

123 Hinsley Crescent
Ajax, Ontario L1L 2T0

November 15, 2015

City of Toronto
Human Resources Division
100 Queen Street West
Toronto, Ontario M5H 2N2

Re: Reference #: DENTHYG

Dear Ms. Mary Kutarna:

Culturally Competent Dental Hygiene, Smoking Cessation Counselling, Oral Cancer Screening, and Oral Health Screening for Patients with Mental Health Illness: I believe these skills along with ten years of dental hygiene experience have given me the background and practical experience employers would seek.

As you can see from my enclosed résumé, I worked as a Dental Assistant/Receptionist for 10 years and as a Dental Hygienist for 10 years along with 3 years practicing as a part-time Restorative Hygienist. As a Dental Hygienist, my typical duties are: performing new patient/complete examination and charting, periodontal assessment/soft tissue management, scaling, oral hygiene education and instruction, sealants, suture removal, placement and removal of orthodontic wires and elastics, placing composite and amalgam restorations, taking radiographs (traditional and digital), TMJ disorder assessment, oral cancer screening and educate on oral cancer self-assessment.

My collaboration with Mr. Rob Brent, President of the Durham Lung Association gave me the opportunity to implement an oral health lunch and learn presentation on the linkages between COPD and dental health. While working for Dr. Byrne, I collaborated with a patient, Ms. Allison Petty, who was the Primary Health Coordinator for the Canadian Mental Health Association Scarborough Neilson Office. With Ms. Petty's support, I implemented a weekly oral health screening and assessment session for people with mental health illness.

My references will confirm that I am reliable, organized, caring and personable – someone who is willing to work hard for the benefit of the community.

If you have an opening and you feel that I can contribute to the community, I would gladly meet and discuss further. I can be reached at paraíso.ethel@yahoo.ca. Thank you for your time.

Sincerely,

Ethel Paraíso

Ethel Paraíso
Encl: Résumé