

Ethel Paraiso

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Objective: A dental hygiene position in a prevention-oriented public health dental practice.

Work Experience:

- 2011-Present **Dr. Malaekah Zarrabian** Toronto, ON
Restorative Dental Hygienist (Part-time)
- Dental hygiene client care: exam/charting, scaling and OHEI (oral hygiene education and instruction).
 - Suture removal, sealants and composite/amalgam restorations.
 - Discuss orthodontic, TMJD (temporomandibular joint disorder), implants, crowns/bridges, bleaching and restorative treatment with clients (prevention and treatment).
- 2007-Present **Harwood Dental Group** Ajax, ON
Dental Hygienist (Part-time)
- Dental hygiene client care: exam/charting, scaling and OHEI.
 - Discuss orthodontic, TMJD, implants, crowns/bridges and restorative treatment with clients (prevention and treatment).
- 2005-Present **Beechgrove Family Dental** Scarborough, ON
Dental Hygienist (Part-time)
- Dental hygiene client care: exam/charting, scaling and OHEI.
 - TMJ assessment, take impression records and radiographs.
 - Discuss orthodontic, TMJD, implants, crowns/bridges and restorative treatment with clients (prevention and treatment).
 - Suture removal, change orthodontic elastics and wires.
- 2005-Present **Dr. Katherine King** Toronto, ON
Dental Hygienist (Part-time)
- Dental hygiene client care: exam/charting, scaling and OHIE.
 - TMJD assessment and take radiographs (digital).
- 2006 **Dr. Bernard Ungerman** Scarborough, ON
Dental Hygienist (Part-time for maternity leave)
- Dental hygiene client care: exam/charting, scaling and OHIE.
- 1993-2003 **Dr. Kopel and Associates** Scarborough, ON
Dental Assistant and Receptionist (Full-time)
- Assisted dentists in all aspects of dentistry.

Education:

- 2008-Present **University of British Columbia**
On-line Dental Hygiene Degree Completion
- 2012 **University of Manitoba** Winnipeg, Manitoba
Restorative Dental Hygiene Certificate
- 2003-2005 **Canadore College** North Bay, ON
Dental Hygiene Program
- Received Dental Hygiene Diploma and HARP Certification.
 - Graduated with honors.
- 1996-1997 **George Brown College** Toronto, ON
Dental Assisting Program
- Received Dental Assistant Diploma and HARP Certification.

Personal

Skills:

- Excellent client care skills and work ethic.
- Culturally competent dental hygiene.
- Software proficiencies: Logic Tech, Abeldent and Tracker.
- Excellent communication and time management skills.

Strengths:

- Nurturing personality and positive attitude.
- Ability to work under pressure with maximum efficiency.
- Reliable, punctual, able to multitask.
- Excellent telephone manner and team player.

Seminars and Continuing Education:

- Invisalign Course, yearly CPR and WHMIS
- Rondeau Seminars; On-line courses through CDHA and UBC

Co-op Programs and Volunteer work:

- The Hospital for Sick Children, Toronto (Co-op 1997)
- North Bay Psychiatric Hospital, North Bay – Volunteer (2004)
- Nipissing Early Years Centre, North Bay (Co-op 2004)
- Eastholme Home for the Aged, Powassan – Volunteer (2005)
- Durham Region Lung Association, Whitby – COPD and Oral Health Linkages and Associations - Presenter (2014)
- Canadian Mental Health Association (CMHA), Toronto – Dental Hygienist - Oral health screening and assessment (2014-2015)

Interests:

- Running/walking, reading and camping.

References:

Available on request.
