical and mental well-being?
   1. Describe your experiences exercising at ACC or outside of ACC.
   2. Have you encountered any barriers in fitness spaces?
2. How often do you go to the gym at ACC?
   1. If they frequent the gym: How would you describe your experience at the gym?
   2. If they don’t: Are there barriers you have encountered that prevents you from going to the gym?
3. Are there any changes you would make to the fitness space to make it easier for you to work out at the gym?
   1. What is your ideal location for the gym?
   2. Are there changes you would make to the design of the gym or equipment?
   3. What kind of equipment would you like to see at a gym that is not already there?
4. Do you participate in group fitness classes or individual fitness classes? Why or why not?
5. Are there any changes you would make to the fitness classes that would make you join more often?
6. Describe your experience with other members at ACC.
   1. Are there any experiences where they are particularly welcoming or particularly exclusive?
7. Describe your experiences with fitness trainers at ACC.
   1. Based on your experiences, how well-informed are they about your fitness and health needs?
   2. Are there any changes you would want fitness trainers to make in their style of training?