

# Energizer

**Name:** Monkey-Moose-Amoeba

**Notes:**

**Procedure:**

- Have group gather in a circle.
- One person is at the center of the circle.
- The person at the center points to a person and calls out a name (the name and person pointed at do not have to be the same) The person whose name is called is the person who needs to perform.
- The person who's "it" also calls out monkey, moose, or amoeba and begins counting to 5. (1-2-3-4-5)
- While the person who's "it" is counting the person whose name was called performs the motion required for the Monkey-Moose-Amoeba called out.
- There is a catch. The person whose name is called is not the only person to participate. The person directly to the left and right also participate. See chart below for motions

<b>Animal</b>	<b>Left Person</b>	<b>Center Person</b>	<b>Right Person</b>
Monkey	See no evil	Speak no evil	Hear no evil
Moose	Left antler	Snout	Right antler
Amoeba	All jiggle	All jiggle	All jiggle

- If the three participants aren't quick enough, the person who is slowest goes into the center. If they are all clueless, the person whose name was called goes to the center first.

**Alternatives:**

<b>Charlie's Angels</b>	Angle gun up	Gun straight up	Angle gun down
<b>Elvis</b>	Adoring fan	Play air guitar; Swivel hips	Adoring fan
<b>Elephant</b>	Trunk	Body	Tail

**Materials:**