

**SLC**



STUDENT LEADERSHIP CONFERENCE



**UBC STUDENT  
LEADERSHIP  
CONFERENCE**

**09**

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## Welcome Message From the Co-Chairs

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Dear Delegate:

Please accept our most sincere thanks for all that you do, and will continue to do, as a leader at the University of British Columbia (UBC). Whether you are an emerging or currently involved leader, graduating student or alumnus, your involvement in our shared campus community enriches the experience of all those who have made, do make, or will make, the trek to UBC.

This year, the Student Leadership Conference (SLC) is focused on celebrating the collective contributions to this leadership community. We know that the more we can develop and enhance the skills and connections between you and your partners-in-leadership, the better our University will be.

The 2009 SLC Planning Committee also recognizes that the strength of the leadership community lies not in the part, person or *piece*; we gain strength when these people—these *pieces*—come together in pairs, partnerships or *puzzles* that are larger than themselves.

*Synergy*—the theme of the SLC this year—is precisely the act of bringing UBC’s leaders together to share skills, knowledge and experience that will better all our leadership community’s initiatives.

*Synergy* is the idea that the whole is greater than the sum of its parts—and today we challenge you to find where your *piece* fits in the community’s *puzzle*. Purposefully make new partnerships, and share your experience and knowledge freely, so that we may all benefit from your contributions to our campus.

On behalf of the entire Planning Committee for the SLC 2009, thank you for being an integral *piece* of the campus community’s *Synergy*.

Sincerely,

A handwritten signature in black ink that reads "A Sanderson".

Aaron Sanderson  
Co-Chair

A handwritten signature in black ink that reads "Felicia Lam".

Felicia Lam  
Co-Chair

## *About the Student Leadership Conference*

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The UBC Student Leadership Conference is a student-driven and university supported initiative that provides delegates with a focused, one-day opportunity to develop their skills, establish a solid network of peers and mentors, and discover their leadership potential.

The SLC is the largest leadership event at UBC, and the only leadership conference of its kind in Canada, attracting outstanding students who are leaders both inside and outside the classroom. Since its inception in 2003, the SLC has engaged student leaders from all faculties and years of study. Because of the continued support of students, faculty, and staff, the 2009 conference will draw an estimated 1200 students.

By showcasing meaningful opportunities and connections, the SLC aims to inspire students to act locally for positive global change. Through new project-based workshops, delegates with innovative ideas will have opportunities to meet, share, and discuss how to take substantive action.

*Conference Theme: Synergy! Every piece counts... Including yours.*

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Each year, the SLC Planning Committee has the responsibility to develop a conference theme which embodies leadership. This year's theme is SYNERGY!

Synergy is the idea that every leader is a puzzle piece. In order to achieve their leadership potential, delegates must discover themselves as individual leader 'pieces', and how they fit into the community 'puzzle'. The SLC was founded to help provide current and emerging leaders with the tools necessary to discover their 'piece'.

The SLC will assist emerging student leaders to discover their leadership 'piece' and how it contributes to the whole community 'puzzle'. By networking with experienced leaders, listening to accomplished speakers, and attending the opportunities and involvement fair, students who are new to UBC's leadership community can discover the 'piece' they want to offer.

On the other hand, established student leaders, who are already familiar with their 'piece', will have an opportunity at the SLC to identify how they fit into the 'puzzle'. Opportunities for established leaders include presenting and attending workshops on advanced topics such as team building, project management, and professional development.

Every year, the SLC Executive Planning Committee strives to grow and improve the conference. This year's new initiative will be providing delegates from all walks of leadership with the opportunity to mobilize their collective talent and passion on student-led community projects. On January 10th 2009, more than 1200 students will discover their potential as individual and community leaders.

Let the SLC open your eyes to the mosaic UBC's student leaders can create by bringing their pieces together in SYNERGY!"



## *The SLC'09 Mission*

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The 2009 Student Leadership Conference Executive Planning Committee will facilitate a collaborative and inclusive educational environment, which will inspire the campus community, provide valuable peer-to-peer learning experiences, and engage students as they share and develop their leadership skills effectively. The SLC will provide delegates the means to expand their individual leadership potential as well as avenues to apply those skills, on individual and group levels, within the global community while embodying social, economical, and environmentally sustainable practices.

## *The SLC'09 Vision*

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Developing and enhancing the leadership community at the University of British Columbia.

## *The SLC'09 Planning Committee*

---

**Co Chairs:** Aaron Sanderson and Felicia Lam

### **Communications**

Director: Paola Blendl

Graphic Design Coordinator: Seth Tee

Promotions Coordinator: Maria Chugunova

### **Concurrent Programs**

Director: Jay Chan

1<sup>st</sup> Year Engagement Coordinator: Emily Atkinson

Graduating Students Coordinator: Laura Walters

Concurrent Sessions Coordinator: Tom Liu

Feature Presenters Coordinator: Howard Yan

### **IT Systems**

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Coordinators: Tracy Weng and Malinee Narang

### **Logistics**

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Registration Coordinator: Parveen Chatha

Venues Coordinator: Ellen Gozali

### **Plenary Programs**

Director: Shruti Sebastian

NK Award & Reception Coordinator: Rob Higgins

Lunchtime Coordinator: Malcom Tan

### **Sponsorship and Finance**

Director: Catherine Metrycki

Coordinator: Chattan Manchandra

### **UBC Student Development**

Advisors: Shannon Sterling and Bonita Perko

Assistant: Ashley Reiter

### **UBC Alumni Affairs**

Advisor: Matt Corker

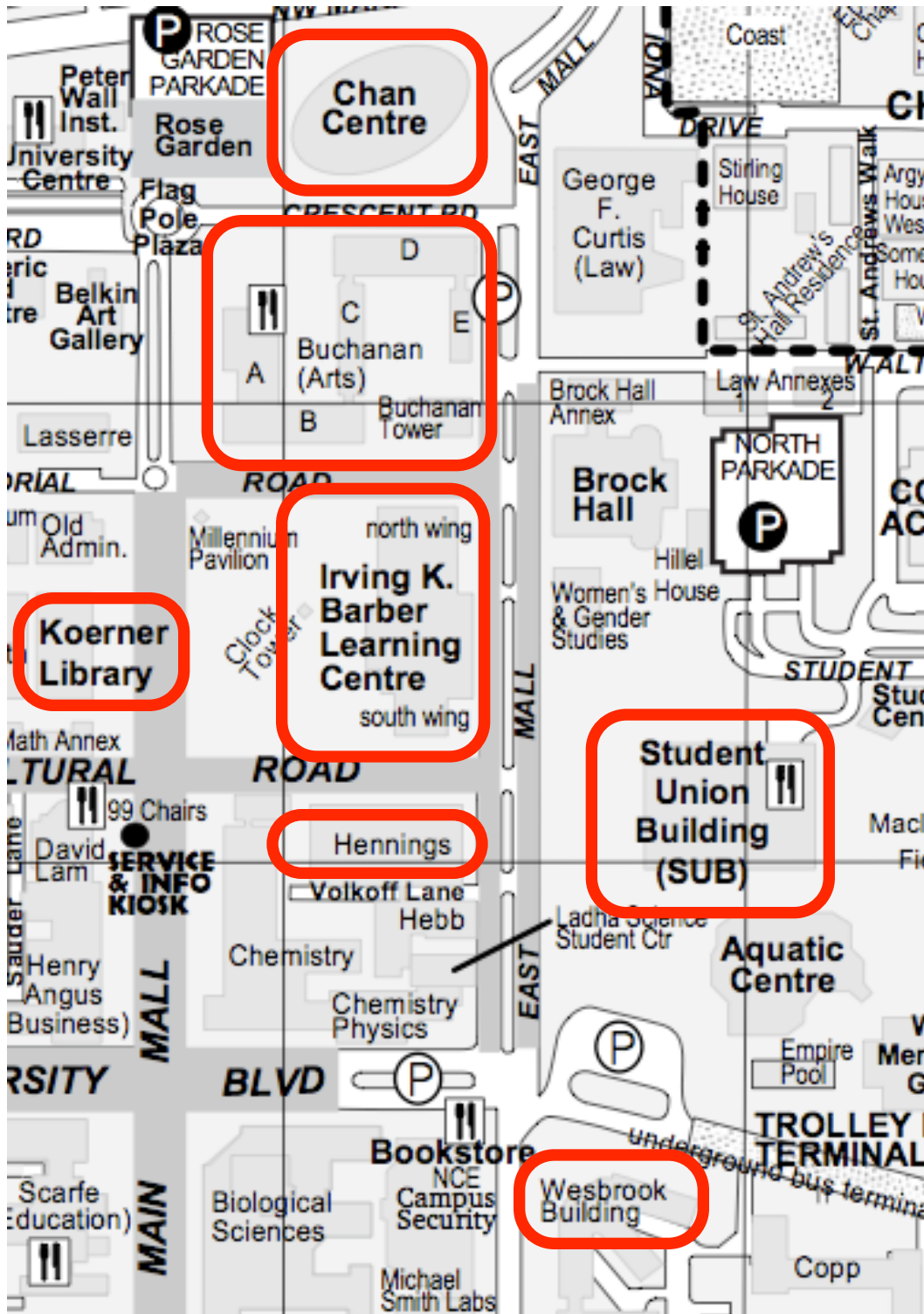
### **Residence Life for UBC Housing & Conferences**

Advisor: Kate Ferguson

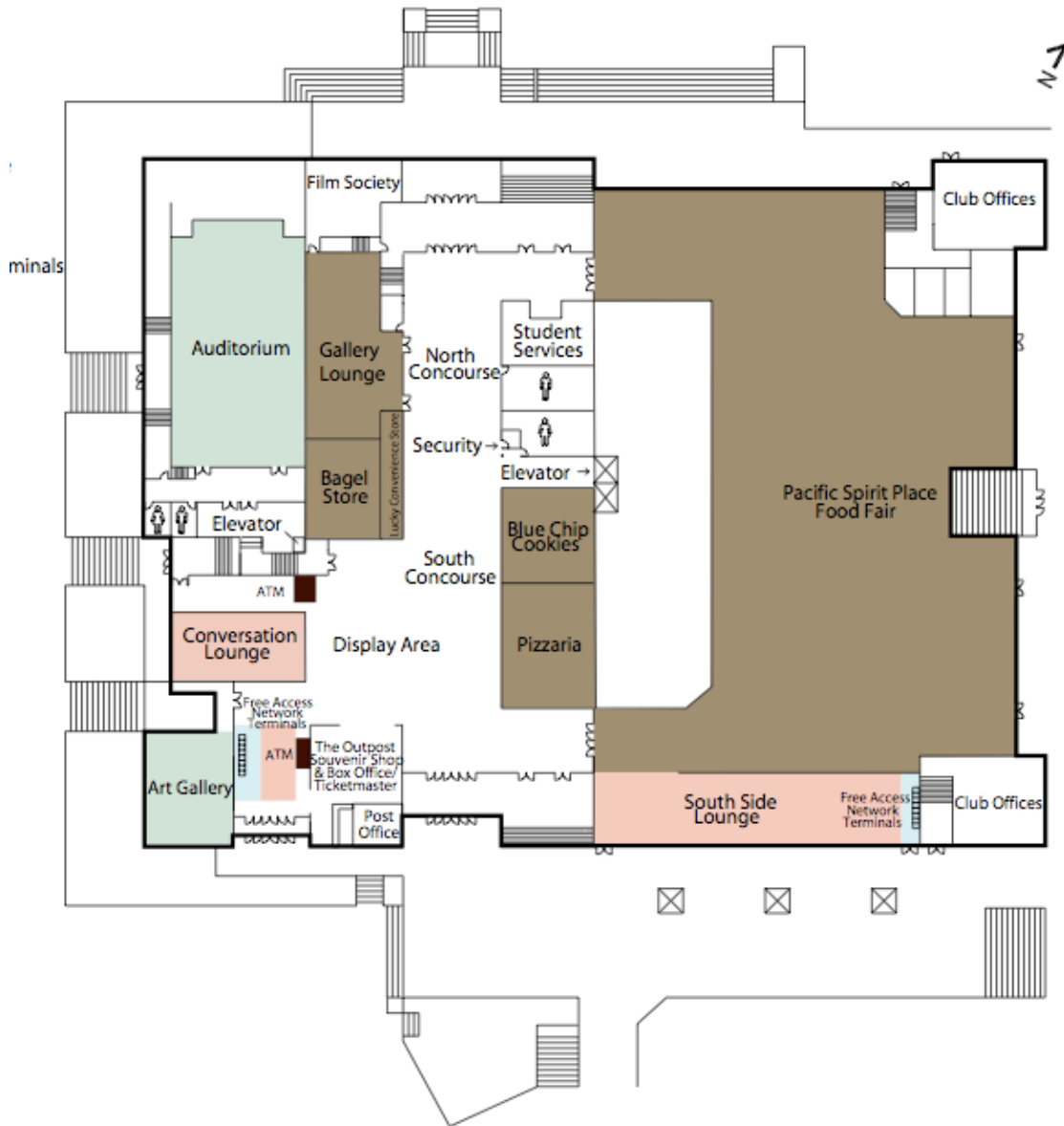


## Program and Event Maps

### Campus overview



## Student Union Building (SUB)- Main Floor



## Student Union Building (SUB)- Upper Floor





## Thank You to Our Sponsors

The SLC is brought to you by generous support of our sponsors.

### Diamond Sponsor



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### Bronze Sponsors



### University Partners Sponsors



## *Conference Schedule*

Time	Event	Location
8:30 – 9:10 A.M.	Registration Begins (Please come early to avoid long lineups)	Chan Centre Foyer
9:10 – 9:20 A.M.	Opening Presentation by UBC Improv Team	Chan Centre
9:20 – 9:25 A.M.	Welcome Address by Co-Chairs – Felicia Lam & Aaron Sanderson	Chan Centre
9:25 – 9:30 A.M.	Morning Remarks by Professor Stephen Toope	Chan Centre
9:30 – 10:00 A.M.	Student, Faculty & President Conversation	Chan Centre
10:00 – 10:05 A.M.	Program Announcements	Chan Centre
10:05 – 10:15 A.M.	Travel to Workshops	
10:15 – 11: 05 A.M.	1 <sup>st</sup> Featured Presenter Session	See page 14
11:05 - 11:15 A.M.	Travel to Workshops	
11:15 - 12:05 P.M.	1 <sup>st</sup> Concurrent Program Session	See pages 22
12:05 - 1:25 P.M.	Lunch / Leadership Opportunities Fair/ Film / Panel Discussions	SUB
1:25 - 2:15 P.M.	2 <sup>nd</sup> Featured Presenter Session	See page 14
2:15 - 2:25 P.M.	Travel to Workshops	
2:25 - 3:15 P.M.	2 <sup>nd</sup> Concurrent Program Session	See page 35
3:15 - 3:25 P.M.	Travel to Chan Centre	
3:25 - 3:45 P.M.	Dr. Nestor Korchinsky Award Presentation	Chan Centre
3:45 - 4:45 P.M.	Closing Keynote: Dr. Roberta Bondar	Chan Centre
4:45 - 5:00 P.M.	Closing Remarks	Chan Centre



## *Programming Overview and Planning Notes*

The SLC Planning Committee is pleased to present the following 13 Featured presenters and 56 concurrent program sessions on a variety of leadership topics.

Featured presenter session themes include:

- Arts and Culture
- Business Relations and Management
- Education
- Global Citizenship
- Government & Law
- Health and Community Development
- Sports and Recreation
- Sustainability

Concurrent program session themes include:

- Awareness
- Career-focused Leadership
- Communication Skills and Networking
- Know Thyself
- Project Management
- Team Building

Our goal was to provide a collection of programs which would allow for "streamed" learning opportunities that cater to one, or a combination of, the following audiences:

**Emerging Leaders** — First year student leaders or those who are new to exploring their leadership opportunities at UBC.

**Current Leaders** — Student leaders who are already involved in one or more leadership groups on campus and/or have previous leadership experience.

**Graduating Leaders** — Student leaders who are in their last year of studies at UBC, or who are looking ahead to leadership after graduation. Frequently, these workshops are on themes related to the transition from student to alumnus.

Below each program description, you will find an indication of whom the program is targeted towards, whether emerging, current or graduating leaders.

### **Sessions**

The programs will take place over four different sessions. You should have already selected which featured presenter and concurrent program sessions you wish to attend when you registered online. If you missed the online selection then you are welcome to attend whichever sessions are not full. Once the maximum capacity in a room is reached, the doors will be closed. If you arrive at a program that is full, please proceed to your second choice, you will find similarly themed workshops located close to each other for your convenience. We hope you enjoy your programs!

## *The SLC'09 Keynote Speaker: Dr. Roberta Bondar*

Each year, the SLC welcomes a keynote speaker to close the conference with an inspirational, challenging and informative address. This year's keynote is Dr. Roberta Bondar.

As the world's first neurologist in space, Dr. Roberta Bondar is globally recognized for her pioneering contribution in space medicine research. Aboard the Discovery mission STS-42 in 1992, she conducted experiments in the shuttle's first international microgravity laboratory.

For more than a decade, Dr. Bondar headed an international research team at NASA, continuing to find new connections between astronauts recovering from the microgravity of space and neurological illnesses here on Earth, such as stroke and Parkinson's disease. Her techniques have been used in clinical studies at the BI Deaconess Medical Center, a teaching hospital of Harvard Medical School and at the University of New Mexico.

A true renaissance woman, Dr. Bondar is an acclaimed photographer of the natural wonders of our planet. She is the author of four best-selling photo essay books featuring her stunning photography of the Earth. Roberta's photographs of the deserts in the American Southwest and the Canadian Arctic became a well received exhibition entitled *The Deserts of North America*.

Furthermore, the United Nations Educational, Scientific, and Cultural Organization (UNESCO) has announced 2008 through 2010 as the International Year of the Planet and Dr. Roberta Bondar has been named the Honorary Patron for Canada.

As a space scientist and neurologist, Dr. Roberta Bondar is a sought-after speaker who makes exciting connections between how our brains adapt in space and how we can adapt to constantly-changing business environments here on Earth. With innovative ideas about how to navigate in uncharted territory, she offers her abilities as a leader and visionary to corporations and organizations throughout North America. Dr. Bondar demonstrates the adaptive thinking necessary for changing perspectives in our contemporary world.

In 2007 the Ontario Government appointed Dr. Bondar as chair of the Working Group on Environmental Education, to strengthen environmental education in the curriculum of elementary and secondary schools. The Committee presented the report, and all 32 of their recommendations are being implemented in 2008.



Dr. Bondar has been recognized with the NASA Space Medal, inducted into the Canadian Medical Hall of Fame, and into the International Women's Forum Hall of Fame for her pioneering research in space medicine. In addition, she has received 24 honorary doctorates from Canadian and American universities. In 2003, TIME magazine named her among North America's best explorers.

Roberta Bondar's photographic essay books include: Touching the Earth about her astronaut experiences, Passionate Vision ~ Discovering Canada's National Parks and Canada ~ Landscapes of Dreams. Recently published is a catalogue of her desert photography entitled, The Arid Edge of Earth. Currently, Dr. Bondar is in her second term as Chancellor of Trent University in Peterborough, Ontario and she continues photographing the extremes of our planet.

Thank you to Kiewit for helping us present the SLC'09.



## What Will You Build Today?



At Kiewit, we want our employees to succeed, and we're committed to providing the tools and training needed to achieve that success. Training and development starts the first day on the job and continues throughout our employees' careers. If you're ready to tackle challenges, develop your abilities and enjoy the results of your work, join the Kiewit team. You'll see, learn and achieve more than you thought possible.

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## *Featured Presenters Overview*

The Student Leadership Conference is excited to showcase 13 remarkable leaders from the local and international community. You are certain to relate to one of our Feature Presenters, whatever your passion. You will attend two Feature Presenter sessions, one in the morning and another in the afternoon. Come hear the inspiring stories of the Feature Presenters, and listen to their motivating experiences. Find out even more by asking your questions to the presenters. Learn why they believe that each leader is a critical piece of the greater community puzzle, and how the leader can discover his or her place in this puzzle, and work together with other leaders in synergy. We hope that their messages will guide you to success in pursuing your passion and in realizing your potential.

### 1st Featured Presenter Session: 10:15 AM - 11:05 AM

Presenter	Presentation Theme	Location
Mr. Abraham Rogatnick	Arts and Culture	IKBLC 182
Mr. Blake Hanacek	Sustainable Development	HENN 200
Dr. Jaymie Matthews	Education	BUCH A102
Ms. Jennifer Metcalfe	Government and Law	BUCH A104
Senator Mobina Jaffer	Global Citizenship	BUCH A100
Mr. John Madigan	Business Management and Relations	BUCH A106

### 2<sup>nd</sup> Featured Presenter Session: 1:25 PM - 2:15 PM

Presenter	Presentation Theme	Location
Mr. Atila Ozkaplan	Sports and Recreation	BUCH A104
Dr. Erica Frank	Health and Community Development	IKBLC 182
The Honourable Hedy Fry	Government and Law	BUCH A106
Mr. James Robbins	Business Management and Relations	BUCH A100
Dr. Nestor Korchinsky	Education	BUCH A102
Mr. Tom Williams	Global Citizenship and Sustainability	HENN 200



## *Featured Presenters Biographies*

### **Business Relations and Management**

**James Robbins:** UBC Alumnus, Motivational speaker, CEO of Robbins Group



James Robbins is an average guy trying hard not to live an average life. He is a rare mix of management consultant, adventurer and motivational speaker. He has worn many hats over the years from minister, entrepreneur, life coach, speaker, and leadership trainer. Since graduating from UBC in 1993 James has been helping people live up to their true potential, working with hundreds of leaders and individuals, guiding and inspiring them to peak performance. James is founder of “The Robbins Group”, a consulting firm dedicated to helping leaders everywhere. James and his wife Kelly have been married for 15 years and together they have three children. They reside in Calgary, Alberta, Canada.

*2nd Session - 1:25 pm to 2:15 pm @ BUCH A100*

*Chair of session - Maria Jagova, President of UBC Debate Society*



**John Madigan:** Executive Director, Teligence



Following in the footsteps of his big brother, John also graduated with an Honors Degree in Business Administration from the Wilfrid Laurier University School of Business.

John, choosing a different career path, rose rapidly through the ranks at Nortel, before joining Teligence in 1997. John led the growth of Chromatic Software and spearheaded the development of the company's Interactive Voice Response software solution. The success of this technology has played a vital role in establishing the company as a North American telecommunications provider. With the establishment of the current corporate structure, John now holds the position of Executive Director, from which he is able to support the company with his own successful brand of business and technology-driven acumen.

John has also been recognized for his achievements. He too was awarded the Wilfrid Laurier 75th Anniversary Award for Continued Outstanding Contribution to Life at Laurier. In 2001, John was a recipient of the prestigious Business in Vancouver's Forty Under Forty Award. John, and his wife Lynn, have two children, Julia and Johnnie.

*1st Session - 10:15 am to 11:05 am @ BUCH A106*

*Chair - Laura Silvester, Student Senator for Sauder School of Business*



## Global Citizenship

**Senator Mobina Jaffer:** First East Indian BC lawyer, & first Muslim, African & South-Asian Senator



Representing British Columbia, Mobina Jaffer is Canada's first Muslim and African-born senator, and first senator of South Asian descent. In 2002, Senator Jaffer was appointed the Special Envoy to the Peace Process in Sudan and is working with Department of Foreign Affairs to aid the people of Sudan in their peace efforts. From 2002 and 2005, she also chaired the Canadian Committee on Women, Peace and Security, and in 2007, became the Deputy Chair of Senate Standing Committee on Human Rights. She took on these roles guided by her belief that the key to peace is the inclusion of women in the peace process as delineated in the United Nations Resolution 1325 (2000). As chair of the Canadian Committee of Women, Peace and Security, Senator Jaffer has held roundtables on racial profiling, finding peaceful solutions to Middle East conflicts, and the plight of

Afghani and Iraqi women. As Canada's Special Envoy for Peace in Sudan, Senator Jaffer has been instrumental in some of the peace initiatives taken in that country.

*1st Session - 10:15 am to 11:05 am @ BUCHA100  
Chair — Geoff Costeloe, Student Senator for Science*

## Education

**Dr. Nestor Korchinsky:** Past Director of UBC Intramural Sports Program



Nestor graduated from the University of Alberta with a BPE and MA and attended the University of Oregon where he received his Ph.D. He enjoyed an athletic career at the U of A in three varsity sports including basketball, football and swimming. He joined UBC in 1967 in what are now the School of Human Kinetics and the Department of Athletics and Recreation. Because of his background it was not surprising that he assumed a number of athletic responsibilities, in addition to his teaching duties, as Junior Varsity Basketball and Football Coach and as Assistant Coach for the Thunderbird Football team.

However, in those first years at UBC, the perceived lack of engaged involvement by students left Nestor with the impression that the university lacked, according to him, a soul. He reasoned that if the academic environment gave the University its character, what was desperately needed was a stronger and more coordinated co-curricular program which would give the university its personality. He concluded that the combination of character and personality would give the university its soul and with it a sense of community spirit and an enduring university tradition.

For 38 years Nestor worked with others to help bring spirit to the campus and the intramural program became part of his plan as did The POINT Newspaper; UBC-TV and Live@UBC. "The challenge for all of us" says Nestor "is to create inviting and enriching curricular and co-curricular learning environments so as to attract and encourage all members of the university to create a community which is vibrant, challenging and fulfilling". In the end, each person is to find their place as a soul seeker and a soul maker.

*2nd Session - 1:25 pm to 2:15 pm @ BUCHA102  
Chair - Katie Jeanes, Vice President, Human Kinetics Undergraduate Society*





**Dr. Jaymie Matthews:** Professor, Department of Physics and Astronomy UBC



Jaymie Matthews is an astro-paparazzo who unveils the hidden lifestyles of stars by eavesdropping on “the music of the spheres.” His version of an interstellar iPod is Canada’s first space telescope, MOST (Microvariability & Oscillations of STars), which detects vibrations in the light of ringing stars too subtle to be seen even by the largest telescopes on Earth. Dr. Matthews is the Mission Scientist leading the Canadian Space Agency’s MOST project, and an astrophysics professor in the Department of Physics & Astronomy at the University of British Columbia. Astronomy education and public outreach are also very important facets of Dr. Matthews’ scientific career. He sits on the Board of the H.R. MacMillan Space Centre (and was its Vice-President during one term). Dr. Matthews was awarded a 1999 Killam Prize for teaching excellence in the UBC Faculty of Science, as well as the 2002 Teaching Prize of the Canadian Association of Physicists. His media adventures include appearances on CBC, CTV, Global, CNN, CityTV Vancouver and Toronto, and Space: The Imagination Station. He also posed in multiple guises (from a superhero flying in the ozone layer to an X-ray version of Austin Powers) in the Discovery Channel documentary series “Light: More Than Meets The Eye”. He has yet to live down being quoted in Discover Magazine as saying “Exploding Star Contains Atoms from Elvis Presley’s Brain - Scientists Confirm the King of Rock & Roll Lived in Another Galaxy 160,000 Years Ago!”



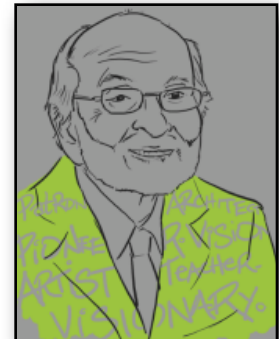
*1st Session - 10:15 am to 11:05 am @ BUCHA203  
 Chair - Alex Lougheed, AMS VP Academic*

## Arts and Culture

**Abraham Rogatnick :** Accomplished architect, art gallery director, film and theatre actor and producer



Abraham Rogatnick studied architecture at the Harvard Graduate School of Design. Before this, he had interrupted his undergraduate studies to serve as a soldier during the Second World War. With Alvin Balkind, Abraham established Vancouver’s first commercial gallery dedicated to contemporary art, showcasing the work of Jack Shadbolt, Gordon Smith, Lionel Thomas and John Koerner. When he was appointed to UBC School of Architecture, Abraham founded a Study Abroad Program providing architecture students with the opportunity to learn in cities around the globe. Abraham had served on juries for many Canadian arts competitions and awards, and acted as architectural advisor to the directors of the National Gallery of Canada and the Philadelphia Museum of Fine Art. Throughout his career, Abraham is known to be a speech-maker and lecturer. Soon after retiring as professor emeritus, Abraham initiated a career in acting that would give him more than two dozen roles in productions of theatre, TV videos and films. He is a fellow of Royal Architectural Institute of Canada, and winner of the Barbara Dalrymple Award for Community Service and the Master Teacher Award. Abraham is fluent in Italian and proficient in several other languages.



*1st Session - 10:15 am to 11:05 am @ IKBLC 182  
 Chair — Ellie Haemin Kim, BFA Theatre Design candidate.*

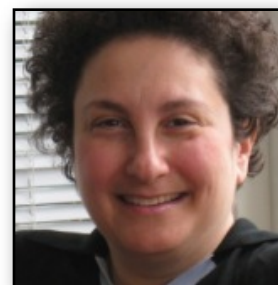
## Health and Community Development

**Dr. Erica Frank:** President of American Physicians for Social Responsibility, Founder of Health Sciences Online, former Education Coordinator of WHO



Erica Frank, MD, MPH, is a Tier I Canada Research Chair, a Professor in the School of Population and Public Health and the Department of Family Practice in the Faculty of Medicine at the University of British Columbia in Vancouver, and a Senior Scholar of the Michael Smith Foundation for Health Research. She is also Founding Director of Health Sciences Online (creating a virtual health sciences university), President of Physicians for Social Responsibility, and the Research Director for the Annenberg Physician Training Program in Addiction Medicine.

Her major research theme is physicians' personal and clinical prevention habits. She is Principal Investigator of the Women Physicians' Health Study (WPHS), a national questionnaire-based study of 4,501 women M.D.s, and the first large study of their personal and professional characteristics, yielding more than fifty publications. She is also leading an initiative, Health Sciences Online ([www.hso.info](http://www.hso.info)), for WHO, World Bank, NATO Science for Peace, the World Medical Association and others. She has traveled and worked in over 60 countries, and is extensively published, including over 100 articles (four of which are first-authored JAMA publications, with additional first-authored articles in the Lancet, BMJ and other major scientific medical journals).



*2nd Session - 1:25 pm to 2:15 pm @ IKBLC 182*

*Chair — Sayali Tadwalkar, MHSc/MD, Community Medicine Resident*

## Sports and Recreation

**Atila Ozkaplan:** Venues & Operations Director, World Fire and Police Games



Sport brought Atila Ozkaplan to UBC from Oakville, Ontario in 1997, after correspondence with former UBC Men's Volleyball Coach, Dale Ohman, convinced Atila that UBC was the right school for him to start his Bachelor of Human Kinetics (B.H.K). Atila followed his B.H.K. with a Master of Science in Exercise Physiology. Atila has used his experiences and education at UBC within several exciting jobs within Sport in Canada. Upon completing his M.Sc. and spending one year as an Associate Student

Recruiter-Advisor at UBC, Atila followed his heart and his passion for sport in Canada by working for the Canadian Olympic Committee (COC). As a Program Manager, Athlete & Community Relations, Atila counts his experiences working with the COC Athletes' Council, his role as Family Liaison Officer for Team Canada at the 2006 Olympic Winter Games in Turin, and the acceptance of three proposals that he authored, for additional athlete funding in Canada, as highlights of this role. Atila followed this up with a contract as the Event Coordinator (Burnaby) for the FIFA U-20 World Cup Canada 2007, the most successful FIFA U-20 tournament to date. Atila is currently the Director, Venues and Operations for the 2009 World Police & Fire Games. With an anticipated attendance of over 10,000 participants competing in 66 sports over 40 venues from Pemberton to Chilliwack, this event will be incredible learning opportunity that will add to his experiences in helping define his role as a leader in Sport in Canada.



*2nd Session - 1:25 pm to 2:15 pm @ BUCHA104*

*Chair — Aaron Miu, Tournaments & Races Coordinator, UBC REC*



## Government & Law

**Jennifer Metcalfe:** Executive Director of Prisoners' Legal Services



Jennifer Metcalfe is the Executive Director of Prisoners' Legal Services, an organization that provides legal assistance to prisoners in British Columbia regarding liberty and human rights issues. She has worked as a lawyer at Prisoners' Legal Services since June 2006. Jennifer majored in Native Studies at Trent University in Peterborough, Ontario where she was a student activist. She worked on campaigns to free political prisoners and to support First Nations' sovereignty. She edited the student newspaper at Trent University and was involved with the Canadian University Press. After working as a legal editor at a poverty law legal clinic in Toronto, Jennifer moved to Vancouver to attend law school at the University of British Columbia. During law school she coordinated Pro Bono Students Canada and was active in the Environmental Law Group and the Law Students' Legal Advice Program. She articulated at Sierra Legal Defence Fund (now Ecojustice) and then worked at a union side labour firm. While living in Vancouver, Jennifer has volunteered for Copwatch, an organization aimed at monitoring police misconduct in the Downtown Eastside, and has served on the board of an Anarchist foundation. She is currently on the board of directors of the Pivot Legal Society.



*1st Session - 10:15 am to 11:05 am @ BUCH A104*

*Chair — Emily Chan, UBC Law Student and former Coordinator of AMS Tutoring*

**The Honourable Hedy Fry:** Former Physician and MP for Vancouver Centre



Dr. Hedy Fry has been Member of Parliament for Vancouver-Centre for 15 years. From 1996 to 2002, Dr. Fry served as Secretary of State for Multiculturalism and Status of Women, and currently, she is the Opposition Critic for Canadian Heritage. Before her political career, Dr. Fry practiced family medicine at St. Paul's Hospital in Vancouver and acted as a panelist on the national CBC television program Doctor, Doctor. She has also assumed the positions of President of Vancouver and British Columbia Medical Associations. In these capacities, Dr. Fry helped to establish Canada's first retirement plan for physicians, and facilitated the recognition of self-government as a critical determinant of Aboriginal health by BC and Canadian Medical Associations. She studied Masters in humanities at Oxford with full scholarship, and medicine at Royal College of Physicians and Surgeons in Ireland.

*2nd Session - 1:25 pm to 2:15 pm @ BUCH A106*

*Chair — Karan Riarh, President of Political Sciences Students' Association*

## Sustainability

**Blake Hanacek:** Founder and CEO of AGRO Café Inc.



Blake Hanacek is the founder and CEO of AGRO Café Inc. a Vancouver based coffee importer, roaster, and retailer. He is also co-founder of AGRODEV (Agricultural Growers Resource Organization Developing Economic Viability) a Kenyan based Non Government Organization. He spends his time linking a for profit company and a not for profit NGO together to help educate consumers and producers on sustainable rural development. Blake was born in Vancouver and holds a BSc. in Global Resource Systems from the Faculty of Agricultural Science at the University of British Columbia. He also holds a Masters of Watershed Management from the Resource Management and Environmental Sciences Faculty at the University of British Columbia. Blake has studied and worked in Canada, Sweden, Japan, Uganda, Kenya, Costa Rica, Mexico and the USA.



*1st Session - 10:15 am to 11:05 am @ HENN 200  
Chair - Carolina Guimaraes, AMS Sustainability Strategy Coordinator*

**Tom Williams:** CEO of GiveMeaning.com and youngest person ever to be hired by Silicon Valley



Tom started his career in Product Marketing at Apple Computer when he was just 14 years old, assisting to pioneer the Internet music industry. Over the past decade, Tom has built, financed and advised numerous technology and media companies, including consulting for several Fortune 500 companies, such as Intel and Hilton Hotels. His latest project, GiveMeaning™, empowers people and organizations around the globe with the webspace and tools to fundraise for their unique initiatives, projects and programs. This initiative, with already 1500 individuals and organizations participating, strives to impart on small grassroots organizations and charities the financial capability to generate the change that they want to see in the local and global community.

*2nd Session - 1:25 pm to 2:15 pm @ Chan Centre  
Chair - Jamil Rhajjak, student coordinator of Terry Project, President of Science Undergraduate Society*



## *Concurrent Program Sessions Overview*

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The Student Leadership Conference will offer concurrent workshops from students, staff, faculty, alumnus and community members throughout the day of the. The concurrent workshops are excellent opportunities for delegates wanting to share their experiences with others on topics such as team building, project management, and professional development. Sessions this year are 50 minutes in length and are offered in two separate time blocks throughout the day from 11:15 am to 12:05 pm and from 2:25 pm to 3:15 pm.

This year's 56 workshops will offer a diverse variety of topics within 6 categories for our delegates. They include:

1. *Team Building* – some examples includes: conducting group activity builders, conflict resolution, leading in a group of leaders, staff/volunteer management, group decision making, etc.
2. *Career Focused Leadership* – some examples includes: resume/cover letter writing, leadership in interviews, leadership transition for graduating students, portfolio building, etc.
3. *Communication Skills and Networking* - some examples includes: fundraising, sponsorship, marketing, eCommunication, etiquette, staff recruitment, partnering/collaboration, public speaking, etc.
4. *Project Management* – some examples includes: event planning, budgeting/finance management, meeting facilitation, proposal writing, entrepreneurship, ethical leadership, individual decision making, etc.
5. *Know Thyself* – some examples include: goal setting, time management, leader type assessments, self-motivation, self-confidence, stress management, campus/community involvement, balancing academics and leadership, etc.
6. *Awareness* – some examples include: global and local issues, successful programs and initiatives



## *1st Concurrent Program Sessions Outline (11:15- 12:05 P.M)*

Session Theme	Workshop Name	Audience*	Location
Awareness	HIV/ AIDS Global Pandemic Workshop	All	IKBLC Dodson (302)
	The Climate Challenge and You	E, C	IKBLC Lillooet (301)
	Stitching for Justice	C	IKBLC 155
	Food and Trade: Your Role in the Global Food System	All	IKBLC Chilcotin (256)
	Creating Inclusive Environments	All	IKBLC 185
Career Focused Leadership	I've got Skills – So what? Making the most of your skills for the Future	All	BUCH D313
	Holy Accomplishments, Batman!	All	BUCH D314
	Undergraduate Research Opportunities (URO) at UBC	All	BUCH D312
	Global Leadership: Doing a Graduate Degree Abroad	All	BUCH D301
Communication Skills and Networking	Your Digital Tattoo	All	BUCH D219
	Networking with the Star	All	BUCH D222
	Developing Charisma	All	BUCH D229
	Web Tools for Student Group Success	All	Koerner 217 (Computer Lab)
	Hiding in Plain Sight	All	BUCH D218
	Getting to the Point – How to Put the Power in Powerpoint	E, C	BUCH D316
Know Thyself	Financial Freedom	All	BUCH D217
	Juggling Life	E, C	BUCH D216
	The Positivity Challenge	E, C	BUCH D213
	Secrets of Becoming a 4.0 Student Leader	E, C	BUCH D205
	Personal Development and Leadership Planning	E	BUCH D207
	EncyloPEERdia	E	SUB 214
	Have your Cake and Eat It Too	E	BUCH D201
Project Management	Facilitation	All	BUCH D322
	Creating Synergy in Pluralistic Group Settings	All	BUCH D317
	Don't Just Sit There, Do Something!	All	BUCH D323
Team Building	Group-Tastic	All	SUB 212A
	BOOm, BOOm, BOOm, BOOm, We Want You in This Room!	OS	SUB 209
	Students+UBC+Community = Synergy: Reading Week Community Service Learning Projects	RW	SUB 207

**\*Audiences:**

E= Emerging Leaders

C= Current Leaders

G= Graduating Leaders

OS= UBC Orientations Squad Leaders ONLY

RW= Reading Week Leaders ONLY



## *1st Concurrent Program Sessions Descriptions (11:15-12:05 P.M.)*

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### **Awareness**

#### **HIV/ AIDS Global Pandemic Workshop**

Andra Dediu and Deb Chen

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ IKBLC Dodson (302)

There are over 30 million people living with HIV globally as of 2007 (UNAIDS Global Report, 2008). Goal 6 of the Millennium Development Goals was “Combat HIV/AIDS, Malaria, and Other Diseases,” and it had two targets relating to HIV/AIDS. The first target was to “have halted by 2015 and begun to reverse the spread of HIV/AIDS.” The second target was to “achieve, by 2010, universal access to treatment for HIV/AIDS for all those who need it.” Neither of these targets have been reached, and they will not be reached by the proposed dates as “tangible support is slow in coming” (UNAIDS Global Report, 2008).

As Vancouverites undergoing a post-secondary education, most of us think that we know a decent amount about the HIV/AIDS epidemic – this is not necessarily true. This workshop will bring awareness to the stigma and cultural issues around the pandemic, how unequal access to public services (healthcare, education, sanitation, and water) affects those infected, and what role you can take to bring our Canadian government to come through on its promised Millennium Development Goals. Most of this workshop consists of a simulation activity which will place participants in roles they likely have never held, which thus leads to a stronger understanding of the pandemic and its effects.

#### **The Climate Challenge and You**

Jacob Bayless, Sally Ke and Charles Zhu

Audience: Emerging, Current

1st Concurrent Session, 11:15 am - 12:05 pm @ IKBLC Lillooet (301)

Are you deeply interested in climate change? Concerned that products might be exaggerating their green merits? From the oil in the Tar Sands, to the cement in Irving K. Barber, to the electricity in an incandescent light bulb; we’ll teach you how to quickly and accurately estimate the carbon emissions from just about anything. We present critical strategies and resources that you can use to make informed decisions and, more importantly, to inform others in your role as a leader. This workshop provides you with tools that are well beyond elementary. With them, you’ll be able to answer tough questions, like whether or not getting a solar panel is better than installing double pane windows, or how much carbon getting a hybrid car really saves. We will then challenge you to find the most effective way to cut one ton of CO<sub>2</sub> from your life. It’s much easier than you might think!



## **Stitching for Justice**

Jillian Steger, Zahra Ramji and Annabel Wong

Audience: Current

1st Concurrent Session, 11:15 am - 12:05 pm @ IKBLC 155

Do you want a better understanding of proactive solutions to sweatshops? We will discuss the fundamental monetary reasons as to why sweatshops exist in some regions, while they don't exist in others. Through finding out the root causes of sweatshops we will suggest some political changes we can make in order to limit the use of sweatshops.

Do you often wonder if the companies you buy from use sweatshops? We will show you which stores/brands are sweat-free by having a mini-fashion show. We plan to look at different items of clothing such as shoes from No Sweat and American Apparel t-shirts. We will look at the question: is it possible to find a sweat-free pair of jeans? If not, what are the alternatives? We will highlight some companies which go further than being sweat-free, by donating the proceeds from some of their products towards African communities.

Do you wonder if your clothes made in Canada and the United States are sweat-free? We will go into detail about sweatshops in Canada and in the United States. We will look at where some sweatshops are located, and why. We will discuss local solutions to combating this worldwide problem.

Also, we will show you how you can use your leadership skills and opportunities to combat the problem of sweatshops.

And what does Radiohead have to do with all of this? You'll see...

## **Food and Trade: Your Role in the Global Food System**

Jose Samayoa and Foster Richardson

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ IKBLC Chilcotin (256)

Do we have enough food to feed the six billion people of the world? Today over one billion people are seriously malnourished—mainly in the developing countries. This workshop will discuss the reasons for this inequality through interactive activities that will put the participants in the position of the world players. It aims at introducing the concept of food security and examining our influence through the world trade system. It is through this influence that every leader can make a difference in the global scale by acting in their own communities.





## **Creating Inclusive Environments**

Inge Neumeyer, and Sara Grant-Weaver

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ IKBLC 185

How many times have you walked to class and said to yourself “How am I going to open this door?” or “How am I going to walk down the stairs to the Anthropology and Sociology building?” or even, “How am I going to go to hang up my coat?” These may seem like unimportant questions and many people will never think twice about them. Yet these are significant concerns when it comes to accessibility. People who are in wheelchairs, who are deaf, who are blind, who are using crutches, who are using an arm sling, are some examples of those who need to think about access.

The Accessibility and Inclusiveness workshop will focus on the physical and social barriers that people face in their daily lives, and how to identify and break down these barriers. Accessibility and inclusiveness is applicable in leadership, but also any other areas of life. There are barriers we all face that can have particularly devastating effects when they hinder someone from reaching their full potential. Vancouver has been instrumental in universal design – a way of creating buildings, transit, and environments which are accessible. However, there is still a long way to go. We will address ways to break down these barriers, to make a more inclusive and positive environment, which will allow all people to participate. We will challenge you to contribute to creating more inclusive surroundings. The Olympics and Paralympics have helped Vancouver broaden their view on accessibility issues, now here is your chance!

## **Career Focused Leadership**

### **I've got skills – So What? Making the Most of Your Skills for the Future**

Rami Raad and Celine Cheng

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D313

The skills that you learn as a leader are highly valuable, and this workshop teaches you how to make the most of your learned skills. Through a variety of video clips, brainstorming and discussion, we identify skills that you have all learned as leaders, or skills that you wish to obtain during your leadership period. Following this discussion, we present how you can most effectively apply your skills in the future, whether it is in the workplace, classroom, with friends, family or strangers. This workshop is a great resource to learn to transfer your skills, but just in case you want to further develop your current skills for the future, the workshop will introduce valuable resources available around UBC that can help you further develop, or even learn, desired skills. A fun, informative and interactive workshop, specifically catered to your needs!



### **Holy Accomplishments, Batman!**

Carmen Chu, Jasmine Khungore, Stephen Ullstrom, Stefanie Wudel, and Kelsey Beninger

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D314

Have you ever looked at your resume or CV and felt more like a sidekick than a superhero? Need some help making your mad skillz look as obvious on paper as they do in person so you can rise out of the crowd? All you need to do to join the Justice League is present yourself as the Career Superhero that you are. Many programs and positions require transferable rather than specific skills, which you've gained through your work, academic, volunteer, leadership and extracurricular experiences. Still missing some necessary skills and experience or looking to expand on your portfolio? We've also got some tips to help you develop your superhero powers. Now you just need to find a phonebooth and change into your spandex.

### **Undergraduate Research Opportunities (URO) at UBC**

Shayan Shakerane, and Mario Cruz

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D312



This workshop will describe the various services provided by UBC's Undergraduate Research Opportunities, a gateway for students, faculty and staff interested in engaging undergraduate students from all disciplines in the research process. URO's mandate is to ensure that undergraduate students benefit from attending a large research institution like UBC. Services provided include: Seminars and workshops on the research process; the Undergraduate Research Program; the Undergraduate Research Conference; a Directory of UBC researchers; a Mentorship Program; an eJournal of peer-reviewed academic articles by students; a Mentorship Award to recognize UBC faculty members; student and faculty research blogs; and resources and links. Students who are interested in working on a research project in their field of study (whether now or in the future) will participate in an interactive group activity to jumpstart their thinking about research, and they will also learn many tips and resources on how to get involved, whether by volunteering for the URO office itself or by engaging in an actual research project.



## **Global Leadership: Doing a Graduate Degree Abroad**

Rosemary Morgan

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D301



Are you interested in doing a graduate degree? How about one outside of Canada? During this workshop you will explore what it's like to do a graduate degree abroad and how it can help you to develop some of the skills needed to become an effective global leader.

Deciding whether to do a graduate degree is an important decision – especially if you decide to do it abroad. Going abroad offers the opportunity to develop skills and have experiences that might not be available to you in Canada. This workshop will cover the practicalities and benefits of doing an advanced degree abroad, and will explore such things as: what to study, where to go, ways to access funding, and the pros and cons of doing a graduate degree abroad.

Rosemary Morgan graduated from the University of British Columbia in 2006 with a double major in Sociology and Theatre. While at UBC she was a member of the Equity Ambassadors and was co-creator and editor of their newsletter ThinkEquity. She is currently completing a fully funded PhD in International Health and Development at the University of Leeds in the United Kingdom and is getting prepared to travel to Tanzania in February to complete her fieldwork. Rosemary came to the University of Leeds after completing a Masters in Policy Studies at the University of Edinburgh in Scotland. While in the UK she has had the opportunity to travel around Europe and elsewhere and meet academics and students from all over the world.

## **Communication Skills and Networking**

### **Your Digital Tattoo**

Liana Popa and Elizabeth Walker

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D219

You might not be aware of it, but if you've ever done anything online, you have a digital tattoo.

Case study 1: Students working for the Canadian Border Services Agency get into trouble after posting inappropriate messages and photos on Facebook

Case study 2: UBC Student gets well-paid internship at Fortune 500 company by creating a profile on LinkedIn.com

This workshop will show you how to use online tools to create the digital reputation you want!



## **Networking with the Stars**

Larissa Prairie, Ron Ahluwalia and Jennifer Scott

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D222

In the professional world, it takes two to tango! Do you have your moves down? The art of networking is like Dancing with the Stars: you need practice, you need to know how to lead and how to follow, and you need to be confident. "Networking with the Stars" provides opportunities to practice networking and improve your professional networking skills—learn the etiquette and ethics of networking and some tips on how to articulate so you will impress with your smooth moves at your next networking opportunity and in the future!

## **Developing Charisma**

Kenley Law

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D229

The first impression counts for everything. This workshop focuses on developing your charisma, which is as essential as any other leadership or social skill that you may possess. How charismatic you are can make or break your initial encounter with a stranger. How do you stand out, get noticed and captivate one's attention? Be it meeting a potential employee or a hot girl/guy at a pub, charisma will draw them to you. Being charismatic can help you attain things you could never imagine. Under the pressure of making a good first impression, many of us get nervous and say the dumbest things. This workshop will involve what to focus your conversations on and how your body language and dress sense tie into charisma, helping alleviate this pressure. It contains an interactive and discussion session which will ensure you get to practice what is taught. After this workshop, and with ample practice, you should be able to approach a stranger under any situation and successfully capture his/her attention. The benefits of boosting your charisma will be boundless - leading new groups, networking, meeting a new girl/guy etc.



## **Web Tools for Student Group Success**

Adrienne Lai

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ Koerner 217 (Computer Lab)

Great news for organizations, clubs and projects with limited budgets - the new web is all about collaboration and no-hassle publishing tools, available absolutely and so easy to use! Whether you're creating a virtual space for your organization, spreading the word through RSS, inspiring a community of knowledge, or rallying others to your cause, there is a Web 2.0 product waiting for you.

This workshop will get into the nitty-gritty of the interactive online world and show you what tools can give your group or project the edge it needs to make a difference. We'll get into the differences between blogs, wikis and websites, discuss the best option for publishing your project online and throw in a few bells and whistles as well. The simple joys of the RSS revolution and the phenomena of social networking will be turned to your advantage as we show you how to use these tools to get the word out and recruit new faces to your cause. We'll also get into some advanced wiki theory by showing you how to gather your organization's knowledge into one online place, watch it grow and pass it along to the next generation of student leaders.

Rich with opportunity and completely free, the new web is where student groups go to thrive. Make sure you know how to get there!

## **Hiding in Plain Sight**

Eric Ma, Christine Nguyen, and Yenlinh Chung

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D218

The world's inevitable move towards technological dependence has made the internet ubiquitous in our lives. It serves its purpose well as a medium for recreation and as an academic resource, but few use it effectively as a tool for collaboration and communication. There are instant messaging programs, of course, and email accounts, but how many are aware of video conferencing capabilities, or of real-time document collaboration programs? As technology continually evolves, emerging leaders may not recognize the potential of internet programs and sites in being tools for time management and to collaborate with other leaders to bring about events and projects, to work efficiently and intelligently and to reach a diverse and largely untapped audience through internet-based marketing strategies.

In this workshop, we will demonstrate how to use emerging and established internet tools in an integrated fashion to increase one's team's productivity and communication capacity. Using the planning of a mock event as an anchoring theme, we will show how to use online services document collaboration services such as Google Docs to share and collaborate in real-time on creating working documents (such as an event timeline, or a project proposal). We will also demonstrate a real-time demonstration of video-conferencing and its complementary tools (instant messaging) that can be integrated to facilitate communication between distant parties.



## **Getting to the Point- How to Put the Power in Powerpoint**

Chris Mallon, Paul Korczyk, and Kevin Byers

Audience: Emerging, Current

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D316

How many times have you zoned out during a class or a presentation due to a boring PowerPoint? Your PowerPoint presentation does not have to be complex to impress your audience – keep it simple! This workshop will teach you the fine art of making professional presentations using PowerPoint that don't take hours to prepare. Learn how to keep you audience engaged with the perfect presentation that doesn't lull your audience to sleep.

## **Know Thyself**

### **Financial Freedom**

Tom Dvorak

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D217

Did you know that most people in North America work 4 to 6 months just to pay their taxes? That total credit card debt in the United States is over a trillion dollars? That most people live paycheque to paycheque? Too many people spend so much of their lives worrying about money that they lose sight of what they truly want to achieve. Come learn several key financial concepts that you can start applying TODAY in order to create the future that you want for yourself.

### **Juggling Life**

Patty Hambler

Audience: Emerging, Current

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D216

A Wellness Quiz: Take 30 seconds to answer these six questions:

1. Are you someone who thrives on a busy schedule?
2. Do you have a packed schedule between your studies, student leadership commitments, friends, family and fun time?
3. Do you find yourself volunteering to do things and then wonder how you'll get everything done?
4. Do you sometimes have a hard time saying no when asked to help out with something?
5. Do you have a lot of commitments and sometimes feel overwhelmed by the amount of work you have to do?
6. Do your studies sometimes suffer because of the amount of extra-curricular activities you have on the go?

If you've answered yes to more than one of these questions, please join us at this workshop for some tips on how to successfully balance your many commitments. Learn how to handle stress when it crops up in your life as well as some key tips on saying no, eating for energy, and taking time for yourself.



## **The Positivity Challenge**

Lisa Wagner and Caitlin Davey

Audience: Emerging, Current

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D213

We all know negative self-talk: "Why did I do that, I'm so stupid!" What we don't all know is that negative thinking is a choice, and we can all choose to think more positively. But why think positively? Negative thinking is easy – it is often not difficult to see the negative side of any given situation. It takes a great effort to think positively much of the time, but once you begin to change your inner dialogue into a more positively charged one, you will be happier, more content, healthier, and more productive. You will also attract more positive features to your life, making it much easier to be positive over time! This workshop will discuss the benefits of positive thinking, address what it means to think positively, and provide strategies for keeping positivity at the forefront of your life. Not only will you feel better about your life, but by taking a step towards self-improvement, you will be better able to help others while you make sure you're taking care of yourself first. Take the positivity challenge and see how you can improve your health, relationships, and outlook on life!

## **Secrets of Becoming a 4.0 Student Leader**

Theresa Liao and Sam Lee

Audience: Emerging, Current

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D205

In this workshop you will learn about how one can participate in quality extracurricular activities without sacrificing their grades. There will be 2 main components to this workshop. In the first component, tips and tricks on time management will be discussed. Good time management skills are central to juggling extracurricular activities amidst your busy academic schedule. This can be accomplished by following some simple yet effective rules. The relevance of these rules will be discussed in the context of planning day-to-day tasks as well as an annual science outreach event that takes place on the UBC campus. In the second component, we will talk about strategies to maximize your extracurricular output between your numerous assignments and exams. Given the infinite amount of extracurricular activities on- and off-campus, it takes some careful planning to ensure that your grades do not suffer. Methods of "filtering" which activities to (or not to) take part will be discussed.



## **Personal Development and Leadership Planning**

Duncan McNicholl and Tyler Algeo

Audience: Emerging

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D207

What kind of leader do you want to be? What skills will you need? How will you acquire them? Why is leadership development important for the success of a group? These questions will be explored in this workshop that will help you develop a Personal Development and Leadership Plan (PDLP). Creating a PDLP is a process that helps you reflect on your past or current skills and abilities, identify areas for improvement and to plan for actively and consciously developing these skills in order to become more successful as both a leader and an individual. Your PDLP can become a living document that utilizes continual reflection and revision and to become an important tool for actualizing an attitude of life long learning.

The process begins with self-reflection on what the purpose of your plan is, and reflection on current strengths and weaknesses. We will also briefly explore some of the strengths that make a strong leader. Different tools for analyzing your strengths and weaknesses, as well as learning styles, will be explored to help you figure out how you can grow your capacity.

Creating the plan is naturally only the beginning. This process will begin in the session, but it will also be up to the individual to continue working with it in order to reach his or her goals. A discussion of skill building techniques will help you plan your learning path. Lastly, how to return to your PDLP after you've engaged in new learning will be explored to help you learn how to monitor your skill building and plan for future development.

## **EncycloPEERdia**

Connie Lam and Abigail Toojos

Audience: Emerging

1st Concurrent Session, 11:15 am - 12:05 pm @ SUB 214

We will provide an in-depth look at what peer programs exist at UBC. Delegates will learn about how to make their mark at UBC while creating a more well- rounded university experience. This experience will also be attached to the benefits of becoming involved and networking with people within their faculty, and the larger community of leaders. Delegates will also be introduced to Tri-mentoring and URO (undergraduate research opportunities) academic opportunities that can help leaders make the most of their university experience. This workshop offers a good heads up on things to consider in their later years at UBC. And best of all, all information will be presented in an interactive and engaging manner!





## Have Your Cake and Eat It Too

Melanie Byland, and Heather Allyn

Audience: Emerging

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D201



Have you ever wondered if there should be more to your education than midterms and finals? Having problems connecting your education to the real world and your lifelong goals? If so, come to this workshop and explore ways to get the most out of your education. We'll work together to develop strategies to boost your transcript, enhance your resume, explore your passions, get paid and make a difference in your community.

## Project Management

### Facilitation

Anna Akkerman, Troy Barrie, and Sara Mohammad Pour

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D322

This workshop explores the art of facilitation in an interactive setting. Participants will learn the basics of effective facilitation and be able to practice their new skills in a dynamic setting. Facilitation skills then can be applied to a whole host of activities, from leading meetings, to presenting material, to skillfully navigating group disagreements and chaotic (and not so chaotic) discussions.

Effective facilitation helps members of a group learn from each other's contributions, creating participatory spirit instead of the lecture-style "expert" learning that is often practiced. We believe that when people participate in the process, and link it to what they already know, then they learn better, remember more, and become more interested. By utilizing facilitation techniques in your leadership endeavors, you can help others feel more engaged, consulted and empowered.

This workshop will give you a chance to learn a new skill or to refine and reinvent your current facilitation and discussion leading strategies.

### Creating Synergy in Pluralistic Group Settings

Shehneen Dhaman and Caroline Rueckert

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D317

This interactive workshop that introduces you to areas of group building; conflict resolution and appreciation of the strengths diversity brings to any group. If you are someone who works with or wishes to develop skills that allow you to connect with and facilitate meaningful engagement with diverse groups (eg international students; students of varied origins; different genders; differing abilities) in a dynamic way, this is the workshop for you.



## **Don't Just Sit There, Do Something!**

Samantha Landa, and John Manson

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ BUCH D323

We are often told that we should set goals for ourselves. However, we are never given a very specific explanation as to how we should put an idea into action. This workshop will allow students with an idea (come prepared with a program, event or idea you would like to initiate—otherwise we will give you a list of options to choose from) to work on getting through the proposal from start to finish. Why talk the talk when you can also walk the walk?

## **Team Building**

### **Group-Tastic!**

Richard Lam, Tom Hill, and the “Goliath Team”

Audience: All

1st Concurrent Session, 11:15 am - 12:05 pm @ SUB 212A

Improv: that seemingly-mysterious theatre activity that features clever people making something out of nothing. But while it may appear that Improv is all fun and games, underneath the “yuk yuks” and “laugh-em-ups” is a foundation of teamwork, co-operation, and interpersonal understanding that improvisers consciously nurture and develop. And now, they're willing to pass the secrets on to you. Join UBC Improv co-presidents Tom Hill and Richard Lam as they take you through an hour of exercises designed to foster connection on a subconscious level. Learn the rules of how improvisers work together, and how they apply to all aspects of life, not just Improv. Delve into the concept of “group mind”—a group of people working so fluidly they appear to be a single entity. This workshop will be highly participatory, highly energetic, and highly entertaining. You won't want to miss it!

### **BOOm, BOOm, BOOm, BOOm, We Want You in This Room!**

Angeli dela Rosa, Cecilia Huang, and Courtney Kohnen

Restricted: UBC Orientation Squad Leaders

1st Concurrent Session, 11:15 am - 12:05 pm @ SUB 209

All Squad Leaders for 2009 are required to attend this workshop – this is an essential part of your training so get ready and get pumped! We will talk about what to expect and how to prepare for BOOt Camp – including an interactive sneak peek at the fun times in store for the team! Please come prepared with a pen/pencil and your agenda planner – see you there!

## Students+UBC+Community=Synergy: Reading Week Community Service Learning Projects

Margot Bell

Restricted: Reading Week Leaders

1st Concurrent Session, 11:15 am - 12:05 pm @ SUB 207

This workshop is reserved for Community Service Learning Reading Week Student Leaders. This is an interactive workshop that will help you prepare for your role during Reading Week.....from conversation to crisis, we will discuss your role in the Reading Week projects, explore tips and strategies to help you lead your student group, learn facilitation strategies to get your groups talking, connecting and reflecting on their experience. Connect with student leaders from other projects and get ahead with your own!

### *2<sup>nd</sup> Concurrent Program Sessions Outline (2:25 - 3:15 P.M)*

Session Theme	Workshop Name	Audience	Location
Awareness	Tour De Public Services	All	IKBLC Lilloet (301)
	Control Arms	All	IKBLC Chilcotin (256)
	Global Synergy + Global Leadership = Global YOU	E, C	IKBLC 285
	Getting Involved in Vancouver's Inner-city Communities	All	IKBLC Dodson (302)
	Sustainability at UBC	C, G	IKBLC 155
Career Focused Leadership	Oscar Winning Interviews: And the Job Goes to...	All	BUCH D314
	Grad School in Science: More than Pipetting	All	BUCH D312
	Recruiting 101	C, G	BUCH D313
Communication Skills, and Networking	Be the Next Obama: Public Speaking 101	All	BUCH D218
	All Together Now: Using Online Tools to Collaborate and Succeed	All	BUCH D219
	The Power of Dreaming	All	BUCH D301
Know Thyself	Virtues: Inspiring Reflective Leadership	E, C	BUCH D201
	I don't mean to be the bad guy but...	E, C	BUCH D205
	I'm Gone: Exit Strategy for Student Leaders	G	BUCH D207
	Navigating the University Bureaucracy	All	BUCH D217
Project Management	Innovation: Leadership Redefined	All	BUCH D316
	Learn the Key Tools and Skills to Run a Successful Meeting!	E, C	BUCH D322
	This is Your Life 2.0	All	Koerner 217
	Going Global	All	BUCH D317
	ABC's of Campaigning	All	BUCH D323
	Creating Purple Cow	C	SUB 214
Team Building	Learn How to Resolve Conflicts Effectively	All	SUB 211
	The Jungle of Teamwork	E	SUB 212A
	Fitting Together the Pieces of Leadership and Power	C, G	SUB 207
	Group Dynamic and Conflict Resolution	E	SUB 216
	Captains, Benchwarmers, and Coaches	E	SUB 209
	Need a Little TLC: Teamwork, Leadership and Confidence	E	SUB 205
Other	Open Your Eyes to Diversity	E	BUCH D216



## *2<sup>nd</sup> Concurrent Program Sessions Descriptions (2:25 - 3:15 P.M)*

\*Note: The Highlighted Project Workshop (see page 48) can be chosen as an alternative to a second concurrent session.

### **Awareness**

#### **Tour de Public Services**

Tanja Bergen

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ IKBLC Lillooet (301)

Participants will be a part of a unique simulation that will have them experience the realities of life without quick and reliable access to the four essential public services. This workshop is very hands on, participants will not be sitting for an hour, and comfortable shoes will be beneficial. After the simulation, participants will discuss tangible approaches to help make public services open for all.

#### **Control Arms**

Caroline Cheng and Mariam Riad

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ IKBLC Chilcotin (256)

Did you know every that minute someone is killed by a gun? Did you know that 90% of civilian casualties are caused by small arms? Find out what small arms are and how their proliferation in the world fuels conflict, obstructs relief programs, undermines peace initiatives, and fosters a culture of violence where a child learns to use a gun instead of learning how to play a game of hide-and-seek. Find out what can be done about this pressing global issue—the first step begins with getting informed and being aware.

#### **Global Synergy + Global Leadership = Global YOU**

Thato Magkolane and Yale Harlap

Audience: Emerging and Current

2nd Concurrent Session, 2:25 pm to 3:15 pm @ IKBLC 185

Have you ever thought of how Facebook helps you become a more globally aware individual? Beyond Facebook, what does the world need now? We need global leaders that are conscious that it is through synergy that we can overcome the challenges of today that affect all humans. We have all come across the term global citizenship and to each person, it holds different meaning. With the theme global synergy and leadership, the objective of the workshop is to assist participants to incorporate ideals of global leadership in their leadership styles.

Through interactive discussion and personal reflection, this workshop aims to guide participants to develop a personal understanding of global leadership and what it means to them. From there, it will assist each participant to craft a simple but effective plan of how to turn this Trek 2010 goal of global citizenship into a practical, tangible and measurable one. Furthermore, it will engage participants on brief discussion around channeling our learning to be one that drives and promotes global thinking while highlighting a number of tools similar to Facebook that could aid the process.

The kind of leadership we breed today is one that determines the nature tomorrow's leaders.



## Getting Involved in Vancouver's Inner-city Communities

Elske Hopcraft

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ IKBLC Dodson (302)

Get involved in your community! Discover how you can share your talents, interests and skills while learning from diverse people through community service learning in Vancouver's inner-city schools and non-profit organizations. Learn about the issues that affect the Downtown Eastside and other inner city communities. Explore your role as a global citizen, make connections between your UBC course work and community issues and learn about yourself, including clarifying your education and career goals.

## Sustainability at UBC

Spencer Rasmussen, Angela Willocks and Sarah Nyrose

Audience: Current, Graduating

2nd Concurrent Session, 2:25 pm to 3:15 pm @ IKBLC 155

UBC is perceived as a sustainability leader. But does anyone know what that's meant and what it will mean in the future?

This workshop is intended to enhance students understanding of sustainability at UBC. Through collaborate and interactive techniques, it synthesizes participants' knowledge of past, present and future initiatives in all spheres to create a "sustainability map" of our campus. This will include information on the administration, students, staff, faculty and community.

Networking, enhancing knowledge, and creating synergies will be the outcomes of this workshop.

Students will leave with a better understanding of sustainability on campus and better ideas of how to contribute. We will also provide a comprehensive guide of sustainability at UBC, including information, sources and contacts.

## Career Focused Leadership

### Oscar Winning Interviews: And the Job Goes to...

Sean Kim, Anita Rashidj and Thomas Luo

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D314

Whether it's your dream job, your next summer job, or an amazing volunteer opportunity, prepare for your interview and walk the red carpet to success! How will you present yourself and stand out from the other applicants? What types of questions are employers likely to ask? Find out with an interactive workshop that will give you interview tips before you take on your next big role.

Take charge of your interview by showcasing the best clips of your experience and abilities! Learn how to address introductory, negative, behavioural, and situational interview questions, then discover the reasons why employers ask each type of question. You'll also have a chance to practice applying Oscar-winning strategies to common interview questions during each component of our workshop. The secret to any successful interview is preparation. Are you ready for the best interview performance of your life? Your next job could depend on it!



## **Grad School in Science: More than Pipetting**

Agatha Jassem and Erika Eliason

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D312



Thinking about going to graduate school after your undergraduate studies but you're not sure what it's all about? Get the inside scoop from two UBC science PhD students! In this workshop we will work together through an interactive discussion to illustrate what a typical week in the life of a graduate student might look like (and hopefully smash some myths along the way!). Next, we'll divide into groups to tackle the real philosophical question: "Why go to grad school anyways?" Then Erika and Agatha will talk about some Canada-wide graduate school logistics (how to get in, what to do once you are in, with reference to the appropriate resources). Finally, the last few minutes of the workshop will be devoted to a question period. Ask Agatha and Erika anything you have ever wanted to know about grad school and we promise to give you our best and most honest answers!

## **Recruiting 101**

Minoah Pavon

Audience: Current, Graduating

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D313



Are you tired of working hard to impress potential employers? Do you want to know how to have employers lining up to hire you and working to impress you? Then this is the right workshop for you. Whether you are graduating and looking to embark on your career or looking for a summer internship, recruiting and networking events are critical to your success. Every fall, hundreds of employers come to UBC and host information sessions and job fairs in order to meet the best and brightest students. How you conduct yourself at these events is critical to standing out above your peers, getting an interview, and eventually landing the job. Unfortunately, unless you're in the Commerce faculty, it is likely that you have never been taught how to conduct yourself during recruiting sessions, and mostly feel awkward or uncomfortable at these events. Well, this workshop is designed to help you ace the recruiting session!

This past fall, I worked for one of Canada's largest professional services firms to help coordinate their annual campus recruitment campaign in the Vancouver region. This position gave me the rare opportunity to see how recruiting works on the "other" side, and I learned what exactly employers are looking for during recruiting events. Through this workshop, I intend to pass on my valuable knowledge and insight to you in order to help you stand out amongst the competition, make a positive and lasting impression on your potential employers, and become a top recruit!



## Communication Skills and Networking

### **Be the Next Obama: Public Speaking 101**

Coralie Jeffery, Ailbish Skinner, Kanaiya Mutua, Delna Contractor, and Trevor Stokvis

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D218

Have you ever been in a situation where your public speaking skills could make or break it? An interview, a presentation for school, or during a first date? Of course you have! We all have. Yet, there are only a select few of us who are able to communicate effectively and really exploit the skill of public speaking. At this workshop we will teach you the basics of public speaking or as we like to call it, the three P's: Preparation, Presentation, and Performance. We will end the workshop by giving you a chance to speak in front of the group to show off the skills you learned. We don't promise you'll come out of this workshop as a super speaker, but we do guarantee it will get you on the way to becoming an effective speaker!

### **All Together Now: Using Online Tools to Collaborate and Succeed**

Maureen Bezanson

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D219

So you have a group project but no time to get together with the other group members... what do you do? Clog up everyone's inboxes email after email trying to get the project done? There are alternatives to email! This workshop will explore the online options freely available for interactive group projects. From wikis to collaborative editing tools we'll survey what is out there and determine what tool works best for what project. In addition to looking at the online tools available, we'll look at the different roles that people play within a group and give you some tips for effective people management within your group project. Like it or not, most jobs require some degree of group work. This session will introduce you to some handy tools that will help with your school group projects but also give you some tricks up your sleeve when you enter the workforce.

Come check out these free tools available to help you keep everyone on the same page. Feel free to bring a laptop to check out the tools right away.



## **The Power of Dreaming**

Amanda Reaume and Kaitlin Blanchard

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D301

Without leaps of imagination, or dreaming, we lose the excitement of possibilities. Dreaming, after all, is a form of planning.

- Gloria Steinem

This workshop will focus on the importance and the power of dreaming and visualization as a leadership tool. Dreams for Women and Antigone Magazine founder Amanda Reaume and Associate Editor Kaitlin Blanchard will talk about her experiences with the Dreams for Women project, and how the project has served to both inspire and motivate people from around the world to take action on issues relating to women's equality and human rights. The Dreams for Women art project asks women and men of all ages to depict their hopes and dreams for women (examples include "I dream of a world with more female leaders" and "I dream of a world where no woman is seen and not heard") by painting, drawing, writing, sketching or decoupageing them onto a postcard.

Inspired by the popular mail-art project PostSecret.com, a postcard art project that encourages people to send in their secrets, Dreams for Women strives to be a feminist PostSecret. The workshop will also focus on how the Dreams for Women project has become an integral part of the marketing and fundraising campaigns of the Antigone Foundation, creating a synergistic and holistic connection between fund development, marketing and activism within the organization. The workshop will encourage participants to find creative and engaging ways to market and brand their cause and project, in order to be more successful at creating change. The workshop will feature discussions around the opportunities for women leaders, as well as, brainstorming for how other groups might be able to achieve their goals through the power of 'dreaming'. Finally, the workshop will also encourage all the participants to make a Dreams for Women postcard and imagine their own idea of change for women.

## **Know Thyself**

### **Virtues: Inspiring Reflective Leadership**

Roselynn Verwoord

Audience: Emerging, Current

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D201

In this workshop, participants will identify the virtues, or qualities of character, both in themselves and in others, which represent their core leadership abilities. Based on the work of the Virtues Project International, which provides empowering strategies that inspire the practice of virtues and supports people of all ages to cultivate their virtues or gifts of character, participants will also have an opportunity to examine qualities of character and leadership in themselves, that they would like to develop further. Through small group, large group, and an individual activity, participants will learn about and reflect on leading from within, and will understand their strength virtues, as leaders. This workshop helps prepare participants to become leaders that are able to create a culture of caring, character, and inclusiveness, through the introduction of five strategies which will help participants bring out their Virtues, or qualities of character, in both themselves and others.





### **“I don’t mean to be the bad guy but...Coping with Leadership Identity Issues”**

Annamaria Gal, Sara Cassallas, Kumary Ponnambalam and Walker Smith

Audience: Emerging and Current

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D205

Mandela, Obama, Gandhi, Angelina Jolie, Oprah are all world leaders but what do they have in common or how are they different? What values and words do you associate with each of them? If you were to describe Angelina Jolie in three words, would they be: giving, smart and hot? These world leaders all have different personalities and values and something that they all have in common is how hard they try to keep their identity within their leadership role.

In this workshop we will look at these values that we associate with certain world and campus leaders. Candidates will have the opportunity to see the effect of such expectations and values that come with their leadership role and how they interact with their identity.

This workshop will also look at the challenges of maintaining one’s identity and of not stereotyping certain roles. There is also a large interactive component in this workshop and it is not done in groups.

### **I’m Gone: Exit Strategy for Student Leaders**

Jamil Rhajjak

Audience: Graduating

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D207

As a group we’ll look at the many issues faced by organizations when embedded student leaders come close to graduation. The impact that leaving an organization has on an individual will also be discussed at length. Through group discussion as well as a presentation on different strategies we’ll come up with key ideas on how to leave an organization in the best position to continue to succeed after a student leaves. The best part about this workshop is that the student leaders will really develop the strategy themselves!



## **Navigating the University Bureaucracy**

Michael Duncan and Alex Lougheed

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D217

The University of British Columbia has 45,000 students, 3,500 faculty, and 9,000 staff. It is 95 years old, is a public institution, and was created by legislation based off of the English University system. It is international in scope, and serves those on campus, in Vancouver, in British Columbia, in Canada and the World. Being sizable, historic and having the world as a stakeholder are just the elements needed to create a massive, massive, messy bureaucracy. At the end of the day, sure, things may get done, but it's at the cost of anyone new to the system, and anyone wanting to change the system.

Alex and Mike have spent the last 5 years dedicated to navigating this system. They have tried to run events and have been shut down. They have tried to implement change and hit a brick wall. They have tried to appeal standards and been ignored.

Regardless of your background, what you do, or who you are, chances are you have also experienced a large bureaucracy. Through the years we have learned the secrets about making the University work for you. We will be sharing these secrets. We have spent too many years here and will leave soon. This is a once-in-a-lifetime workshop, so don't miss out.

## **Project Management**

### **Innovation: Leadership Redefined**

Cathy Han and Tyler Murphy

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D316

Throughout various involvements in the community, we have noticed that in today's society, the best leaders are not necessarily stock book characters. Innovation is becoming a large component of companies and organizations. The situations that we are faced with today often require creativity and unique approach.

Learn how to be a leader in this competitive environment, how to make sure that your team and organization stands out with unique ideas in the face of challenge. Take a risk, a different approach. You will be presented with an undertaking faced by a real life company, and put up to the challenge of suggesting the best, most innovative proposal. You will take away a diverse set of skills which will set you apart as a future leader in whatever you choose to pursue.

Leadership is about seeking to build on and better traditional methods, and it is thanks to individual leaders like these that we are surrounded by such great organizations today.



## **Learn the Key Tools and Skills to Run a Successful Meeting!**

Diana Moreiras, Maddison Ivens and Rebecca Coulson

Audience: Emerging, Current

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D322

Sick of attending/hosting tedious and unproductive meetings? Have you ever felt like your meetings go on forever without being able to accomplish much?

Well, you don't have to worry about this anymore because this workshop has got what you need to run informative and entertaining meetings! Join us in an interactive and fun workshop where we will discuss how to run a successful meeting with our focus being: Time Management, Positive Attitude, and Group Involvement. In addition, we will encompass tips/tools for a variety of meeting settings (i.e. community and/or club meetings, school project meetings). Our main goal is to provide and enhance you with the suitable skills to run successful meetings which will help you become a better student leader at UBC, so come and experience it!

## **This is Your Life 2.0**

Tania Alekson

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ Koerner 217 (Computer Lab)

This workshop is geared towards student leaders who, by definition, are extremely busy people looking to make a difference. The new web is chock full of fabulous tools designed to help you get organized and achieve short- and long-term goals for yourself and your organization(s). Whether you're keeping abreast of a customized news feed, creating a rainbow of appointments and reminders, using little applications to make a big difference or setting your sights on tomorrow with a long-term goal planner, there is a web 2.0 product waiting for you – free and available from any computer with internet access.

This is Your Life 2.0 is a chance for student leaders to take a guided, whirlwind tour through the latest web offerings designed to let you take control of your lives, gain confidence in your time management and move your projects forward. We'll stop off at:

- Organizers: Google Calendar and Backpackit to get your schedule or your group's project together
- RSS: readers and portals (iGoogle) for customized news
- Micro-apps: Resnooze for email reminders, Meeting Wizard for getting people together, Twitter for keeping a personal, organizational or project log
- 43 Things for setting goals and keeping them alive

They're so easy to learn, you'll be signed up and using them before the conference is over. Buckle up – it's going to be a fun ride!



## **Going Global: Ethical Implications of Volunteering in Under-resourced Countries**

Rena Tabata, Shafik Dharamsi and Tamara Baldwin

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D317



There is a growing concern among some educators at UBC that volunteering in international settings are sometimes less about service and promoting equity and more about self-interest and enhancing resumes. This sentiment was echoed in a recently published (28/09/2008) Maclean's article titled "Helping the world. And Me."

Students are being encouraged to complement their education with service learning and related volunteer activities, particularly if they seek to stand a better chance of being admitted into various professional education programs. For students already enrolled in professional programs, international service learning options are being encouraged. In response, students are enrolling in increasing numbers in both formally established and self-arranged International Service Learning (ISL) projects. ISL opportunities are designed and facilitated by individuals ranging from experienced curricular planners within educational settings to exploitive entrepreneurs with no formal credentials or expertise. Similarly, students can be screened and subject to a wide range of selection criteria and codes of conduct. While some ISL opportunities employ a stringent selection system and a rigorous student orientation/preparatory program, other ISL programs do not regularly review its programs, and expect little of applicants—provided one is willing and able to pay a high "registration fee" to participate. Such poorly regulated and/or for-fee ISL opportunities raise ethical concerns for the individuals and the communities that are impacted as well as for the academic institution(s) to which the student belongs. Since ISL opportunities are often set in vulnerable communities in resource poor settings, the potential for unintentional harm and exploitation exists: such as through the redirection of resources, the refocus of monies and infrastructure to meet the "needs" of ISL participants.

## **ABC's of Campaigning**

Andra Dediu

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D323

Like slavery and apartheid, poverty is not natural. It is man-made and it can be overcome and eradicated by the actions of human beings." -Nelson Mandela, 3rd February 2005.

Do YOU want to learn how to effectively campaign for what you believe in? If you are passionate about social justice, and yet don't know where to begin or what you need, come to this workshop to learn more.

Every individual has the power to change the world around them. However, few of us know what is required to bring about effective change. Attend this workshop if you would like to develop your skills as a campaigner for social change.



## Creating Purple Cows

Matt Corker, and Warren Springer

Audience: Current

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 214



Cows, after you've seen many of them, are boring. A purple cow though – now that would be something remarkable! Every day on campus, many boring events (typical brown cows) are advertised to students. Coincidentally, these go unnoticed by the masses. This is because it's the events that are purple cows that people remember and, even better, attend. They stand out, make a statement, or provide something different and valuable for their attendees. If you are looking for new ways to advertise your “brown cow” events, don't bother coming to this workshop. However, if you're interested in creating events and programs worth marketing in the first place – this workshop is for you! It's about time that you (and your ingenious events) got noticed!

## Team Building

### Learn How to Resolve Conflicts Effectively

Bijan Ahmadian

Audience: All

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 211

Does conflict get in your way of promoting synergies within your organization? Finding a solution that everyone agrees to can be very challenging in teams. How issues are presented, past working history, and limitations on solutions available can be some of the factors hindering the process.

Participants will create a list of barriers to conflict resolution and will explore application of an interest-based negotiation theory to find approaches for resolving those barriers. In addition, through a simulation exercise, the participants will learn how to articulate issues of a dispute in a way that promotes collaborative problem solving. This exercise will end with an application of the interest-based negotiation theory in groups of two to find a resolution to the presented dispute.

## The Jungle of Teamwork

Pamela Fu, Phil Hou, and Lisa Wagner

Audience: Emerging

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 212A

Don't you just hate group assignments or projects? Frustrated with that one person that isn't pulling their weight? Well, cry no more! Come to this workshop to learn how to make a team/group work together as one unit, rather than individuals. Whether it be a project, program, or event, the leadership team sets the tone. In order to have success, a team must be a well-oiled machine. Each person involved needs to give the machine a little love, meaning that what each person contributes will reflect on the product. Without a doubt, teamwork can be the bane of a project or the catalyst to the success of an event. In this workshop learn ways to communicate better, team build, and organize. Come and expect to be a part of a fun-filled hour of role-playing, brainstorming, and inner-discovery!



### **Fitting Together the Pieces of Leadership and Power**

Rebecca Pouliot and Robbie Morrison

Audience: Current, Graduating

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 207

As a leader, it is important to understand the synergetic relationship between power and leadership. Explore this relationship and learn strategies for making the right choices in using your power as a leader.

### **Group Dynamic and Conflict Resolution**

Yuzheng Wang, Karen Wong, Nur Syahidah Binte Ismail, and Swati Kumar

Audience: Emerging

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 216

Did you know 70% of entrepreneurships in Canada are small group orientated organizations? And that 90% of jobs in the workplaces involve group work? If you want to learn how to form and perform in groups, then our workshop is just right for you!

Group Dynamics and Conflict Resolution is a workshop that facilitates discussions around dealing with issues in a group. Learn how to function in groups, facilitate ideas, and communicate effectively in a positive group dynamics.

Remember: This is not a boring presentation with PowerPoint; there would be candy and games!

### **Captains, Benchwarmers, and Coaches: The Effect of Leadership in Sports**

Dave Heikilla, and Bobby Edwards

Audience: Emerging

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 209

Leadership is a huge part of sports, from grassroots level to Olympic competition. Anyone who has ever played a team or even an individual sport has been influenced by the leaders they met in there. Growing up playing sports shapes a large part of an individual's personality, and can have a huge effect on the way they display leadership. This workshop will explore leadership in sport, the effect it has on different styles of players, and using the model of a sports team to define individual leadership roles.



## **Need a Little TLC: Teamwork, Leadership and Confidence**

John Naslund and Yulin Hswen

Audience: Emerging

2nd Concurrent Session, 2:25 pm to 3:15 pm @ SUB 205

This workshop is designed to emphasize the importance of working within a team at the undergraduate level, and to provide undergraduate students with effective strategies for improving team communication, resolving team conflicts, and understanding their individual role within a team environment. In this workshop, the concept of team is thoroughly defined, and the Tuckman and Jensen's (1977) important stages of team development (Forming, Storming, Norming, and Performing) are reviewed. Students will gain a better understanding of where they fit within the team dynamic, and how they can contribute most effectively to completing tasks within a team. Communication is also closely reviewed, and several communication strategies, including the recognition of communication styles, developing assertive language, and understanding the importance of engaging in constructive team meetings, are visited. In addition, students will learn important techniques for managing conflicts within a team, such as identifying the sources of conflict, and distinguishing between interests and positions. By the end of this workshop, students will gain an overall more comprehensive understanding of what a team is and how a team functions, and will also have learned effective teamwork strategies that can be applied to group projects within their undergraduate studies, work lives, or personal endeavors.

## **Other**

### **Open Your Eyes to Diversity**

Saraphina Shooshtarian, Connie Lam, and John Tuytel

Audience: Emerging

2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D216

This workshop is designed to promote diversity through some different approaches including:

1. Chance to break down social barriers through an interactive workshop
2. Connect with other student leaders on a personal level
3. Challenge social norms and think critically
4. Evaluate the values oneself aligns him/her self within

This workshop is designed to be an eye-opener; through discussion and dialogue we plan to create a learning experience amongst both friends and strangers. We will reflect on both external factors of an individual's life (and the perception of those), and internal factors that form a person's identity and shape their everyday life. The communicative portion of this workshop will help to break down barriers and open student leaders to communicating more openly than they would previously have felt comfortable. This workshop is intended to broaden horizons and to think critically but with an open mind. You will certainly get more out of the workshop if you are willing to put more in, but regardless of how much you contribute you will gain a lot from participating. Some of the end results of this workshop will include: a better understanding of one's self; a better understanding of others; and an improved ability to communicate to and relate to others due to the insight given and discussions raised during the workshop.



## Highlighted Project

Every year, the SLC Planning Committee strives to grow and improve the conference. This year's new initiative will be providing delegates from all walks of leadership to mobilize their collective talent and passion on a student-led campus project. Our **Highlighted Project** this year is intended to allow student leaders to work together to find solutions for a major problem facing UBC students and to take the first-steps to initiate the necessary changes right here at UBC. Throughout the day of the conference, there will be **many** opportunities for delegates to learn more about this project. The SLC Planning Committee believes that sustainable changes begins here at the conference and is dedicated to providing with the resources to realize this year's Highlighted Project.

We are proud to announce our 2009 Student Leadership Conference Highlighted Project:

### Operation Safe Drive

By Elisa Kharrazi and Emily Pollock

All Delegates are Welcome!

#### What is this project about?

Driving under the influence of alcohol is becoming a noticeable concern in our campus yet it has never been recognized and addressed. Partly, the reason is because this sensitive subject is so taboo and thus never talked about openly. Who would want to admit that such a substantial portion of educated university students still chooses to drive under the influence knowing the foreseeable consequences? But before we jump to the conclusion, let us ask: do students really have a choice not to drink and drive if we consider the inadequate public transit and ridiculously expensive taxis?

We are proposing operation "Safe Drive" as a solution to this issue. The idea is based on an integration of AMS "Safe Walk" and "Operation Red Nose". It will provide UBC students with a safe alternative to driving their car while intoxicated.

#### Want to learn more about this?

Find us at this year's Student Leadership Conference to hear more about this project and how **YOU** can be involved with this initiative!

You can visit us at our booth during the Leadership Opportunities Fair, attend our discussion panel on *Campus Drinking* during the lunch break and voice your opinions on the matter, or attend our workshop also titled as "**Operation Safe Drive**".

When and where? 2nd Concurrent Session, 2:25 pm to 3:15 pm @ BUCH D222





## *Lunchtime Overview*

Recommended Streams	Event Title	Location	Time
All	Leadership & Opportunities Fair	SUB Ballroom and Main Concourse	12:05-1:25
All	Featured Film	SUB 207	12:35-1:15
E, C	Student's Roundtable Discussions	AMS Council Chamber	12:35-1:15
All	UBC & 2010 Olympic and Paralympic Games Panel Session	Pacific Spirit Place	12:35-1:15
E, C	The Future of the UBC Farm Panel Session	SUB 205	12:35-1:15
E, C	UBC Commuter Student Involvement Roundtable Discussion	SUB 212A	12:35-1:15
All	Homelessness in Vancouver Panel Session	SUB 209	12:35-1:15
All	Campus Drinking Panel Session	SUB 211	12:35-1:15
G	Lunch and Learn	SUB 214/216	12:10-1:10
All	AMS Candidates' Debate	Sub Main Concourse	12:35-1:15

## *Lunchtime Activities*

### **AMS Candidates' Debate**

Audience: All

Lunchtime, 12:35pm-1:15 pm @ SUB Main Concourse

The AMS year is coming to an end. Sooner than you believe, it will come time for the AMS Presidential election. Come hear the candidates for the position of AMS President debate during the lunchtime break!

### **Lunch 'n Learn**

Lunch and Learn

Audience: Graduating

Lunchtime, 12:20pm - 1:10 pm @ SUB 214/216

Do you want to learn more about how you can continue to stay involved after your undergraduate degree? Do you want to learn more about various degree options? Then this is the place to go! Come here to mix and mingle with student leaders who are involved in graduate and professional programs who are eager to share their experience and insight with you. There will be individuals from law, business, medicine, and education who have managed to remain active student leaders on campus. You will learn a lot, meet some awesome individuals, and there is free dessert. See you there!

### **Panel Sessions and Roundtable Discussions**

This year, the Student Leadership Conference will be offering panel discussions and roundtables during the lunchtime break, led by students, staff, faculty, and community members. The Panel Discussions and Roundtables are designed to address diverse local issues of direct influence on student life, as well as student leadership at UBC. Their goals are to place the issues in context for delegates, inform students of current and potential future programming, as well as facilitate dialogue between the session leaders and delegates to search for new trains of thought and fresh solutions that address each issue. The panels and roundtables will last 40 minutes and begin at 12:35pm. They will be held in the Student Union Building and welcome to all delegates.

### **Campus Drinking Panel Session**

Audience: All

2nd Lunchtime Session, 12:35 pm to 1:15 pm @ SUB 211

Driving under the influence of alcohol is becoming a noticeable concern in our campus yet it has never been recognized and addressed. Partly, the reason is because this sensitive subject is so taboo and thus never talked about openly. Who would want to admit that such a substantial portion of educated university students still chooses to drive under the influence knowing the foreseeable consequences? But before we jump to the conclusion, let us ask: do students really have a choice not to drink and drive if we consider the inadequate public transit and ridiculously expensive taxis? We are proposing operation "Safe Drive" as a solution to this issue. The idea is based on an integration of AMS "Safe Walk" and "Operation Red Nose". It will provide UBC students with a safe alternative to driving their car while intoxicated.



### **Irving K. Barber Learning Centre and Students Roundtable Discussion**

Audience: Emerging, Current

Lunchtime, 12:35pm - 1:15 pm @ SUB Council Chambers

The newly opened library branch and learning centre has transformed the physical and academic learning landscape of UBC. A well-used library, popular study space, learning resource centre and lecture space, the Irving K. Barber Learning Centre showed UBC that a building could be a part of so many areas of a student's campus life. This roundtable discussion is to further that purpose of the IKBLC and to brainstorm future programs available to students in relation to student leadership and opportunities to excel at the IKBLC.

### **UBC and the 2010 Olympic and Paralympic Games Panel Session**

Audience: All

Lunchtime, 12:35pm - 1:15 pm @ SUB Pacific Spirit Place

A new year has come and that brings the Vancouver 2010 Olympic and Paralympic Games one year closer. With one of the venues on campus, the run of the Games during Reading Week, and a general call for volunteers, there is little wonder that UBC will be affected by the Games for good. However, there are still many aspects of preparing for the Games that student leaders have an opportunity to be involved in – what will the Games mean socially, environmentally and financially for UBC? What about for Vancouver? What can I do to be more aware and more involved?

### **The Future of the UBC Farm Panel Session**

Audience: Emerging, Current

Lunchtime, 12:35pm - 1:15 pm @ SUB 205

In the recent unveiling of the new development plan for UBC, there was a decrease in size from the current area of the UBC Farm. The farm is one of the last areas of UBC that has not been developed and has spurred new debates among students, staff, faculty and even politicians, over its future. If you are concerned or curious about the future of the UBC Farm, come to this panel discussion.

### **UBC and Commuter Student Involvement Roundtable Discussion**

Audience: Emerging, Current

Lunchtime, 12:35pm - 1:15 pm @ SUB 212A

The University of British Columbia is primarily a commuter school, and as such, sees masses of students arriving and leaving everyday. This roundtable session will allow delegates to engage in a dialogue with session leaders to find new insights on how to improve commuter student involvement, brainstorm new programs and services for the commuter student experience, and to help foster a stronger university spirit with everyone that attends the university.



## **Homelessness in Vancouver Panel Session**

Audience: All

Lunchtime, 12:35pm - 1:15 pm @ SUB 209

Over the course of the last couple years, homelessness in Vancouver has been a mainstay of political, social and academic discussion. The number of homeless people recorded has increased dramatically and estimates by non-profit groups count statistics much higher in the Downtown Eastside. With the 2010 Olympic and Paralympic games looming around the corner and the election of Gregor Robertson as mayor of Vancouver, this is time for student leaders to voice opinions and to take action. This panel will explore the new task force objectives and refreshed initiative in action to combat homelessness in Vancouver.

### **Featured Film Series**

Pangea Day: One-Hour Highlight Reel

Students: All

Lunchtime, 12:35pm – 1:15pm @ SUB 207

Dreamt by filmmaker Jehane Noujaim, winner of the TED Prize in 2006, her wish was to create a day in which the world came together through film. In a world where people are often divided by borders, difference, and conflict, it's easy to lose sight of what we all have in common. Pangea Day seeks to overcome that — to help people see themselves in others — through the power of film. Movies alone can't change the world. But the people who watch them can. Watch part of the one-hour highlight reel from the festival and see the powerful shorts sent in from all around the world in what they are calling the world's first 'global campfire'. Those inspired by Pangea Day will have the opportunity to connect with activists and organizations participating in community-building activities around the world.

### **Leadership & Opportunities Fair**

Audience: All

Lunchtime, 12:05pm – 1:25pm @ SUB Ballroom and Main Concourse

The goal of the Leadership Opportunities Fair at the 2009 Student Leadership Conference is two-fold. The first is to offer a chance for delegates to learn more about affiliated campus resources, campus student groups and community partners. The second is to facilitate networking amongst student leaders to give booth presenters a central location to connect with delegates. This year, the conference is moving towards a paperless Opportunities Fair. Delegates will be receiving a USB drive that will contain electronic copies of promotions materials for all of the booths.



## *The Nestor Korchinsky Student Leadership Award*

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The Nestor Korchinsky Student Leadership Award was established in honour of Dr. Nestor Korchinsky who worked at the University of British Columbia for 37 years, most notably as the Director of the Intramurals Program. Dr. Korchinsky is the embodiment of leadership and has inspired many students to dream big and to turn those dreams into reality. The Nestor Korchinsky Student Leadership Award is presented to a deserving student at the annual Student Leadership Conference.

This award will be presented during the conference closing ceremony to an accomplished student leader who has distinguished themselves through their achievements, service and contributions to the common good at the University of British Columbia. Contributions made by the recipient demonstrate a commitment to leadership and positive change within the University community that is worthy of recognition.

The Nestor Korchinsky Leadership Award will be presented at the end of today's program.

Previous Award Recipients:

2004 Christopher Zappavigna

2005 Timin Hadi

2006 Behshad Darvish & Mari Takeda

2007 Nabeela Khan

2008 Bijan Ahmadian



*Thank You to all our Workshop Presenters!*

Ron Ahluwalia  
 Bijan Ahmadian  
 Anna Akkerman  
 Tania Alekson  
 Tyler Algeo  
 Heather Allyn  
 Tamara Baldwin  
 Troy Barrie  
 Jacob Bayless  
 Margot Bell  
 Kelsey Beninger  
 Tanja Bergen  
 Maureen Bezanson  
 Kaitlin Blanchard  
 Kevin Byers  
 Melanie Byland  
 Sara Cassallas  
 Deb Chen  
 Caroline Cheng  
 Celine Cheng  
 Carmen Chu  
 Yenlinh Chung  
 Delna Contractor  
 Matt Corker  
 Rebecca Coulson  
 Mario Cruz  
 Caitlin Davey  
 Andra Dediu  
 Angeli dela Rosa  
 Shehneen Dhaman  
 Shafik Dharamsi  
 Michael Duncan  
 Tom Dvorak  
 Bobby Edwards  
 Erika Eliason  
 Pamela Fu  
 Annamarie Gal  
 Patty Hamblar  
 Cathy Han  
 Yale Harlap

Dave Heikilla  
 Tom Hill  
 Elske Hopcraft  
 Phil Hou  
 Yulin Hswen  
 Cecilia Huang  
 Nur Syahidah Binte Ismail  
 Maddison Ivens  
 Agatha Jassem  
 Coralie Jeffery  
 Sally Ke  
 Elisa Kharrazi  
 Jasmine Khungore  
 Sean Kim  
 Courtney Kohnen  
 Paul Korczyk  
 Swati Kumar  
 Adrienne Lai  
 Connie Lam  
 Richard Lam  
 Samantha Landa  
 Kenley Law  
 Sam Lee  
 Theresa Liao  
 Alex Lougheed  
 Thomas Luo  
 Eric Ma  
 Thato Magkolane  
 Chris Mallon  
 John Manson  
 Duncan McNicholl  
 Diana Moreiras  
 Rosemary Morgan  
 Robbie Morrison  
 Tyler Murphy  
 Kanaiya Mutua  
 John Naslund  
 Inge Neumeyer  
 Christine Nguyen  
 Sarah Nyrose

Minoah Pavon  
 Emily Pollock  
 Kumary Ponnambalam  
 Liana Popa  
 Sara Mohammad Pour  
 Rebecca Pouliot  
 Larissa Prairie  
 Rami Raad  
 Zahra Ramji  
 Anita Rashidj  
 Spencer Rasmussen  
 Amanda Reaume  
 Jamil Rhajiak  
 Mariam Riad  
 Foster Richardson  
 Caroline Rueckert  
 Jose Samayoa  
 Jennifer Scott  
 Shayan Shakerane  
 Saraphina Shooshtarian  
 Ailbish Skinner  
 Walker Smith  
 Warren Springer  
 Jillian Steger  
 Trevor Stokvis  
 Rena Tabata  
 Abigail Tooijos  
 John Tuytel  
 Stephen Ullstrom  
 Roselynn Verwoord  
 Lisa Wagner  
 Elizabeth Walker  
 Sara Grant-Weaver  
 Angela Willocks  
 Yuzheng Wang  
 Annabel Wong  
 Karen Wong  
 Stefanie Wudel  
 Charles Zhu

*Thank You to all our Volunteers!*

Cecilia Andvik	Max Gobeil	Alex (Yao) Nie
Saba Ardeshiri	Leanne Guo	Jianxing Niu
Anupam Beeharry	Christina Harris	Prabhjot Pandher
Sarah Benetti	Ruby (Ravinder) Hehar	Charles Peng
Rania Benzidane	Claire Heymans	Lucy Peng
Laura Brand	Ana Himani	Farnaz Pournia
Eric Braun	Henry (Liu) Hong	Esha Randhawa
Marvin Joseph F. Cadano	Jessica Hopkins	Daniela Rodriguez
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Gerry Cao	Melissa Jang	Stanley Shang
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Cherry Chen	Krista Johnson	Ada Sodhi
Cindy Chen	Emily Kaplun	Dong Hee Soh
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Devin Chen	Jackie Kim	Jayne Spooner
Shirley (Yu) Chen	Julie Kwan	Paradie Stewart
Vicki Chen	Cila (Sze Nga) Kwong	Cassandra Storey
Sally Cheng	Joyce Lai	Hilary Taylor
Sara Cheng	Katherine Lai	Mehak Tejani
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Jolinca Chien	Ada Lee	Ricky Tsui
Hin Chiu	Dorothy Lee	Qianlin Wang
Solomon Chiu	Eunchan (Michael) Lee	Jennifer Weng
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Kelvin Choy	Grace Leem	Dee Dee Wong
Jennifer (Wai Yin) Chu	Adelena Leon	Patrick Wong
Scally Chu	Feng Zhu	Winnie Wong
Navi Dasanjh	Florence Li	Le Xing
Can Jon Degerli	Lily Liaw	Vivien Yang
Harjot (Joti) Dhaliwal	Eva Lin	Anna Yeung
Salina Dharamsi	Kelly Lin	Lucy (Birou) Yuan
Amanda Ding	Lydia Lin	Rhona (Qian Ru) Yue
Sandy (Tung-Yun) Fang	Scott Lin	Judy Yuen
Heather Filek	Vivian Luk	Cheng Feng Zhang
Jaime Fletcher	Huan Ma	Yue (Moon) Zhang
Kay (Ka-Yin) Fung	Jennifer Marotta	Jenny Zhu
Jas Garcha	Monica McMahan	
Pia Ghosh	Nardin Roshan Moniri	

