

## Day 2



### Opening - Community forum

- if this (chooses a table in centre of room) is downtown Vancouver (Show N, S, E, W)
- find a place in the room that is a place in the world that is special to you.
  - you'll need to talk to one another to determine where you are.
- share:
  - where you are
  - why is this place important to you?

### Opening -



- Place yourself in a line # of days you have facilitated  
→ # of days - we each say
- Line - how you react to conflict.

- We then debriefed

Tips for openings → see picture

Exude confidence

(if it doesn't work → acknowledge factually)

• Think through purpose → Then pick your activity

→ don't use 'ice-breaker' → trivializes it  
- opening has to be effective to group functioning

## Opening

Mindfulness (context was a leadership team)  
→ he guides us through a mindfulness activity

at the end, he asked us to consider 2 qs:

→ imagine you've had a fabulous day

- 1) what have you done to make this happen?
- 2) what have u not done

## INTERVENTIONS (G)

you see something happening + decide to do something.

? but how do you know if "ineffective" (search image)

? is this the right time to intervene?

? do I have the skills to go here?

? is it just me or is it happening

{ witness or support but don't inquire }  
in some instances

### how do we structure

- 1) big group → small group

2)  $\Delta$  Content (if agreement from group)

3) Reframe

"we've been struggling ix, let's look at advantages..."  
Some way to shift perspective

$\Delta$  energy

- humour
- step away or towards
- sit down / stand up

[if you can only spell things I way, it shows lack of creativity]

"I want to help you" vs "I'm going to fix this"  
in a development model, you may want to acknowledge:  
"we seem to be struggling..."

## Roleplay

A) Scenario

- association of professional facilitators awards (we're c'tee)  $\rightarrow$  1 person is assigned by Julian to be "outsider"  $\rightarrow$  chair pulled apart
- he asks 1 person to model ineffective behaviour + tells that person in private.

} I like the way he reminds us not to overplay it  $\rightarrow$  that it works best if not charactured

## Scenario 2

~6 minutes

### Ctee - Recommendations for facilitators

→ Debrief  
(1) what did facilitator do (minus ineffective behaviour)

is something out of scope?

→ ask the convener  
→ if convener not there, let the group decide  
if this is part of conversation or not

· be authentic to the words that are being used by  
the participants.

"folks, let's slow this down... here is what I've heard  
in the last few minutes"

· remember to go back to ground rules

end role play with: "let's let [name] out of rule play."

### interventions

- work in pairs
- is there anyone who hasn't had a chance to say much who ...
- Alkiyo = let Odessa have the chance to enthusiastically  
give lots of ideas; be intentional. "Thank you Odessa. I'd  
like to hear from others ..."

## Day 2: Afternoon

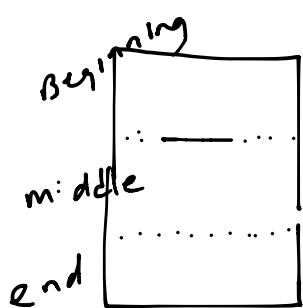
- Find a new friend.

A+B

Each facing sum way, B behind A. A thinks abt n conflict. You won't need to share details. Don't think of sthng that will traumatize.

### Activity H.2 - on our own

debrief as a group → SG on F/C



We rapidly did each section.

### Overall debrief

- no overall problem solving method
- ppl are in different stage

{ yet problem-solving often presented as linear p. H-2

systematic problem solving → each member of group is at same stage.

~ 1.25 hrs  
doing process design on the case that we started yesterday. We referred back to the L.O. + worked backwards.

BRAINSTORMING  
- need to be clear on guidelines + what you'll do if the data

Online meetings.  
In groups of 4-5 - what does it take to make these work

### Energizer

mirrors - feet      2  
· hands,  
· butt  
etc