

Huy Nguyen

14611 - 105A Ave. Surrey, British Columbia V3R-5X8

Email: hnn@live.ca Phone: (778) 869-3055

Education

University of British Columbia, Vancouver B.C.

Unclassified Student, September 2015 – Present

Non-Degree Studies

Simon Fraser University, Burnaby B.C.

Bachelor of Science in Kinesiology, September 2006 - June 2012

- Active Health and Rehabilitation Concentration
- Health and Fitness Certificate
- Co-op Education Program

Work Experience

Lynn Valley Orthopaedic & Sports Physiotherapy Center, North Vancouver B.C.

Registered Kinesiologist, September 2012 – Present

- Assisting physiotherapists in the implementation of exercises for patients in the clinic.
- Instruct, supervise and modify various rehabilitation programs for patients who sustain physical injury.
- Applying game-ready cryotherapy and setting up cervical/lumbar traction bed for patients.
- Recording progress of patients on exercise charts and emailing patient exercise program.

SFU Fitness Center, Burnaby B.C.

Weight Room Supervisor and Trainer, April 2009 – April 2013

- Displayed strong customer-client interaction by engaging with gym patron and inputted records, inventories, and reports into logbooks and computer.
- Designed and implemented personalized exercise programs to clients with various fitness goals.
- Provided one-on-one training and general exercise assistance in weight-lifting and cardio machines.

OT Consulting and Treatment Services, Vancouver B.C.

Student Kinesiologist, August 2010 – May 2011

- Conducted intake assessments for newly admitted WCB clients to determine treatment plan.
- Provided stretch routines and exercise programs to help clients improve or restore physical function and alleviate pain.
- Assisted in performing job demands analysis and functional evaluation testing.
- Educated clients on identifying risk factors and how to prevent injury in a workplace setting.

Technical Skills and Certifications

Kinesiology Related Certifications

- BCAA Membership
- BCRPA Weight Training Module and Fitness Leader – Fitness Theory
- BC Lifesaving Society Standard First Aid and CPR C
- Kinesio-Taping KT1 & KT2 Certificate
- Soft Tissue Release Certificate – Canadian Athletic Therapist Association

References Available Upon Request