

Huy Nguyen

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March 23rd 2016

Shannon Harvey-Renner
Township of Langley
20338 - 65 Avenue
Langley, BC, Canada
V2Y 3J1

Re: Auxillary 16-BO20 Recreational Worker VI - Kinesiologist

Dear Ms. Harvey-Renner,

The posting for the kinesiologist position at the Township of Langley closely matches my background and expertise. I am very dedicated towards helping people achieve and maintain optimal health and providing an active lifestyle through prevention, assessment, and treatment. My knowledge and experience in rehabilitation will be a valuable asset to your team.

I completed my undergraduate degree at Simon Fraser University in the field of Kinesiology. During my time as a student, I was actively involved in the school community and took part in the co-op program. I have recently worked at a sports rehab clinic in North Vancouver, developing much of my skills in this professional field. During my time working at the clinic, I learned how to perform kinesiology assessments, teach and explain exercise programs, while providing consultations and education for many different people. I can use the skills I have gained to help implement rehabilitation programs for clients with a variety of injuries and apply these skills towards developing individual rehab, training, and conditioning programs. I am a certified weight trainer with the BCRPA, and have worked in a fitness center for over five years. My education in the kinesiology field combined with my experience in the fitness field is exactly what your position requires. I also fulfill the addition asset of having my fitness leader and personal training certification.

I am currently certified with my BCAA membership and have more than the necessary certifications required for this position. As a very active individual, I have the desire to help others reach their personal goals through an active lifestyle. My exposure to a diverse school community has allowed me to build strong relationships in the people I work with. Being active through my university career has made me very comfortable when building rapport and trust in the people. I want to carry this experience from my education to help people in the community reach their optimal health.

I am very eager for the opportunity to be among your team of professionals. With my skills and experience, I believe I will make a positive impact towards the Township of Langley. Thank you very much for this opportunity.

Respectfully Yours,

Huy Nguyen