



## Richmond Food Security Society

Healthy, sustainable and local food for all.

Sundays 1-4 PM  
May 29-Aug 28, 2016

### Build KNOWLEDGE

Attend expert-led workshops

### Be ENGAGED

Participate in volunteer opportunities

### Take ACTION

Conduct community-based action projects

**To Enrol:** Submit your application form to [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org) by Mon, May 23 2016.

Contact Us

[www.richmondfoodsecurity.org](http://www.richmondfoodsecurity.org)  
604 244 7377

We acknowledge the financial support of the Province of British Columbia.

*Spring, 2016*

# Get Rooted!

## Youth Leadership Program Richmond Youth Ages 16-25

Do you believe that every person should have the right to healthy, sustainable and local food?

Do you desire to learn, volunteer and take action in food security?

Advocate for your community, be the change you want to see.





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# Get Rooted Youth Leadership Program

## Call for Applications!

Do you believe that every person has the right to access healthy, sustainable, and local food?

Do you believe that food is an important part of our lives and culture? Do you want to know how our food choices impact our local community and the environment? And most importantly, do you believe that you can make a difference?

If you are a youth living in Richmond, between 16-25 years old, and have a passion for food security advocacy, leadership, team-work, and igniting ideas into community actions, Get Rooted is the program for you!

The Get Rooted Youth Leadership Program provides Richmond youth with unique and fulfilling opportunities to:

- Attend expert-led educational workshops
- Volunteer with different community organizations
- Facilitate impactful, tangible community action projects

**You** will be fighting hunger and increasing local food production. You will be empowered to become food security advocates and educators in your community.

### You will be a great candidate for Get Rooted if you are:

- 16-25 years old
- A resident of Richmond
- Passionate about improving local food systems and food security through social and environmental change
- A strong team player who embraces new ideas and diversity
- Excited about being connected with like-minded peers and mentors

### Who are we?

**The Richmond Food Security Society (RFSS)** is a community-based non-profit organization whose mission is to grow a robust local food system through advocacy, education and initiatives aimed at fighting hunger and increasing food production in Richmond. *Healthy, sustainable and local food for all* – that is our vision.

For more information, please email: [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org)  
[www.richmondfoodsecuritysociety.org](http://www.richmondfoodsecuritysociety.org) | Twitter: @rfoodss | Facebook: @Richmondfood

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## What will you take-away from this project?

- Valuable knowledge needed to weigh-in on current food-related social and environmental issues
- Transferable skills in leadership, teamwork, advocacy, problem-solving, critical thinking, project development, and communication
- Supported opportunities to put your ideas into work and take action
- Volunteer experience with various community agencies
- A certificate of leadership program completion
- A personalized reference letter upon request

## What level of commitment is required?

The 2016 Get Rooted Youth Leadership Program will run from May 29 – Aug 28, 2016. During this time, you are expected and invited to:

- Attend weekly workshops and project activities (Sundays 1-4 PM)
- Volunteer at events you sign-up for on occasional weekdays
- Ask questions, explore concepts, be engaged, and take action on a food-security topic with your group

## How much experience do I need?

Get Rooted will provide you with supported opportunities to learn and grow as an individual, no matter what your academic training or experiences are. Passion, zeal, and a willingness to learn are what we look for. Be ready to be challenged and grow your leadership roots!

## Questions?

Please do not hesitate to contact us if you have any questions! You can reach us at [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org) or call us at 604-244-7377.

## To Apply:

Please email an electronic or scanned written copy of your completed application form to [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org) by Monday, May 23, 2016.

For more information, please email: [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org)  
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# Get Rooted Youth Leadership Program

## Application Form

Applicant Information		
First Name:	Last Name:	Age:
Address:	City:	Postal Code:
Primary Phone #:	Email:	DOB:
Tell us a little bit about yourself (Check all that apply)		
I am a...		
<input type="checkbox"/> High school student	Grade:	Related courses taken:
<input type="checkbox"/> College/University student	Year:	Program:
<input type="checkbox"/> Young professional	Occupation:	
<input type="checkbox"/> Volunteer	Organization(s):	
I am interested in:		
<input type="checkbox"/> Local Food Security	<input type="checkbox"/> Global Food Security	<input type="checkbox"/> Health Equity
<input type="checkbox"/> Migrant Justice	<input type="checkbox"/> Leadership	<input type="checkbox"/> Team Building
<input type="checkbox"/> Community Programs	<input type="checkbox"/> Research	<input type="checkbox"/> Project Planning
<input type="checkbox"/> Public Speaking	<input type="checkbox"/> Marketing	<input type="checkbox"/> Digital Design
<input type="checkbox"/> Others (please list):		
Why do you want to participate in the Get Rooted Youth Leadership Program?		
What does Food Security mean to you?		

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Tell us about your experience(s) with Food Security and/or Community Engagement Projects (i.e. personal experience, hobbies, family history, school projects, work/volunteer experiences, etc.)

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### Commitment and Availability

The commitment for this program is from May 29 – Aug 28, 2016, on Sundays from 1-4 PM (3 hour sessions), will you be available for all these session times?

Yes  
 No

Are you planning to take time off during the duration of this program? (i.e. vacation, work, school, etc.)

Yes  
     I will be away from \_\_\_\_\_ to \_\_\_\_\_  
 No

I verify that the information I have provided in this application form is valid and true

\*\*\*Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*\*NOTE: If you are under 18 years of age, please also complete the "Get Rooted Parent & Guardian Informed Consent Form"

Please submit an electronic or scanned written copy of the application form to [programs@richmondfoodsecurity.org](mailto:programs@richmondfoodsecurity.org) by Monday, May 23, 2016.

Thank you for your interest in the 2016 Get Rooted Youth Leadership Program! 😊



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# Get Rooted Youth Leadership Program

## Parent & Guardian Informed Consent Form

(For Applicants Under 18 Years of Age)

Participant Last Name: \_\_\_\_\_

Participant First Name: \_\_\_\_\_

- I consent to my child's participation in the Get Rooted Youth Leadership Program, from May 29 – August 28, 2016, understanding that there are potential risks associated with taking part in workshop activities, volunteerism, and project tasks.
- I understand that program sessions and volunteering sites will be at various locations in Richmond. It is my/my child's responsibility to arrange transportation to/from session sites, and my child's responsibility to inform me of his/her whereabouts.
- In the event that my child requires medical attention, I consent to my child receiving treatment from certified first aid staff, and/or transport to the nearest medical treatment facility if necessary.

Medical conditions, allergies, dietary restrictions, medications relevant to my child: \_\_\_\_\_

Emergency Contact #1: \_\_\_\_\_ Emergency Contact #2: \_\_\_\_\_

Relationship: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone #: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent / Guardian Name (please print): \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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