**Human Development and Learning**

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Human learning and development is diverse, individualized, and complicated. It is a bumpy and windy road with many exits and entrances. Whether the vehicle and the amount of fuel are the same, the route each vehicle takes can differ. As educators, we should create engaging, interactive, and hands-on classroom activities and become facilitators who learn alongside the learners. Inclusion of students and equality in schools are important, especially when living in such a diverse country where many students are influenced by their own culture, beliefs, and diversity.

Creating social contexts of learning in a student’s classroom, home, and life, enhances development. The contexts in which learning takes place is crucial in promoting collaboration, discussion, and social interactions, which further create meaningful learning and skill development. Education is a huge factor in the learning and development of humans, as students spend most of their day in school and continue to acquire and learn beyond the classroom walls. I believe that embedding learning in the social and physical environment enhances collaboration, social learning, and appropriate communication and behaviour.

My deeper understanding of SEL focuses my attention on creating respectful relations, managing own emotions, responsible decision making and positive self-awareness. Self-regulated learning promotes students’ success in having control of their own emotions and decisions as well as building autonomy, understanding, and being an active learner. I believe autonomy supported classrooms aid in developing these skills and teaching individuals to self-regulate at an early age in order to be successful.

Human development is influenced by various factors which can take place in the classroom, home, and beyond. I understand that the complexity and issues related to HDLT are complex and deep. So, I continue to consider positive ways of building students’ learning, improving my qualitative teaching skills and planning effective and meaningful activities.