**Improving Accessibility at the American Club Fitness Center in Taipei, Taiwan**

Member Survey

I am an undergraduate student at UBC doing a research project for a technical writing course. The aim of this survey is to gather primary data to investigate and improve upon the accessibility at the American club fitness center. The final report will be addressed to the club’s fitness and recreation director, Christopher Spencer, the governor of the sports committee, Liran Golan, the club’s members and fitness instructors. This survey is pivotal in my research for reaching well-informed and practical recommendations for the fitness facilities. This survey contains 7 questions that will take no longer than 5 minutes. All responses are voluntary and confidential. Thank you for participating in my survey.

1. I have seen members with disability in the gym: *(Circle one)*

**1)** *Never* **2)** *1 – 5 times* **3)** *5 – 10 times* **4)** *11 – 15 times* **5)** *15+ times*

1. How well does the **fitness space** adapt to members with disabilities? *(Rate from 1-5)*

**1)** Not well **2) 3) 4)** **5)** Very well

1. If you rated less than 5 in the previous question, what **physical barriers** do you think the fitness space may have for ACC members with disability?
2. How inclusive are **fitness trainers** to individuals with disabilities in their group classes? *(Rate from 1-5)*

**1)** Not inclusive **2) 3) 4)** **5)** Very inclusive

1. How inclusive are ACC **members** to individuals with disabilities? *(Rate from 1-5)*

**1)** Not inclusive **2) 3) 4)** **5)** Very inclusive

1. If you rated less than 5 in the previous question, what **social barriers** do you think the fitness space may have for ACC members with disability?
2. How important is exercise for individuals with disabilities? *(Rate from 1-5)*

**1)** Not important **2) 3) 4)** **5)** Very important

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Fitness Trainer Survey

I am an undergraduate student at UBC doing a research project for a technical writing course. The aim of this survey is to gather primary data to investigate and improve upon the accessibility at the American club fitness center. The final report will be addressed to the club’s fitness and recreation director, Christopher Spencer, the governor of the sports committee, Liran Golan, the club’s members and fitness instructors. This survey is pivotal in my research for reaching well-informed and practical recommendations for the fitness facilities. This survey contains 7 questions that will take no longer than 5 minutes. All responses are voluntary and confidential. Thank you for participating in my survey.

1. About how many individuals with disabilities regularly attend your group classes?

**1)** *None* **2)** *1 – 5* **3)** *5 – 10* **4)** *11 – 15* **5)** *15+*

1. How inclusive do you think other members are towards individuals with disabilities at the gym?

**1)** Not inclusive **2) 3) 4)** **5)** Very inclusive

1. I have group classes specifically for members with disabilities. *(Circle One)*

**Yes No**

1. How easily can the exercises in your group classes be performed by people with disabilities? *(Rate from 1-5)*

**1)** Too difficult **2) 3) 4)** **5)** Very easily

1. How adaptable are your group classes for individuals with disabilities? *(Rate from 1-5)*

**1)** Not adaptable **2) 3) 4)** **5)** Easily adaptable

1. Individuals with disabilities can easily use the equipment provided by the gym: *(Rate from 1-5)*

**1)** Not easily **2) 3) 4)** **5)** Very easily

1. If you answered less than 5 for questions 4-6, what **barriers** do you think the gym or fitness classes may have for individuals with disabilities?