

Name _____

Date _____

Use with textbook pages 64-69.

Know your nutrients

Vocabulary

brown rice
butter
calcium
circulatory
digestive
energy
excretory
fish
gastric juice

iron
nuts
oil
pasta
protein
respiratory
villi
vitamin C
vitamin D

Use the terms in the vocabulary box to fill in the blanks. Each term may be used more than once. You will not need to use every term.

1. Carbohydrates are the body's fastest source of _____.
2. Examples of foods containing carbohydrates are _____
and _____.
3. _____ help build muscles, skin, hair, and nails.
Examples of foods containing this nutrient are _____
and _____.
4. Fats are used to build _____ and can be stored
by the body for _____.
5. Examples of foods containing fats are _____
and _____.
6. Two common minerals are _____
and _____.
7. Two common vitamins are _____
and _____.
8. The _____ system breaks down nutrients,
absorbs them, and stores some of them for later use.
9. The _____ system removes liquid wastes and
gas wastes from the body.

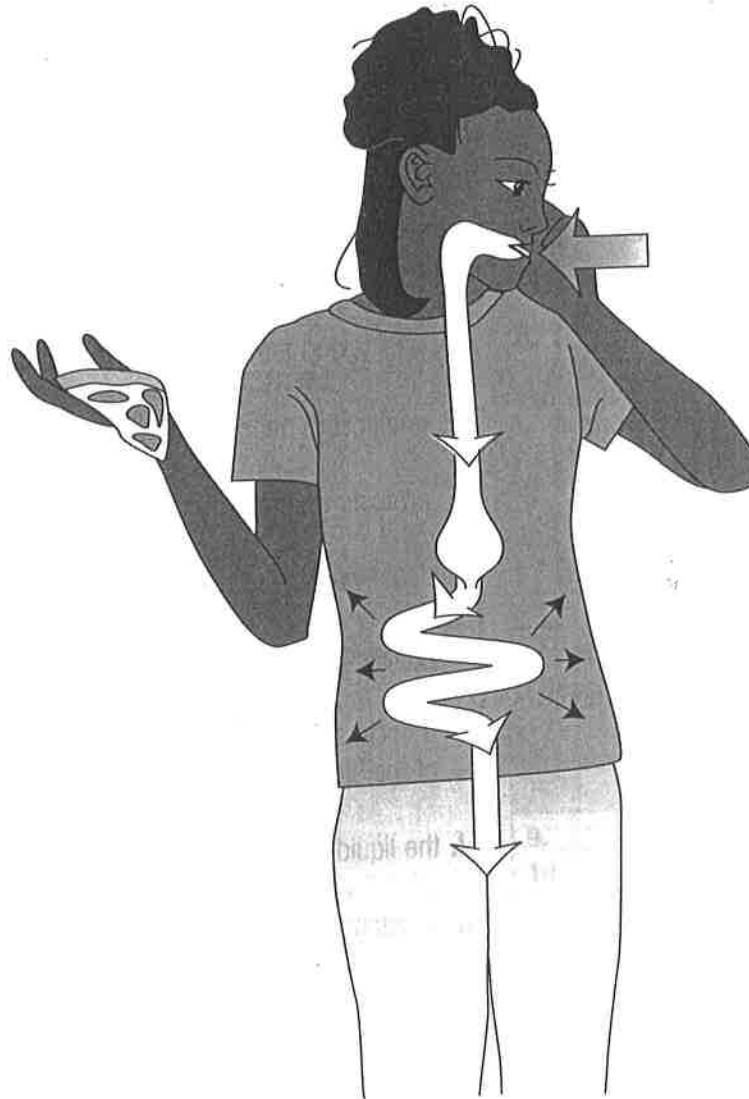
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Use with textbook page 70.

Stages of digestion

Use a different colour for each stage of digestion. Colour in the areas of the digestive system where each of the stages occurs. Be sure to label each section.



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Use with textbook pages 71-76.

Looking inside digestion and excretion

Match each Term on the left with the best Descriptor on the right.
Each Descriptor may be used only once. You will not need to use all the Descriptors.

Term	Descriptor
1. _____ feces	A. a liquid in the stomach
2. _____ urine	B. fold-like structures that absorb nutrients in the small intestine
3. _____ villi	C. mixes with food pieces in the mouth
4. _____ gastric juice	D. undigested material leaves the body through this
5. _____ enzymes	E. undigested material stored in the rectum
6. _____ mucus	F. proteins that speed up digestion
7. _____ anus	G. liquid wastes stored in your bladder
8. _____ blood	H. kidneys filter liquid wastes from this
9. _____ saliva	I. a thick, slippery substance that protects the lining of the stomach
10. _____ nutrients	J. the liquid food that is broken down into nutrients
	K. substances that supply energy

NAME: _____

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BLOCK: _____

The Digestive System Questions

1. Which organs and structures carry out digestion?

2. What is a bolus?

3. What is the function of an enzyme?

4. What is the function of a mucous coating on the stomach wall?

5. How is the surface area of the small intestine increased?

6. What is the main function of the large intestine?
