

# RIDA IRSHAD

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## **OBJECTIVE**

Experience Registered Dental Hygienist seeking a full-time position to apply knowledge of preventive dentistry and to expand knowledge personally and professionally in the dental hygiene field.

## **WORK EXPERIENCE**

### **MAK Dental Clinic**

*Dec 2018 – Present*

- Provide dental hygiene services to over 6+ patients daily, meeting the clinic's high standards of patient care.
- Use of Dental Hygiene Laser Therapy as required for patient's benefit.
- Training new hire RDHs and RDAs for morning meeting preparations, sterilization procedures, time management and flow of the office.

### **Southbrook Dental Group**

*Feb 2016 - Nov 2018*

- Periodontal Debridement with the use of hand and ultrasonic instruments.
- Proficient in the use of Dentrrix dental software.
- Use of digital sensors and Dexis imaging for diagnostic radiographs.
- Use of Local Anesthetic as needed for patient comfort.
- Placement of sealants.
- Routine dental probing and educating patients on dental hygiene to optimize their health.
- Dental assessment, treatment planning and scheduling follow-up appointments.

### **Heritage Oak Dental Clinic & Burnham Prosthodontics**

*Feb 2016 – Dec 2016*

- Care for each patient with personal attention during assessment, treatment planning and dental hygiene treatment.
- Educated patients on how to properly care for their dental prostheses.
- Alginate impressions and fabrication of study models and whitening trays.

### **First Choice Temp Contractors Inc**

*Feb 2016*

- Adapting to different dental offices providing hygiene therapy.

## **EDUCATION**

### **University of British Columbia**

*Oct 2020 - Present*

- Bachelor of Dental Science with Specialty in Dental Hygiene (BDS (DH))

### **Perio Laser Institute**

*Nov 2019*

- Diode Laser Certification

### **University of Alberta**

*March 2017*

- Local Anesthesia

### **Toronto College of Dental Hygiene and Auxiliaries**

*May 2014 - Nov 2015*

- Dental Hygiene Diploma

## **PERSONAL ATTRIBUTES**

- Quickly able to adapt to a new environment.
- Well organized, highly motivated, and able to work independently and in a team environment.
- Excellent verbal and written communication skills.

## **REFERNCES**

- Carol Johnson, RDH  
MAK Dental Clinic  
Cell: 780-224-7890
- Linda Chau, RDH  
MAK Dental Clinic  
Cell: 587-987-3456
- Dr. Jason Ha, DDS  
MAK Dental Clinic  
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