1.

I left my love in your morning coffee swirling between the undissolved grounds and cold milk lemon and salt on pork and greens and wounds

and

sometimes I feel you so deeply that I cannot feel myself at all

and

sometimes I pretend you're still here and for a little while everything is okay and I can breathe again

but

most of the time loving you is like standing in a room with no air and trying to scream

2.

things that still haunt me:

the right side of the bed passenger seats cada palabra en español your face

and not being able to forget them all

3. sometimes when it's very dark and very quiet, I can still feel the hole you left

the empty thud of what my heart once was

I fucking see you when I close my eyes like your face is tattooed on the inside of my eyelids

it's been two years, but looking at your dumb face still makes my heart stop beating.

one day it will be gone that ache behind the walls of my chest that sounds exactly like you