

Core Competencies Self-Assessment:

Communication or Thinking or Personal Social (*circle one*)

Name: _____ Date: _____

Grade: _____ Teacher: _____

<p>MY STRENGTHS "I am good at..."</p>	<p>EXAMPLES AND EVIDENCE OF MY STRENGTHS "I know this because..."</p>
<p>MY PLAN TO REACH MY GOALS "To do this, I will..."</p>	<p>MY GOALS "I can get better at..."</p>

Strengths Evidence

Plan Goals