

## INQUIRY WORKSHOP PROPOSAL – SAMPLE 2

<b>Categories</b>	
I. Group Members	
II. Presentation Date	FUNdamentals of choral conducting  January 20, 2015, 3:15 PM
III. Summary	<p>This inquiry workshop provides various sight singing games to improve sight reading skills.</p> <p>(5 mins) Introduce “special guest” John Yamamoto with thanks for participating. Ask him about his –musical background?</p> <p>Agenda:</p> <p>(3 min) EXPLAIN: Gestures/Non-Verbal Communication</p> <p>(10 mins) DEMO: Posture/Breathing</p> <p>(10 mins) DEMO: Connecting Breath to Sound</p> <p>(10 mins) LARGE GROUP: Enhancing the Sound</p>

	(5 mins) EXPLAIN: Conclusion (reiterate objectives)
IV. Materials	<ul style="list-style-type: none"> <li>• Large room</li> <li>• Signs “Up”, “Down”, “Small”, and “Large”</li> <li>• Handouts</li> <li>• Piano</li> </ul>
V. Objectives	<ol style="list-style-type: none"> <li>1. To improve <ol style="list-style-type: none"> <li>(a) Posture/Breath</li> <li>(b) Tone Production</li> <li>(c) Tone Enhancement</li> </ol> </li> <li>2. To perform specific gestures/exercises to improve sound of choir.</li> </ol>
VI. Activities (didactic + interactive)	<p><b>(5 min) introduction</b></p> <p><b>(10 min) Posture:</b></p> <ul style="list-style-type: none"> <li>• Reverse gravity - lift from head and sternum - puppeteer</li> <li>• CALL/RESPONSE: Blossoming gesture - closed to open, small to big</li> <li>• Bellow vs. sustained posture - Create space for breath</li> </ul>

- **EXPLAIN/MODEL:** role and importance of posture in breathing - standing on one foot

**Breathing:**

- **DEMO:** Breath prepares the instrument to make the best sound possible - gesture: bottom down , empty head.
- **EXPLAIN:** Resistance vs. effortlessness - “silent renewal of breath within postural quietude” - Francesco Lamperti
- Circle of life breath / acknowledge role of back muscles

**(10 min) Connecting Breath to Sound:**

- Explore how posture and breath changes sound - experiment with good and bad posture and breathing
- Explore how different breath gestures influences sound
- Discuss resonance - gestures to create space / show where to resonate

**(10 min) Enhancing Sound:**

- Not just “when” but “how” - incorporate gestures into expressive conducting
- Play with expression - crescendo/decrescendo, push/pull,

	<p>colour</p> <ul style="list-style-type: none"> <li>• Play with attacks, releases</li> </ul> <p>(5 min) conclusion -</p>
<p>VII. References</p>	<ol style="list-style-type: none"> <li>1. Elektra Women's choir. (2014). The Elektra Sound - Warmups. [Online Video]. 18September. Available:<a href="https://www.youtube.com/watch?v=L3kAo5LBGfw">https://www.youtube.com/watch?v=L3kAo5LBGfw</a>.</li> <li>2. Fagnan, L. (Presenter) (2010, May 21). The Impact of Bel Canto Principles on Vocal Beauty, Energy and Health. <i>PODIUM 2010</i>. workshop conducted from Saskatoon.</li> <li>3. Jordan, James. (2011). “Choral Singing Step by Step: Eleven Concise Lessons for Individual or Choral Ensemble Use.” GIA Publications, Inc.</li> <li>4. Rodney Eichenberger &amp; Andre Thomas (Producers). (1994). What They See Is What You Get: Linking the visual, the aural, and the kinetic to promote artistic choral singing [DVD]. Hinshaw Music, Inc.</li> </ol>

