

6335 Thunderbird Blvd,
Vancouver, BC, V6T 2G9
April 10th, 2019

Seniors' Advisory Committee
City Hall, 3rd Floor
453 West 12th Ave
Vancouver, BC, V5Y 1V4

Subject: Letter of Transmittal

Dear Seniors' Advisory Committee Members,

Below I have enclosed my report titled, Identification of Factors Affecting the Community Engagement and Social Connectedness of Seniors Residing in Metro Vancouver. In completing this report, I have gathered data from both primary and secondary sources to identify critical factors impacting seniors' involvement in community based social programming.

This investigation was conducted to address the urgent need for prevention-based approaches, that proactively address the social and wellness needs of seniors residing in Metro Vancouver. As a strong believer of your governing mandate of enhancing the access and inclusion of seniors in communities, I've provided a list of recommendations with a similar aim. Ultimately, these recommendations were developed in response to the rising prevalence of social isolation among seniors. They are formulated based on the findings of this report and are intended for your review and hopefully implementation.

We share the driving motivation of enhancing the quality of life of seniors residing in Vancouver, with this common ground—I hope that you can take the findings of this report into consideration and transform the recommendations into action.

Thank you, for the time and effort you've dedicated to improving the well-being of seniors in Vancouver, your dedication to advocacy is truly admirable. Please let me know if you have any questions or concerns regarding my work. I can be directly reached through email at beenish.ft@alumni.ubc.ca or phone at 778-939-8477.

Sincerely,



Beenish Fatima

Encl. Identification of Factors Affecting the Community Engagement and Social Connectedness of Seniors Residing in Metro Vancouver