

Fariba Rajabi

fariba.rajabi11@gmail.com

Tel: +7788584842

EDUCATION

International Culinary Arts Diploma With Honours Roll, The Art Institute of Vancouver
(April 2016-June 2017)

B.Sc. in Food, Nutrition and Health, University of British Columbia (May 2006 – December 2010)

PAID WORK EXPERIENCE

Professional cook | Truffles Fine Foods | November- December 2017
o Work in the Garde Manger department to prepare, cook, assemble, and serve food

Professional cook | Nuba Natural Foods | June-July 2017
o Performed catering preparations and serving orders

VOLUNTEERING EXPERIENCE

Coordinator volunteer | BC School Fruit and Vegetable Nutritional Program |
September 2016-present
o Coordinate with other parents and make arrangement/execution for receiving, safe handling, and distribution of fruits and vegetables in Ridgeview Elementary School for 400 students

Chef volunteer | Growing Chef Non-Profit Organization | September 2017- present
o Work in a team to teach kids about urban agriculture and food sustainability

Culinary Diploma Practicum |
Nuba Natural Foods | March-April 2017

Community Healthy Cooking Workshops Assistant | NutriFoodie | 2017
o Assisted dieticians in setting up, carrying out, and closing down the workshop

Social Media Contributor | NutriFoodie | October 2017-present
o Campers and Parents Evaluation forms to be used as testimonial and statistics in

NutriFoodie website

- o Prepared Nutrition Month Blogs drafts for the Dietitians to be used in NutriFoodie blog page using the Dietitians of Canada Guidelines

Instructor Assistant | Vancouver Art Institute | April 2016- 2017

- o Led team workshops under head chef supervision

Camp Leader | NutriFoodie Kids' Multicultural Cooking Summer Camp | July 2017

- o Led basic knife skills demonstrations, kitchen safety rules and taught kids how to follow recipes and work cohesively in a team
- o Taught kids cooking skills and food activity
- o Led group activities and games

Leftovers, Three Ways Booklet Producer | NutriFoodie | December 2016

- o Developed Recipes, tested, and created the booklet to publish in NutriFoodie Website

Dietician assistant | Mahak Hospital; 2009-2011

- o Translated Critical Nutrition Documents, assisted the dietitians in general daily patient visits, and prepared special orders for patients

WEBSITE DEVELOPER

- o Founder of two weblogs in English and Farsi

AWARDS AND RECOGNITIONS

- o Vancouver Arts Institute General Entry Scholarship

EXTRA CURRICUIAR ACTIVITIES AND PROFESSIONAL DEVELOPMENT

- Motivational counselling, steps into excellence , online, ongoing
- Martial Arts Club Member, ongoing
- Dietitian interviewing and onlineintrrviews and profession research