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Student Research Volunteer

University of British Columbia

Job Type

Volunteer

Job Description

We are seeking volunteers to work with our research team on a study, "Implementing a virtual care platform to improve mental health for type 1 diabetes in rural and remote regions of Interior British Columbia (BC)." The volunteer will help contact research participants and Peer Supporters to assess utilization patterns and satisfaction with REACHOUT, a Mobile App that delivers mental health support to adults with type 1 diabetes. The volunteer will also be expected to attend research meeting via Zoom two times a month.

Qualifications

- Undergraduate degree in a relevant discipline (e.g., psychology, pre-medical education, public health preferred).
- Strong interpersonal skills with people of all ages and backgrounds.
- Strong oral and written communication skills in English.
- Organized and detail-oriented:
 - o The volunteer will need to perform some duties after work hours (after 5PM). These after work hour duties may include making phone calls to Peer Supporters participants who can only be reached in the evening.

Student Learning Components (UBC Vancouver Work Study/Work Learn program)

The student will learn how to use the RedCAP database and strategies for monitoring treatment fidelity for a mental health intervention.

Hours Per Week

5

Job Location

Vancouver, British Columbia Canada

Job Nature

Virtual (Online)

Website

<http://www.vch.ca/>

Preferred Degrees/Disciplines

Computer Science/IT, Health Sciences, Arts/Social Sciences

Additional Documents (**preferred**)

Cover Letter, Unofficial Transcript

Experience Level

Current Students in an Undergraduate Program

ID

894608

Salary Type

Volunteer

Organization Type

UBC Faculty, Department, Unit or Student Group

475 Elgin Street
Ottawa, ON K2P 2E6

December 3, 2021

University of British Columbia
2329 West Mall
Vancouver, BC V6T 1Z4

Dear UBC recruitment team,

Please consider this letter as my application for a volunteer research position within the University of British Columbia. I came across an advertisement for the position while searching for volunteer opportunities on the UBC jobs board. I am organized, detail oriented, and have excellent intra- and inter-personal skills in both French and English.

As a dental hygienist, I work with medically compromised patients frequently. I am a lifelong learner; I am currently enrolled in a degree completion program to further my education in the field of dental hygiene. My future plans include working in medical research as well as teaching the next generation of dental hygienists. I would be an excellent fit for this volunteer position. Not only am I passionate about all things oral and overall health, but I am also an advocate for mental health and understand how diet can affect the rest of our body. Last year, I completed a research report on the causal effects of diabetes and social isolation.

Volunteering is an important aspect of my professional life as I regularly provide free oral hygiene services to the homeless community of Ottawa through the Ottawa Mission. I have also participated in other events providing free necessary oral care to my community. I am grateful to have the chance to give back in this way and am endlessly moved by the stories of the patients I see.

Thank you for your time and consideration. If you have any questions, please reach out to me at kargarn@student.ubc.ca.

KGarneau RDH

OBJECTIVE

A passionate and enthusiastic registered dental hygienist searching for volunteer work while completing her degree in dental hygiene.

SUMMARY OF SKILLS

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- ✓ Regarded for dedication to tasks, communication skills, and attention to detail. Goes above and beyond traditional care by providing client-specific oral health care treatment
 - ✓ Knowledgeable on CEREC milled restorations, Invisalign, SureSmile, and traditional orthodontic treatment
 - ✓ Utilizes experience and background knowledge in the recommendations of individualized oral health care aids and products, as well as restorative options
 - ✓ Volunteered in Free Dental Day 2019, AC Day 1 orientations 2018/2019, & Heart of the Matter 2017/2018
 - ✓ Volunteers bimonthly at the Ottawa Mission providing free oral care to Ottawa’s homeless community

EDUCATION

Dental Hygiene Degree Completion (BDSc)	2023
University of British Columbia, Vancouver, BC	
Dental Hygiene Advanced Diploma	2017
Algonquin College, Ottawa, ON	GPA: 3.6/4.0

RELEVANT EXPERIENCE

Registered Dental Hygienist	2018 – present
Dr. Jill M Taylor Dentistry, Ottawa, ON	
Registered Dental Hygienist	2017 – 2019
Dr. Derham Family Dentistry, Ottawa, ON	

PROFESSIONAL MEMBERSHIPS

Registered Dental Hygienist	2017 – present
College of Dental Hygienists of Ontario (CDHO)	
Member; Former Student Representative	2014 – present
Canadian Dental Hygienists Association (CDHA)	
<ul style="list-style-type: none">• Acting as liaison between Algonquin College’s dental hygiene students and the CDHA	

CERTIFICATIONS AND TRAINING

First Aid and CPR – BLS Certification	2021
Heart & Stoke Foundation	
Student Leadership Certification	2012 – 2014
<i>Réseau des Élèves du Conseil des écoles catholiques du Centre-Est (CECCE)</i>	
<ul style="list-style-type: none">• Acting as liaison between Jeanne-Lajoie students and the CECCE school board	

References available upon request

Reference Request Letter #1

475 Elgin Street
Ottawa, ON K2P 2E6

December 3, 2021

Dr. Jill Taylor DMD
The Tooth Gallery
479 Bank Street
Ottawa, ON K2P 1Z2

Dear Dr. Taylor,

I am reaching out to ask that you would provide me with a professional reference for a new opportunity I am seeking. As you know, I am passionate about the connection between oral health and overall health. I plan on conducting relevant health research over the span of my career and believe that this volunteer opportunity is a perfect introductory step for me. I am enthusiastic about what I have to offer the UBC research team.

I consider myself a lifelong learner and look forward to conducting research that may improve the lives of my clients and loved ones. I have learned so much from you over the past 4 years and would appreciate your honest feedback of my work ethic and related skills.

Thank you so much for your time and consideration. If you have any questions, please feel free to contact me at kargarn@student.ubc.ca or (819) 576-7782.

KGarneau RDH

Karissa Garneau RDH

Reference Request Letter #2

475 Elgin Street
Ottawa, ON K2P 2E6

December 3, 2021

Alain Easteal
Government of Canada
1 Wellington Street West
Ottawa, ON K1A 0A6

Dear Mr. Easteal,

I am reaching out to ask that you would provide me with a professional reference for a new opportunity I am seeking. As you may know, I am passionate about oral health and the connection it has to overall health. This volunteer position would allow me to conduct vital research on casual effects of type 1 diabetes and mental health. I believe my organization skills will be useful in reaching out to participants of the study and gathering various streams of data.

I was honoured to work alongside you in organizing and launching Free Dental Day 2019. I have no doubt that we would have implemented similar events in 2020 and 2021 had the COVID-19 Pandemic not put a hold on many future plans. I am enthusiastic about volunteering my time, especially in these unprecedented times.

Thank you so much for your time and consideration. If you have any questions, please feel free to contact me at kargarn@student.ubc.ca or (819) 576-7782.

KGarneau RDH

Karissa Garneau RDH

Reference Request Letter #3

475 Elgin Street
Ottawa, ON K2P 2E6

December 3, 2021

Shannon Lewis RDH
The Ottawa Mission
35 Waller Street
Ottawa, ON K1N 7G4

Dear Shannon,

I am reaching out to ask that you would provide me with a professional reference for a new opportunity I am seeking. The volunteer position I am applying for would allow me to conduct vital research on casual effects of type 1 diabetes and mental health. I believe my organization skills will be useful in reaching out to participants of the study and in gathering various streams of data. I believe my awareness of the vastness of barriers to oral health care access causes me to stand out above other applicants.

As my peer, you have seen my passion for oral health in action. You may also be aware that I am very passionate about the connection oral health has to overall health. I know I have experienced the most important client cases with you at the Mission. I always feel enriched after a shift with you and continually appreciate the opportunity to give back to my community. I ask that you write this letter in regard to our professional relationship over the last 4 years.

Thank you so much for your time and consideration. If you have any questions, please feel free to contact me at kargarn@student.ubc.ca or (819) 576-7782.

KGarneau RDH

Karissa Garneau RDH

Works Cited

University of British Columbia. “Student Research Volunteer”. UBC Job Board. [.ubc-csm.symphlicity.com/students/app/jobs/detail/f8e5b4093032b744d1a6aa2ba5c644b5](https://csm.symphlicity.com/students/app/jobs/detail/f8e5b4093032b744d1a6aa2ba5c644b5). Accessed 02 December 2021.