

PART 4—SELF-EVALUATION AND REFLECTION

Today you will evaluate your final dance performance by watching the recorded public performance using the Teacher Scoring Rubric—Dance Performance Rubric on pages 3–4 of your Student Booklet. Use it to assess your ability to maintain performance dynamics in regard to space, time, and energy.

On your rubric, please mark or indicate your level of performance in each dimension.

When you have finished evaluating your final performance, complete the Reflection Worksheet on pages 5–6. Use your three self-evaluations to reflect upon your growth and areas for future improvement in dance performance.

You will have the rest of the class period to finish your work.

TEACHER SCORING RUBRIC—DANCE PERFORMANCE

Dimension	1	2	3	4
Accuracy of technical skill and concept	Skills are not performed correctly and safely. Understanding of appropriate concepts, initiation, and movement awareness is not made evident.	Few skills are performed correctly and safely. A limited understanding of appropriate concepts, initiation, and movement awareness is presented.	Some aspects of skills are performed correctly and safely. Some of the appropriate concepts, initiation, and movement awareness and understanding are presented.	Skills are performed correctly and safely. The appropriate concepts, initiation, and movement awareness and understanding are presented.
Alignment Body placement in space and moving through space	Not able to maintain proper aspects of alignment and body placement in space or while moving through space.	Not always able to maintain proper aspects of alignment and body placement. Not always demonstrated in space and through space.	Most often able to maintain proper aspects of alignment and body placement demonstrated not only in space but also while moving through space.	Able to maintain proper aspects of alignment and body placement demonstrated not only in space but also while moving through space.
Transitions	Smooth and efficient transitions are not presented between movements.	Transitions between movements are somewhat smooth and efficient but need practice.	Transitions between movements are mostly smooth and efficient.	Transitions between movements are consistently smooth and efficient.

Musicality Rhythm and syncopation, phrasing	Musicality and understanding of rhythm awareness are not demonstrated throughout performance.	Very little musicality and understanding of rhythm awareness are demonstrated throughout performance.	Some movement is performed demonstrating an ability to feel and present the rhythm and musicality to the phrase.	Movement is performed demonstrating an ability to feel and present the rhythm and musicality to the phrase.
Use of Space Directions, line, spatial clarity in motion	There is little awareness of how the body and limbs can use the space around them. Performance does not demonstrate awareness of self and others in space while performing.	Awareness of space through entire body and limbs is not always connected. More awareness of self and others in space is needed throughout performance.	Awareness of space is often developed through body and limbs. Spatial awareness of self and others is usually evident in performance.	Awareness of space is developed through body and limbs. Spatial awareness of self and others is evident in performance.
Dynamics of Movement Quality of attack	Ability to present movement that demonstrates use of texture, attack, flow, and effort throughout performance is not present.	Has limited ability to present movement that demonstrates use of texture, attack, flow, and effort throughout performance.	Demonstrates quality of movement understanding, and demonstrates some aspects of texture, attack, flow, and effort throughout performance.	Demonstrates quality of movement understanding, and demonstrates texture, attack, flow, and effort throughout performance.
Learning and Understanding physically projected throughout dance	Emotion, expression, and intent of movement is not demonstrated and projected throughout the performance.	Emotion, expression, and intent of movement are rarely demonstrated and projected throughout the performance.	Emotion, expression, and intent of movement are somewhat demonstrated and projected throughout the performance.	Emotion, expression, and intent of movement is demonstrated and projected throughout the performance.

-
- This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

