School of Nursing Faculty of Applied Science

CRiHHI Critical Inquiry Series

Linking blue spaces and health: Examples from Auckland's offshore islands

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DATE: TIME: VENUE: Wednesday, October 9, 2013 12-1pm Room T206 UBC School of Nursing 3rd Floor of the UBC Hospital [MAP] 2211 Wesbrook Mall, Vancouver, BC For more information: 603.822.1409

To attend remotely by webcast: <u>CLICK HERE</u> Set-up guide: <u>www.nursing.ubc.ca/Research/documents/WebcastSetUp.pdf</u>

A longstanding interest in the healthy character of green spaces in cities is being complemented by a focus on blue space and health. This emphasis builds on notions of therapeutic landscape and is opening up a range of research possibilities both from within and beyond health geography through examining the potent influence of water and sky on human wellbeing.

In this session, examples are drawn from research on two of Auckland's offshore islands: a study of older people's experience of healthy ageing in place; and the transformation of an a former alcohol detoxification centre into a recreational destination. In each, I examine the affective aspects of water and sky and note that therapeutic encounters are always contingent, relational and uncertain.

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