## Creative Response LFS 490

For my creative response to the class, I decided to create three different collages that depict past, present and future me. This class affected me on an emotional and physical level, as I brought the topics and discussions into my everyday life, recognizing my habits and responses. This exercise was a great way to reflect on the past six weeks and acknowledge how I have grown and (un)learned.

## **Past**

The first collage represents who I was and what I valued before the course. I was very focused on bettering myself, working on the individual, and being more "woke" for the wrong reasons, even though I thought it was right. I had a lingering saviour complex, eager to graduate to make the world better for others, failing to recognize how we can all help and need each other. I was focused on the environment alone, looking for quick "green" solutions, kneeling to the academic world for facts and data. More so I was coasting in a state of comfortability, unwilling to notice the "shit" and point the finger at myself to see how complicit I am in the systems I critique.

## Present

The middle collage represents the present day, how the course affected me from top to bottom. In the beginning, I felt overwhelmed, heavy and hopeless, struggling to see any good for the future. However, I began to see and feel a switch, able to sit longer with the pain from my involvement and the engrained systems of the global north. I saw the need for collective action and reciprocal community relationships. I realized that there is no one knowledge or truth, that there are many different ways of knowing and lifeforms that are worthy of equal respect and understanding. I began to come to terms with the reality that I won't be able to fix or know it all, and never will, seeing both the good and bad shit of the metabolic system I am entangled in.

## **Future**

The last collage represents future me, continuing to let go of harmful patterns that uphold violence and unsustainability. It represents me being free from needing to constantly find answers, and being comfortable with the unknown. It is me continuing to learn, accepting different ways of knowing, and challenging the violent norm. It shows me working towards being okay with less control, humbling my human ego, and interrupting my compulsory behaviours for a different and better future.

