**Healthy Relationships**

It is important for us to realize the importance of a healthy relationship between two people. For this activity, students are to work in pairs and place the characteristics below into the appropriate categories on the Venn diagram. If students think this trait is “Healthy”, they will write it down in the Healthy category. If students think it is an “unhealthy” characteristic, they will write it down in the “Unhealthy” category. If students are unsure, disagree or they think it can be both, place it in the middle “Neutral” column. After 5 – 10 minutes we will debrief together as a class. Remember to label your diagram.

**Characteristics / Traits:**

Patient – Demanding – Manipulative - Trusting – Dependence - Communication – Understanding – Controlling – Violent – Secretive – Quiet - Jealous – Selfish – Fair – Pressuring – Unpredictable

\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_

Debrief Questions:

1. Did you have more healthy or unhealthy characteristics?
2. Did you and your partner agree on everything?
3. Were there any characteristics that were neutral? Why?
4. Did you change your mind on any after doing this activity?