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| **Topic: PE****Grade Level:** 8**Total Time:****45 min** | **Lesson Number and Title:** 2 – Drop Shot | **Critical Question:** How can you create space to get your opponent moving?**Relevant Previous Learning:** Importance of space and movement on the courtUse of different shots |
| **PLOs:**A7B1 | **SWBATs:** * Recognize the importance of space on the court
* Utilize a drop shot to create space behind opponent
 |
| **Materials:** Racket/student, birdies. |
| **Assessment:** | Formative – ability to complete drop shot during drills* Use of drop shot in games
 |
| **Part of lesson** | **Min.** | **Teacher Activity** | **Questions Teacher will Pose****Modifications/Adaptations/Extensions** | **Student Activity** |
| **Warmup**Freeze Tag | 5  |  Explain the rules – if you get tagged you freeze until someone runs under your arms. |  | Play Freeze tag. |
| **Body****Drop shot** | 1010 12 | **Instructions – with a partner, one partner hits a high serve, the partner tries a drop shot. Alternate turns hitting drop shot. – set up sideways on courts. (hand out equipment after instructions)** **Drop it** **Groups of 4 – on half a court****One person on one side of the net, the other 3 lined up on the other side. (use opposite sides of the court) Individual player hits a shot to player 1 on other side of net. That person tries to hit a drop shot. Rotate through line, alternate to other side of the net after 10 serves.** **4, 3 min games – 2 groups on the court, 1 or 2 at ends of courts practicing.****Can only score inside of serving line.**  | What are you doing to do a drop shot? What is important to think about? Which is easier, forehand or backhand? What is important in a good drop shot? * Soft, cushion, short, make them move, not too high over the net

How did the net change your drop shot? What is difficult about the drop shot?  | Practice drop shotsHit serves, hit 1 out of 3 serves – some waiting |
| **Closure** | 5 | **Bring students together** | Why is this important? What was difficult about it? What technique is important to be able to do a drop shot? How would you use this in a game? What are the risks? |  |
| **Extensions/** Extra challenge |  |
| **Adaptations** Extra support | Hit short, hit long, get player moving, it’s ok if it isn’t a drop shot, just keep them moving. |
| **Plan B**Back-up Plan |  |