Taking a coach approach to teaching and learning consultations

EDCC Conference

2024

Isabeau Iqbal & Natasha Kenny







Agenda

Your role in a consultation

What is coaching?

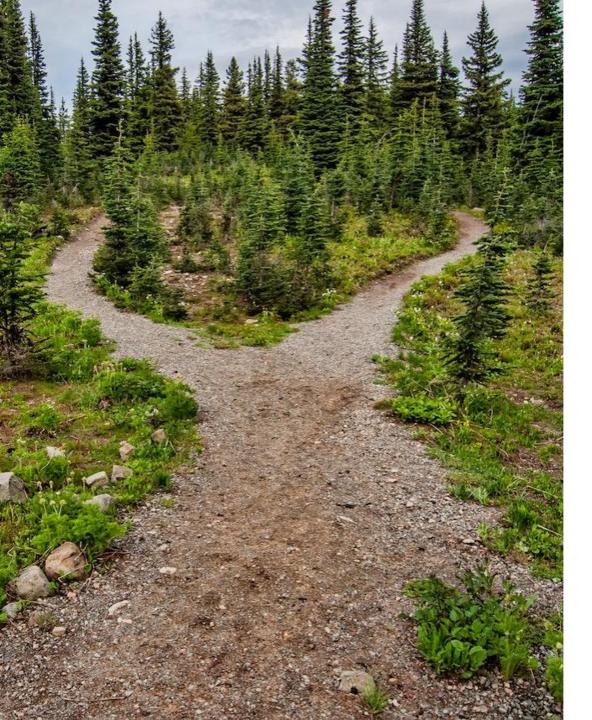
Coaching competencies

Competencies applied in consultations (Room)

Coaching model

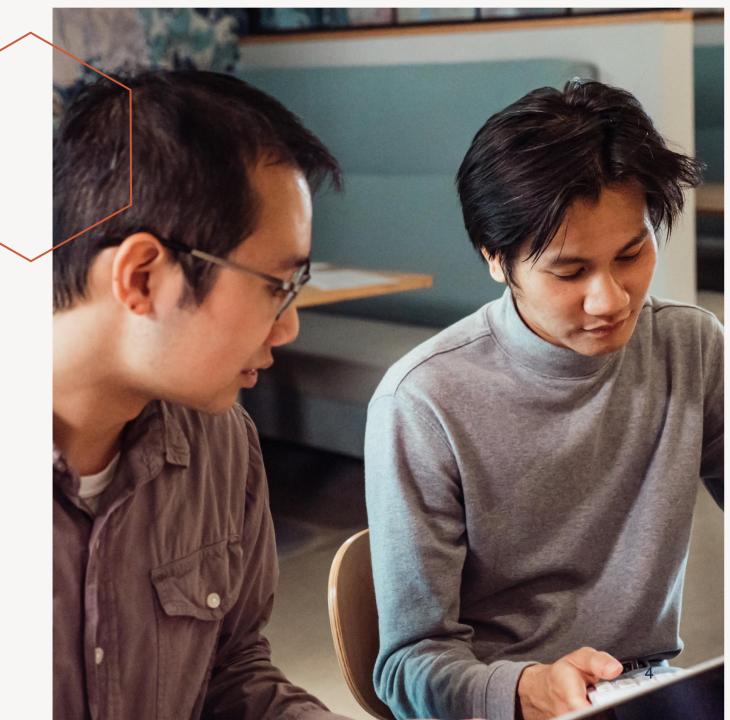
Reflections and closing





What is your role in a consultation?

What is coaching?

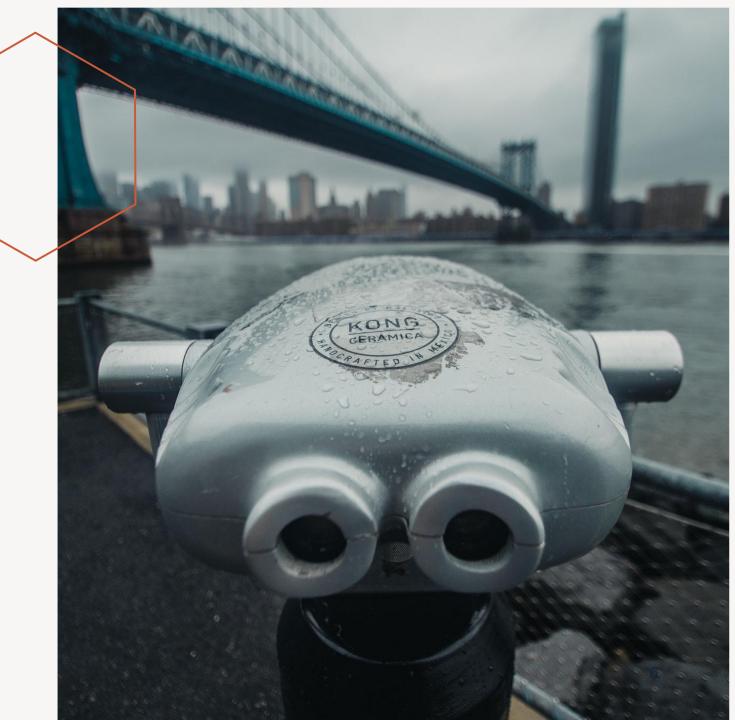


Individual activity

As you read through the definitions, underline or highlight words or phrases that resonate with your approach to consultations with instructors.

Are there any questions or tensions that emerge for you?

Coaching competencies



Competencies #1-4 (modified)

- 1. Demonstrates ethical practice
- 2. Embodies a **coaching mindset**: Is open, curious, flexible, learner-centered
- 3. Establishes and maintains **agreements**: Partners with instructor to determine goals of the consultation
- 4. Cultivates **trust** and safety: Creates a supportive environment

Competencies #5-8 (modified)

- 5. Maintains presence: Is fully present with instructor
- **6. Listens** actively
- 7. Evokes awareness: Facilitates insight and learning
- 8. Facilitates growth: Transforms learning and insight into action



What do these competencies look like/feel like in a consultation?

Breakout room activity

You will be in small groups.

Take a moment to say hi and introduce yourselves.

In your group, select a competency to discuss.

Prompts for discussion:

- What does this competency looks like/feels like in a consultation? (You can reflect on this from your perspective and/or the instructor's perspective)
- What are some practical strategies for implementation?

An example: Demonstrates ethical practice

What this looks like/feels like in a consultation

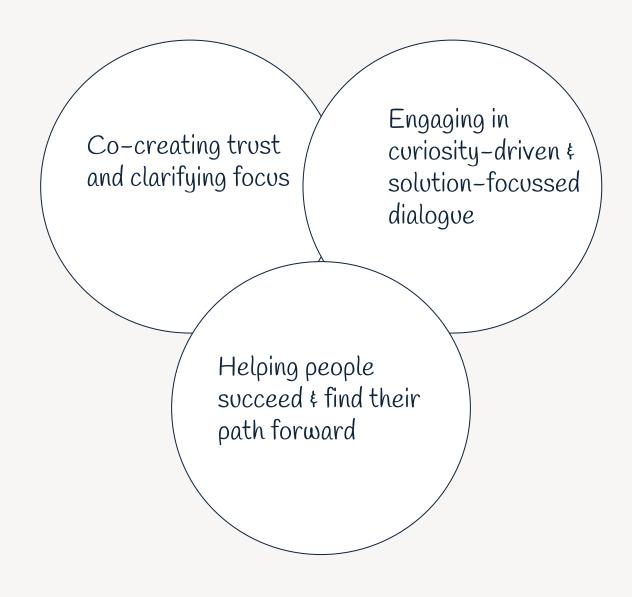
- I maintain confidentiality as relevant
- I am sensitive to, and aware of, the instructor's needs
- I am clear about the limits of my expertise
- Feels like a big responsibility

Demonstrates ethical practice (example ctd)

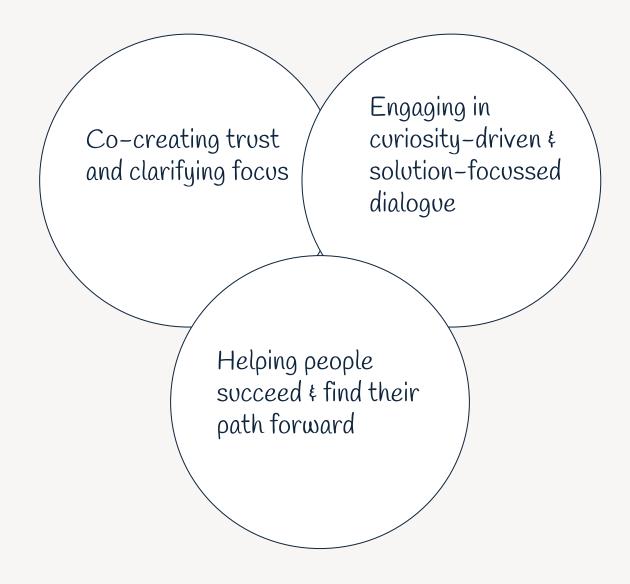
Practical strategies for implementation

- I let the instructor know that this conversation is private
- I refer out to another colleague if there is something that is outside my area of "expertise"
- Take a breath before a consultation

Coaching model

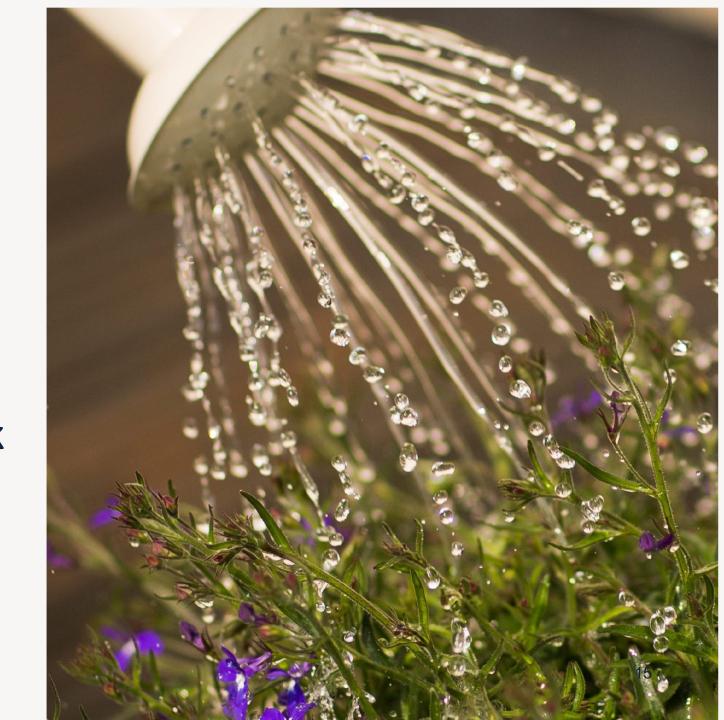


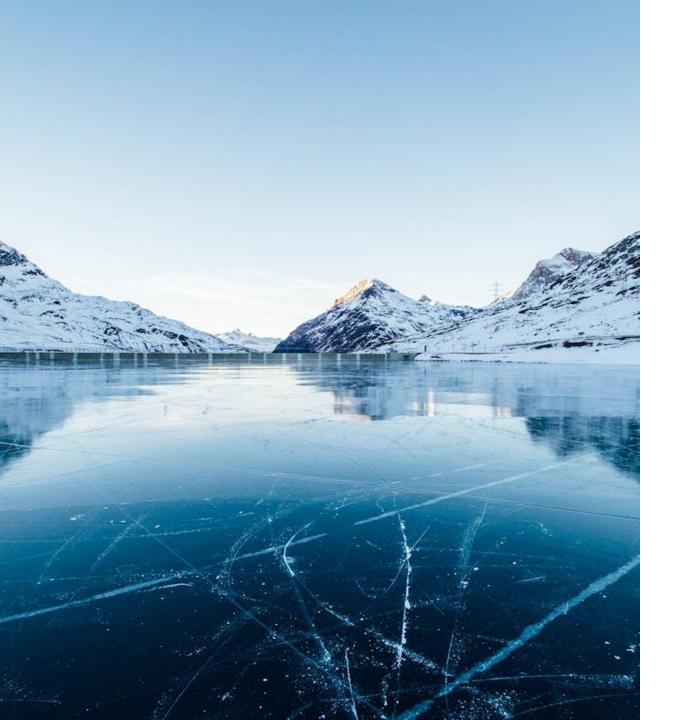
- What did you want to work through today?
- What is most important about this?
- What would success look like at the end of our conversation?
- What results/changes do you really want to see?
- What are you (or the students you are teaching) doing or not doing to support these results?
- What's your responsibility as an instructor? What is the responsibility of the students you teach?
- What are some possible paths forward? What other options come to mind for you?
- What did you learn about yourself? What did you learn about your situation?
- How will you use this learning going forward?
- What's the right nextstep for you?



What would you like to leave the session with today?

What does "success" look like by the end of the session?





Reflections

What are you taking away with you? (e.g., An idea/concept that stands out for you, a new friend, a question about...)

And/or

One coaching practice you are committed to trying out or continuing.



Thank you

Isabeau Iqbal, PhD

Educational Developer, UBC Centre for Teaching, Learning and Technlogy

Professional Certified Coach, ICF

Isabeau.Iqbal@ubc.ca

Natasha Kenny, PhD

Senior Director, Taylor Institute, UCalgary

nakenny@ucalgary.ca





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Please attribute to Isabeau Iqbal at The Centre for Teaching, Learning and Technology at the University of British Columbia (Vancouver Campus) and Natasha Kenny, Taylor Institute, University of Calgary.