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| **Topic: PE**  **Grade Level:** 8  **Total Time:**  **45 min** | **Lesson Number and Title:**  2 – Drop Shot | | | | **Critical Question:**  How can you create space to get your opponent moving?  **Relevant Previous Learning:**  Importance of space and movement on the court  Use of different shots | |
| **PLOs:**  A7  B1 | | | | | **SWBATs:**   * Recognize the importance of space on the court * Utilize a drop shot to create space behind opponent | |
| **Materials:**  Racket/student, birdies. | | | | | | |
| **Assessment:** | | Formative – ability to complete drop shot during drills   * Use of drop shot in games | | | | |
| **Part of lesson** | | **Min.** | **Teacher Activity** | **Questions Teacher will Pose**  **Modifications/Adaptations/Extensions** | | **Student Activity** |
| **Warmup**  Freeze Tag | | 5 | Explain the rules – if you get tagged you freeze until someone runs under your arms. |  | | Play Freeze tag. |
| **Body**  **Drop shot** | | 10  10  12 | **Instructions – with a partner, one partner hits a high serve, the partner tries a drop shot. Alternate turns hitting drop shot. – set up sideways on courts. (hand out equipment after instructions)**  **Drop it**  **Groups of 4 – on half a court**  **One person on one side of the net, the other 3 lined up on the other side. (use opposite sides of the court) Individual player hits a shot to player 1 on other side of net. That person tries to hit a drop shot. Rotate through line, alternate to other side of the net after 10 serves.**  **4, 3 min games – 2 groups on the court, 1 or 2 at ends of courts practicing.**  **Can only score inside of serving line.** | What are you doing to do a drop shot? What is important to think about? Which is easier, forehand or backhand? What is important in a good drop shot?   * Soft, cushion, short, make them move, not too high over the net   How did the net change your drop shot? What is difficult about the drop shot? | | Practice drop shots  Hit serves, hit 1 out of 3 serves – some waiting |
| **Closure** | | 5 | **Bring students together** | Why is this important? What was difficult about it? What technique is important to be able to do a drop shot? How would you use this in a game? What are the risks? | |  |
| **Extensions/**  Extra challenge | |  | | | | |
| **Adaptations**  Extra support | | Hit short, hit long, get player moving, it’s ok if it isn’t a drop shot, just keep them moving. | | | | |
| **Plan B**  Back-up Plan | |  | | | | |