# Global Health

Goals

Throughout my newly beginning medical career, I hope to act as an advocate for diverse vulnerable and isolated populations by providing compassionate and understanding care.

My main area of interest is refugee and immigrant health. I would like this area to be the main focus in research/advocacy projects completed during the program in order to be better prepared to work with these populations in Canada and abroad.

I also hope to locum in smaller communities of Canada, and would therefore like to gain experience in aboriginal health and in providing care in resource-limited settings.

Other specific goals:

1. Improve TB and tropical medicine knowledge
2. Learn about interdisciplinary work in the setting of Global Health
3. Participant in advocacy projects related to social determinants of health outside of the hospital setting (through journal article, global reporting centre).
4. Participant in clinical and advocacy programs abroad

Proposed schedule

August

Indigenous Health Clinic – Duncan (August 14-25)

* Online global health course
* Refugee e-learning course
* Begin research activity/ interdisciplinary project/ GH journalism

While working in the clinic, I hope to learn about healthcare challenges unique to Indigenous populations while gaining cultural knowledge in order to understand how to better approach challenges faced.

During this time, I will begin working on online courses and thinking about possible research projects.

September

Urban Health/HIV (August 28 – Sept 24)

* Journal club
* Continue GH journalism/research project

During the clinical rotation, I hope to gain more confidence when dealing with vulnerable populations in an urban setting, particularly with HIV patients.

I will complete coursework (mainly the refugee course) and will continue to consider research projects.

October - November

Clinical placement: Refugee clinic: (Oct 2 – Dec 8) (8 weeks)

* Humanitarian Disaster and Response eCertification (<http://www.humanitarianu.com/online-courses/healthcare-provider-program/>)
* Continue GH journalism project/ research activity/ interdisciplinary project

December

Dec 9-16 – coursework; Finish GH journalism/research project

Dec 17 - 31 - Vacation

January - March

TB Clinic 2 weeks (Jan 2-14)

Zimbabwe (mid-Jan to mid-March)