

1155 Pacific Street  
Vancouver, BC, V6E 3X8

March 29<sup>h</sup> 2022

Mary Cross  
Registered Dietitian  
Lynn Valley Care Centre  
Vancouver, BC, V7J 1Z8

Dear Ms. Cross,

I am contacting you today in regards to my interest in having you as a reference for my application to the UBC course LFS 303. I believe that my position as a Dietitian's Assistant has been highly valuable towards my understanding of the role of a Dietitian in promoting the nutritional health and overall quality of life in clients of Long Term Care. As such, I wish for my application to reflect this educational experience, and my interest in working towards solutions to food security and related areas as a Dietitian in the future.

If you would be so kind as to act as my reference, I believe that you would be able to portray the manner by which my role as a Dietitian's Assistant has impacted my goals within and beyond my Food, Nutrition, and Health degree at UBC.

I have attached the details that you require as my reference, so that you have a better idea of what exactly this role entails. When the time comes, I will also provide you with a copy of my application to help you better understand my prior experiences and interests within this program.

Please let me know at your earliest convenience if you are interested in acting as my reference for the UBC course LFS 303.

Thank you in advance for considering this role.

Best regards,  
Dylan Flach