Master of Kinesiology

The Master of Kinesiology (MKin) is a non-thesis, 30-credit course-based degree with broad course offerings, field experiences and knowledge from leading practical and theory experts. We are transitioning to a two stream model with core and recommended course offerings associated with each: *Performance and Coaching Sciences and Clinical Kinesiology*. The expected time to completion is 3-4 terms, with the possibility of completing the program in one year (3 terms).

* A thesis is not part of this program, distinguishing the MKin from the MA/MSc programs.

The MKin program prepares students for employment in coaching and sport-science support, such as strength and conditioning, at various levels (high school, club, varsity, elite/professional sports) and/or for professional leadership and work across a range of health settings including clinical/community/corporate health and exercise promotion and chronic disease prevention programs. For over two decades, the Coaching Science program has supported the coaching careers of many different sport coaches by enhancing their theoretical knowledge and practical skill development. We are now also offering courses related to Clinical Kinesiology, to meet the growing needs of exercise specialists in various health and community arenas, which will be driven by knowledge related to exercise testing and prescription, nutrition, injury prevention and behaviour change.

No supervisor is required for admission to the MKin program. However, opportunities to work directly with a faculty supervisor will be available through field placements or directed (research) studies. Please see the <u>Mkin course planning guide</u> and <u>Mkin course template</u> in the *downloadable forms* tab for more information.

Reference

"Prospective Graduate Students." *School of Kinesiology*, https://kin.educ.ubc.ca/graduate-programs/prospective-graduate/#Masters-1.