

Student Exchange Report - Guidance and Assistance

Period of Exchange	<input type="checkbox"/> Autumn Semester 20__ <input checked="" type="checkbox"/> Spring Semester 2011
Home University	Freie Universität Berlin
Home Country	<input checked="" type="checkbox"/> Europe: <input type="checkbox"/> Overseas:
School Level	
Start of your Studies	<input checked="" type="checkbox"/> HS 20__ <input type="checkbox"/> FS 20__
Contact (optional)	<input checked="" type="checkbox"/> E-Mail: max.muster@mail.ch <input checked="" type="checkbox"/> Phone: 070 000 00 00

Before the Exchange

- Short Overview of your stay or a first conclusion
- General motives/goals of your exchange
- Reasons for choosing Zurich University of Teacher Education as your guest University (or Switzerland as your guest Country resp. Zurich as your guest City)

Organisation

- Important preparations (formalities, insurance...)
- Support of Zurich University of Teacher Education
- Support of your home university
- What could have worked better in the run-up to your exchange?
- Arrival and first days at Zurich University of Teacher Education (Welcoming Days, Course Inscription and administrative affairs...)

The Exchange

Studies & Practicum

- Visited courses (name, content, form of the course, subjective impression, examination...)
- Other offered activities at Zurich University of Teacher Education (e.g. sports, language courses...)
- Facilities of Zurich University of Teacher Education (location, equipment...)
- Contact to lecturers, mentoring and support
- Contact to students
- Informations about Zurich's/Switzerland's school system and teacher education system
- Experiences in your practicum: classes/instruction, organisation of the school, conditions in the teaching profession, differences/similarities compared with your home country

Accommodation

- How did you live (shared flat, dorm...)?
- Search for accommodation: How hard was it to find an accommodation? Where/how exactly did you search? Did you have any support for your search?
- Costs for accommodation and living expenses in general
- How did you experience the time in your accommodation (contact with roommates, cleanliness, distance to Zurich University of Teacher Education...)

Living in Zurich

- Subjective impression of Zurich (characteristics, size, safety, people...)
- Free time activities (culture, sports...)
- Language: Were your skills sufficient to manage everyday life?
- Tips for future exchange students: Things you have to see/do, possible excursions in- and outside of Zurich, things you should take along from your home country (because it's not available in Zurich or difficult to get)...

After the Exchange

Administration & Conclusion

- Recognition of study achievements at your home university
- Getting the Transcript of Records
- Overall impression of your exchange
- How did you benefit from the exchange (as a person, teacher, student) resp. what did you learn (professional and social skills, getting to know another school system...)?
- Has your attitude towards the school or teaching education system in your home country changed in any way (positively or negatively)?