

## **EDUC 451B Autobiographical Poem**

Poetry deals with the emotions, just as music. An autobiographical poem is personal—it reveals something about the person writing the poem. It does not have to rhyme. Below is a simple plan to write your own autobiographical poem. Just follow the steps and—before you know it—it’s done.

### I AM Poem

#### FIRST STANZA

I am (two special characteristics you have)  
I wonder (something you are actually curious about)  
I hear (an imaginary sound)  
I see (an imaginary sight)  
I want (an actual desire)  
I am (the first line of the poem repeated)

#### SECOND STANZA

I pretend (something you actually pretend to do)  
I feel (a feeling about something imaginary)  
I touch (an imaginary touch)  
I worry (something that really bothers you)  
I cry (something that makes you very sad)  
I am (the first line of the poem repeated)

#### THIRD STANZA

I understand (something you know is true)  
I say (something you believe in)  
I dream (something you actually dream about)  
I try (something you really make an effort about)  
I hope (something you actually hope for)  
I am (the first line of the poem repeated)